

Usui/Holy Fire® III Reiki Master Class

Online World Peace

Suggested class time: 9 a.m.–6:30 p.m.

This outline is for teaching the 3-day Reiki Master class.

Day 1

1. Registration and sign in.
2. Smudging or energy clearing. Place Reiki all over the room and then get hugs from everyone.
3. Introductions—name, work, family, metaphysical background, understanding of Reiki, why you want to learn Reiki, and something you like about yourself.
4. Explain our definition of Soul and Spirit and the Heavens. Explain that the energy in this class is based on the Usui/Holy Fire® III system.
5. Explain the unique way that Holy Fire® III Experiences, Placements and Ignitions are done. Explain that in this class students will not learn how to give attunements in the usual way, and that Holy Fire® attunements are called Placements. Placements are given for Reiki I and II and the first part of Master and provide a stronger, more effective healing energy for the student, open students to higher consciousness and activate the symbol(s). Explain how Holy Fire® III works and the concepts of the Authentic Self, the Culturally-Created Self and the Dormant Self.
6. Explain that when teaching Online classes, the class outlines in the Online section are used.
7. Empowered by the River of Peace Experience Introduction: Use script on page 89 of the Usui/Holy Fire® III Reiki Master Manual to explain the River of Peace Experience. Explain that at the same time this experience will be a healing experience, it will also give the students the ability to give Placements for Reiki I&II and to empower the Usui Master symbol in the Reiki Master class.
8. Empowered by the River of Peace Experience, have students write experiences and share.
9. Using crystals and stones with Reiki—how to use a single crystal to send Reiki continuously. Making a Reiki grid that will continue to send Reiki to yourself and others: used for distant healing, personal healing, goals, and manifestation. Note, this step can be done later in the day or on the second day if you don't have time.
10. The Usui Dai Ko Myo—show it to students, explain usage, practice drawing it. Go over the meaning of the Japanese words and explain what it means to Reiki people. Do the same with the Holy Fire® symbol.
11. Lunch (one hour). Use some of the lunchtime to memorize the symbols if needed.
12. Test on both symbols.
13. Explain how Placements work; that they do not come from the teacher or through the teacher but come to the student directly from the Holy Fire®.

14. Conduct the Master Practitioner Placement. Have students write down their experiences and share.
15. Break (10 minutes.)
16. Explain the Ignition process and that you will give a brief guided meditation and then stop talking while the energy guides the student directly. Explain that some students may have inner experiences, and some may just feel relaxed and that the most important effects take place below the students' level of awareness. Explain that the four Ignitions empower the Holy Fire® symbol in a wholistic, non-linear way.
17. Conduct the first ignition. Give students time to write down their experiences and to share with the group.
18. Break (10 minutes).
19. Practice with both symbols. Break up into groups of 3-4 students per Reiki table. Have students draw the Usui Master symbol on their hands and practice with this symbol for 6-8 minutes or so. Then have them draw the Holy Fire® symbol on their hands and practice with this symbol for 6-8 minutes or so. Then have the receiver share with their group what the energy of each symbol felt like. Then go on to the the next student in the group until all have received and shared.
20. Come back into the class circle and ask students to share their experience of the Usui Master symbol and the Holy Fire® symbol.
21. Reiki Moving Meditation. This exercise can be covered now or the next day Use the Holy Fire® symbol.

Day 2

1. Registration.
2. Smudging or energy clearing. Place Reiki all over the room and then get hugs from everyone.
3. Second Ignition. Give students time to write down their experiences and to share.
4. Explain the evolution of Reiki and how it developed from Usui Reiki into Holy Fire® Reiki.
5. Describe the history of Holy Fire® Reiki.
6. Describe the essence of Reiki.
7. Holy Fire® Symbol—show students, explain the attributes and benefits and usage, practice drawing it. Test on the symbol. You can also do this as part of step #11 on the first day of the Reiki Master class.
8. Explain Holy Fire® III Reiki and spiritual guidance.
9. Lunch (one hour).
10. Third Ignition. Follow instructions. Have students write experiences in notebooks, then share.
11. Practice giving Reiki sessions using Holy Fire®. Three students giving Reiki to one.
12. Break (10 to 15 minutes).
13. Holy Fire® Healing Experience. Follow instructions on page 87 of the *Usui/Holy Fire® III Reiki Master Manual* and have students choose two things they would like to have completely healed and so forth. Then conduct the Holy Fire® Healing Experience. Have students share their experiences.
14. If you have extra time, you could do one of the Holy Love Experiences.
15. Questions and Answers.

Day 3

1. Smudging or energy clearing. Place Reiki energy all over the room, then give hugs to each other.
2. Fourth Ignition. Follow instructions. Have students write experiences in notebooks, then share.
3. Discussion—the values and spiritual orientation of a true Reiki Master.
4. Questions and Answers or discuss other Holy Fire® concepts.
5. Lunch (one hour).
6. Practice Reiki in groups of three to four using Holy Fire®. Seven minutes per student or longer.
7. Explain how to practice Holy Fire® Meditation. Practice it if you have time.
8. Explain healing religious trauma.
9. If you have time, talk about the Brothers and Sisters of the light, Unification Consciousness, Becoming the Authentic Self and The Spirit of the Earth.
10. Explain Healing Spirit Attachments. Conduct this process for the class if you have time.
11. Experiences, Placements, and Ignitions—go over the outlines, discuss, explain how to do them. Practice is usually not needed.
12. Conduct another of the Holy Love Experiences if you have time.
13. Talk about teaching, go over class outlines.
14. Explain doing Ignitions by yourself.
15. Go over the Code of Ethics and Standards of Practice.
16. Talk about developing your Reiki practice and the value of membership in the Reiki Membership Association (RMA).
17. Pass out class review.
18. Pass out student certificates.
19. Closing prayer.