



INTERNATIONAL CENTER FOR REIKI TRAINING

Licensed Reiki Master Teacher Training Program

LRMT Training Program – Application Overview

Because of the volume of applicants and inquiries, we are unable to make exceptions to our program requirements. Please note that this pamphlet is intended solely as an overview; the official LRMTTP Manual shall prevail. Following the application instructions and sending a well-organized application are requirements for acceptance into the program.

Eligibility Requirements

All requirements must be met before applying

Teaching Credentials

- At least 21 years of age
- Has served as a Reiki Master Teacher for **at least 2 years** and has taught **at least 8 classes**
- Currently conducting **at least 10 Reiki sessions per month**
- Has been a **Professional Member** of the Reiki Membership Association (RMA) for **at least 1 year**

ICRT Training Completion Requirements

- Completed the latest version of ICRT Usui/Holy Fire® **Reiki I & II** with an LRMT
- Completed the latest version of ICRT Usui/Holy Fire® **Reiki Master** with an LRMT
- Completed the latest version of ICRT Holy Fire® **Karuna Reiki® Master** with an LRMT
- Attended online or in-person **International Reiki Retreat** and Licensed Teacher Meeting
- Completed Holy Fire® III **online training** with ability to teach online

Professional Ethics & Values

- Maintains clean, appropriate appearance and conduct in all professional activities
- Maintains a respectful attitude on social media and all online platforms
- Agrees with and adheres to ICRT philosophy, mission, and code of professional ethics
- Trusts Reiki energy without placing expectations or limitations on healing outcomes
- Actively engaged in personal healing and inner growth

Technology & Business Competency

- Has a personal computer and website.
- Proficient in Word, able to send email attachments, access and use cloud documents
- Responds to emails within 48 hours
- Completes **business competency assessment** Google Form

Please submit all correspondence regarding the Licensed Reiki Master Teacher Training program to:
Jill Thiel jthiel@mnreikicenter.com and **Karen Harrison** karen@karenharrison.net

Questions may be submitted by email only – phone inquiries are not accepted.

I Application Process Overview 7 Steps

1 Program Questionnaire

- Complete the LRMT Program Questionnaire via Google Form to confirm basic eligibility
- Pay \$100 administrative fee (contact Tammy@reiki.org)
- Wait for ICRT response to confirm whether invited to proceed to the formal application stage

2 Submit Application Documents

- Submit letter of intent, enrollment application, and applicant agreement (via Google Forms)
- Email copies of all Reiki certificates and a personal photo
- Pay non-refundable \$500 application fee (valid up to 1 year); must be completed within 5 months of questionnaire submission

3 Letters of Recommendation

- Employer x1
- Students x5 (joint application: x3 each)
- All ICRT LRMT teachers from whom you have taken courses
- Personal reference x1
- Clients x3 (joint application: x2 each)

4 Business Competency Assessment

- Complete business competency assessment Google Form
- Assessment areas: business organization & management, marketing, technology, teaching ability, practice ability, and success mindset

5 Psychological Assessment Interview

- Approximately one-hour interview with a licensed psychologist
- Questions provided in advance; scheduled near the end of the application process

6 Background Check & Credit Review

- Background check and credit review conducted by the ICRT office

7 Submit Application Documents

- Program co-directors conduct a comprehensive review of all materials and references
- Notified of application result upon completion of review
- Upon acceptance, assigned a mentor and officially enrolled in the LRMT Training Program

I Application Fees

Application fee is non-refundable; valid up to 1 year

Admin Fee: \$100

Application Fee: \$500

Total: \$600

I Timeline

If application fee expired, a new submission and fee are required

Full application must be completed within 5 months of questionnaire submission

I Contact

Program Co-Directors

Colleen Benelli: colleen@reikilifestyle.com
Karen Harrison: karen@karenharrison.net

Assistant Directors

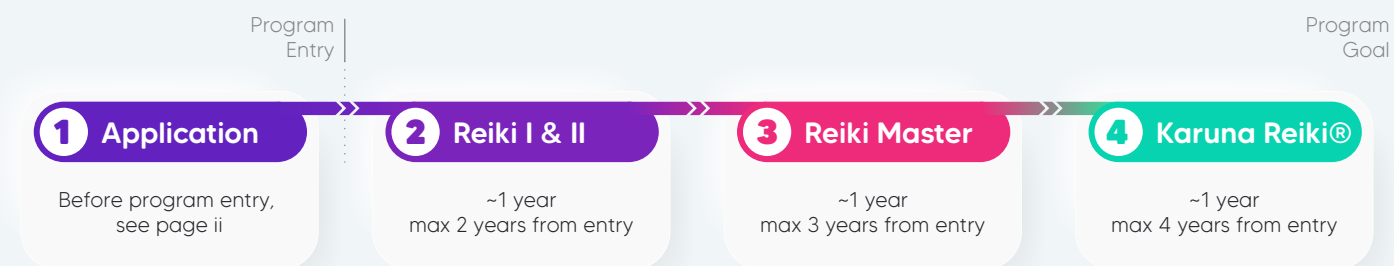
Jill Thiel: jthiel@mnreikicenter.com
Pam Allen-LeBlanc: pam@reikifromthefarm.com

