

Transcript: Reiki Vitamins

Hey! I'm William Lee Rand, Reiki Master, and, of course, I've got my website at Reiki.org, and you can go there and see everything that we're doing and that we make available to Reiki practitioners, but recently I came out with my own Reiki vitamins, and there's a picture of them right there: Reiki Vitamins. And you might ask, "What are Reiki Vitamins? How could you make a Reiki Vitamin?"

So the thing is this: as I've practiced Reiki for over 30 years, I came to the conclusion that there are actually certain nutrients that people are using in their bodies when they're doing Reiki. And while the energy is actually channeled (it's not your energy and just flows through like that), the body is doing something when you're channeling. So just like you might take a long-distance runner—they need one type of nutrition—and a weight lifter would need a completely different type of nutrition to do what they're doing, the same thing is true for Reiki. When you do Reiki, your body is using a different set of nutrients than you normally do when you're just sitting around . . . or doing something else. What I did was I looked into that and did some research around it. I was fortunate enough to find a nutritionist that also practices Reiki and is also a representative for a major nutrition company, a major vitamin company. And so I worked with her, and we came up with the formula that I have now. I also did some other testing called electro-dermal testing. I worked with my chiropractor, who is also extensively trained in nutrition and is also a Reiki Master. And so I put this whole thing together, played with it, fine-tuned it, and we came up with the formula that we have now.

It actually has 60 nutrients in it, so it's a very extensive formula—and it's actually a complete nutritional formula—so even if you weren't doing Reiki and you took this, it would be great for you. It's got all the main vitamins in it, the minerals, and—especially—the herbs are really healthy for you, and it comes in capsules so you can take them apart and put them into, say, grapefruit juice or something like

that. You can get an appropriate dosage for your children. So you take 4 capsules, but you could take just one capsule for a child and put it in grapefruit juice.

And there are so many nutrients in this formula that we had to put them on a card. So it comes with a card, front and back, like this, and it lists all of the nutrients in it. And so the herbs are all completely organic, and the vitamins are all as organic as you can get. There are certain limitations around vitamins in terms of “organic,” but they’re as organic as you can make vitamins. There’s also a special formula for women. It’s got folate, which is important for women, and B12, and also D3 and K2. Now, those two vitamins are also very important for osteoporosis or keeping your bones strong. D3 and K2 work in conjunction with Calcium so that the Calcium knows where to go and how to work with your bones to keep them strong. And so it’s a very healthy formula, and I’m very happy about it.

Also, I did some metaphysical work with Colleen Benelli, and we contacted the nature spirits that actually work with the herbs, and they said they could work with the herbs specifically that were going to go into this formula to give them the right vibration. And I know it sounds unbelievable (I thought it was pretty amazing when I heard that, too), but they said that they could do that the vibration is there to help people who do Reiki. And so not only does it provide you with the nutrition you need to do Reiki, but also it provides you with the herbs that help the Reiki flow better. So it’s a wonderful formula, I’m very happy about it.

I tested it out myself first to get it fine-tuned, and then people said, “Hey, is there some way we can get that, too?” So I put it together, and now they’re available. Go to Reiki.org, it’ll be right at the top, click on that link—Boom!—you’ll see all about it. Read about it. I’ve got an article there. And I’m sure you’ll be very happy, at least to find out more about it. So I wish you all well, and I hope your Reiki flows abundantly and strongly!