Fee Payments

Tammy@reiki.org

LRMT Training Program Pathway – Complete Stage Guide

Four stages to become a fully licensed Holy Fire® III Karuna Reiki® Master Teacher. The full program requires approximately 1,000 hours of study and practice, typically taking 3–4 years. All levels must be completed within 4 years of acceptance.



Ongoing Requirements – Active Throughout ALL Stages

Monthly Fee

Stage 2: \$200 (ind) / \$300 (partners)
Stages 3–4: \$100 (ind) / \$200 (partners)

Monthly Mentor Meeting

Stage 2: 2 hrs/month
Stages 3–4: 1 hr/month • Phone or online

Mentor-Student Tracking Form

Submit to Mentor monthly;
to Program Directors quarterly by the 10th

Quarterly Progress Report

Submit to Mentor Teacher and Program Directors
by the 10th of the month

Active Reiki Practice

Maintain minimum 10+ Reiki sessions
per month throughout the entire program

RMA Professional Membership

Maintain Professional Membership in the
Reiki Membership Association throughout

STAGE 1: Application Accepted

STAGE 2: Reiki I & II

Teaching Requirements

- Teach **6** Reiki I & II classes
- Total **18+** students
- Complete paperwork for **6** classes (accurately for at least **4** out of **6**)
- Animal Reiki option: count up to **2** classes and **6** students from Animal Reiki I & II

Practice & Assessment

- Complete **100** Reiki treatments within the program (**45+** min each; **10+** self-sessions)
- 5** different clients submit Client Review Forms
- Pass written test with **85+%** score (1 month before co-teach)
- Write a Reiki paper of **1,500–2,000** words on a Reiki topic of your choice

Final Steps: Review & Co-Teach

- Review a Reiki I & II class with Mentor (pay full tuition; remain in student role)
- Sponsor a Reiki I & II class and co-teach it with Mentor (minimum 8 students)
- Student Teacher is considered licensed when all fees are paid
- Submit Mentor-Student Tracking Form for Reiki I & II to Mentor and Program Directors
- Sign the Professional Contract

Outcome: Become a Licensed Teacher and Licensed to Teach Reiki I & II

STAGE 3: Reiki Master

Teaching Requirements

Maintain **Reiki I & II teaching:**

- Teach **6** Reiki I & II classes
- Total **18+** students

 **Animal Reiki option:** count up to 2 classes and 6 students from Animal Reiki I & II



Reiki Master Teaching:

- Teach **3** Reiki Master classes
- Total **9+** students

 **Animal Reiki option:** count up to 1 class and 3 students from Animal Reiki Master

Final Steps: Review & Co-Teach

 Review a Reiki Master class with Mentor (pay full tuition; remain in student role)

 Re-take the symbols test and submit as proof of review

 Sponsor or co-teach a Reiki Master class with Mentor Teacher (minimum 4 students, 8 if mentor has to travel)

 LRMT is considered licensed for Reiki Master when all fees are paid

 Submit Mentor-Student Tracking Form for Reiki Master to Mentor and Program Directors

Outcome: Licensed to Teach Reiki Master

STAGE 4: Karuna Reiki® Master

Teaching Requirements

Maintain **Reiki I & II teaching:**

- Teach **6** Reiki I & II classes
- Total **18+** students

 Animal Reiki option: count up to 2 classes and 6 students from Animal Reiki I & II



Maintain **Reiki Master Teaching:**

- Teach **3** Reiki Master classes
- Total **9+** students

 Animal Reiki option: count up to 1 class and 3 students from Animal Reiki Master



Karuna Reiki® teaching:

- Teach **3** Karuna Reiki® Master classes
- Total **9+** students

Final Steps: Review & Co-Teach

 Review a Karuna Reiki® Master class with Mentor (pay full tuition; remain in student role)

 Re-take the symbols test and submit as proof of review

 Sponsor or co-teach a Karuna Reiki® Master class with Mentor Teacher (min. 4 students, 8 if mentor has to travel)

 LRMT is considered licensed for Karuna Reiki® Master when all fees are paid

 Submit Mentor-Student Tracking Form for Karuna Reiki® Master to Mentor and Program Directors

Outcome: Become a Fully Licensed ICRT Holy Fire® III Karuna Reiki® Master Teacher

I STAGE 2: Reiki I & II Requirements

To Teach Usui/Holy Fire® III Reiki I & II As a Licensed Reiki Master Teacher

Administrative Requirements Monthly, Ongoing



Pay Monthly Administrative Fee

Individual \$200/month • Partners \$300/month

Pay a monthly tuition/administrative fee of \$200 to the ICRT Licensing Program as a Student Teacher for Reiki I & II. For partners, the fee is \$300.



Meet with Mentor Teacher Monthly

2 hours/month • By phone or online

Discuss your progress in the program as well as one or more of the following: business comprehension and organization, technology, marketing, practitioner skills, teaching skills, healing issues that arise, or success consciousness. If more mentoring time is desired and agreed upon by the mentor and student teacher, the student teacher will pay the mentor directly at the ICRT rate for mentoring, prorated by time.



Submit Mentor-Student Tracking Form for Reiki I & II

Monthly to Mentor Teacher • Quarterly to Program Director • by 10th of month

Complete the Mentor-Student Tracking Form for Reiki I & II and send it to your Mentor Teacher monthly and the Program Director quarterly by the 10th of the month. Prior to your co-teach, send the form to the Program Directors so they can verify you have met all requirements.



Submit Progress Report

Quarterly • by 10th of month • to Mentor Teacher and Program Directors

Complete the Progress Report quarterly and send it to your Mentor Teacher and Program Director by the 10th of the month.

Teaching Requirements During first year after acceptance into the program



Teach 6 Reiki I & II Classes

6 classes • minimum 18 students total (average 3 per class)

Teach 6 Reiki I & II classes, with a minimum average of 3 students each for a total of 18 or more students during the first year after acceptance into the program. Partners can teach separately or together; each must teach 6 classes with 18 students. In co-taught classes, each teacher will count the class and the students.

ICRT symbol tests and completed Class Reviews – with the student's name and contact number, and their consent to be contacted by ICRT staff – must be submitted to your Mentor.

If teaching ICRT Animal Reiki, you may count up to 2 classes and 6 students from Animal Reiki I & II classes.



Complete paperwork for each class

Accurately for at least 4 out of 6

Complete the paperwork for each class accurately for a minimum of 4 of the 6 classes taught.

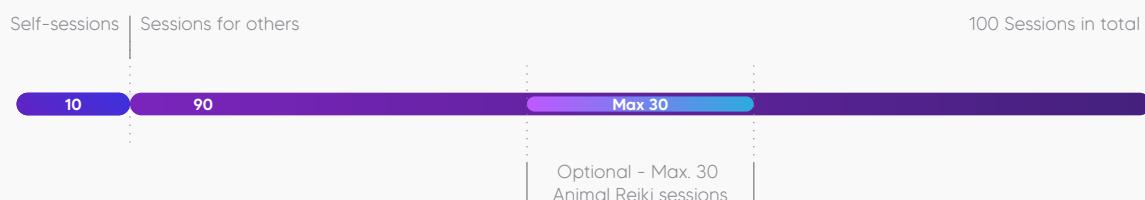
Session Requirements After acceptance into the LRMT program



Complete 100 Reiki Treatments

100 sessions • minimum 45 minutes each

Submit documentation of each using the ICRT Reiki Treatment Documentation Form. "Complete" is defined as at least a 45-minute session for an individual or a group with Usui/Holy Fire® III Reiki. Treatments may also include the Healing Experience, other Experiences in the manuals, and Karuna Reiki®. A minimum of 10 must be self-sessions. Out of the remaining 90, up to 30 may be animal Reiki sessions (which may be shorter than 45 minutes and can include the caregiver). Send completed forms monthly to your mentor.



Collect 5 Client Reviews

5 different clients • via Google form

Have 5 different clients submit reviews of the Reiki treatment they received from you. Ask the Program Director for the link to the Google form.

Knowledge Assessment Complete before co-teach



Pass Written Test

Minimum 85% correct • at least 1 month before co-teach

Pass a written test on material needed to teach a Reiki I, II, Reiki Master, and Karuna Reiki® class according to the ICRT's guidelines and your knowledge of other related information concerning Reiki. For any incorrect answers, you will need to correct them to 100%. The Program Director administers this test about a month before you co-teach.



Write and Submit a Paper

1,500-2,000 words • double-spaced • 12-point type

Write a paper on the Reiki subject of your choice. See Guidelines for writing your paper in this manual.

Review a Class Complete before co-teach



Review a Reiki I & II Class with Your Mentor

Pay FULL class tuition to Mentor • Recommended soon after acceptance into the LRMT program

Review a Reiki I & II class with your Mentor before co-teaching Reiki I & II. Your Mentor will submit documentation of your attendance and comments about your interactions with the other students. The Student Teacher will pay the FULL class tuition to the Mentor to review the Reiki I & II class.

FINAL STEP: Sponsor and Co-Teach a Reiki I & II Class with Mentor Teacher

Sponsor a Reiki I & II class and co-teach it with your Mentor Teacher. Be sure your Mentor Teacher informs all students who register for this class that it will be taught with you. This is the final milestone of the first licensing level.



Co-Teach Tuition Distribution

Fewer than 8 students

The Student Teacher must recruit a minimum of eight students. The Mentor Teacher receives tuition from the first eight students as compensation. If the class does not produce the required number, the Student Teacher must pay the balance from future class revenues.

More than 8 students

The full tuition goes to the Mentor Teacher, who pays all class-related expenses (books, travel, lodging, and classroom rent).

Tuition from additional students, minus expenses, is divided:

- 50% Student Teacher
- 50% Mentor Teacher

Note: The Student Teacher's licensing process is complete only when the full financial obligation has been met.

FINAL STEP: Completion Submission



Submit the Mentor Student Tracking Form for Reiki Level I - II

Upon completion of all requirements, submit the Mentor Student Tracking Form for Lv I - II to your Mentor and the Directors of the Licensed Reiki Master Teacher Training Program so they may verify your completion and have a record for your files.

STAGE 2: Reiki I & II Finished - Becoming a Licensed Teacher that Licensed to Teach Reiki I & II

I STAGE 3: Reiki Master Requirements

To Teach Usui/Holy Fire® III Reiki Master Level as A Licensed Teacher

Administrative Requirements Monthly, Ongoing



Pay Monthly Administrative Fee

Individual \$100/month • Partners \$200/month

Pay a monthly tuition/administrative fee of \$100 to the ICRT Licensing Program as an LRMT for Reiki I & II moving toward Reiki Master licensing. For partners, the fee is \$200.



Meet with Mentor Teacher Monthly

1 hour/month • by phone or online

You will discuss your progress in the program as well as one or more of the following: business comprehension and organization, technology, marketing, practitioner skills, teaching skills, healing issues that arise, or success consciousness. If more mentoring time is desired and agreed upon by the mentor and student teacher, the student teacher will pay the mentor directly at the ICRT rate for mentoring, prorated by time.



Complete the Mentor Student Tracking Form for Reiki Master

Send to Mentor Teacher monthly • Program Directors quarterly • by 10th of the month

Complete the Mentor Student Tracking Form for Reiki Master and send it to your Mentor Teacher monthly and the Program Directors quarterly by the 10th of the month. Before your co-teach, complete the report and send it to your Mentor and the Program Directors so they may verify you have completed all requirements.



Submit Progress Report

Quarterly • by 10th of month • to Mentor Teacher and Program Directors

Complete the Progress Report quarterly and send it to your Mentor Teacher and Program Director by the 10th of the month.

Teaching Requirements Complete All Requirements Within 3 Years from Entry



Teach 6 Reiki I & II Classes

6 classes • minimum 18 students total (average 3 per class)

Teach 6 Reiki I & II classes, for a total of 18 or more students during the first year after acceptance into the program. Partners can teach separately or together; each must teach 6 classes with 18 students. In co-taught classes, each teacher will count the class and the students.

If teaching ICRT Animal Reiki, you may count up to 2 classes and 6 students from Animal Reiki I & II classes.



Teach 3 Reiki Master Classes

3 classes • minimum 9 students total (average 3 per class)

Teach a minimum of 3 Reiki Master classes, for a total of 9 or more as an independent teacher. Partners can teach separately or together, and each must teach 3 classes with 9 students. In co-taught classes, each teacher will count the class and the students.

If teaching ICRT Animal Reiki, you may count 1 class and up to 3 students.

Review a Class Complete before co-teach

Before teaching Reiki Master as a licensed teacher, the LRMT must review Master class with his or her mentor. When reviewing, it is necessary to do so from a future teaching perspective. Observing the Mentor Teacher's presentation will be helpful in this process. The LRMT pays full class tuition to the Mentor Teacher.



Role During Review

The reviewing LRMT should be introduced as an ICRT Licensed Reiki I & II teacher to the class. The LRMT is not there to co-teach, so he or she should be respectful of the Mentor Teacher, and the LRMT should at all times be in the role of a student.

However It would be appropriate for the Mentor Teacher to ask the other LRMT if he or she has anything to add during the informational parts of the class.

The LRMT must retake the symbols test and submit it as proof of review.

FINAL STEP: Co-Teach Options for ICRT Licensing Two pathways available

1 Option 1 • Student Teacher Sponsors the Class

The co-taught class can be sponsored by the Student Teacher, and the Mentor Teacher will travel to the Student Teacher's location for an in-person class or attend online for an online class.

Advertising: The mentor will advertise the class on www.reiki.org. Any additional advertising is the responsibility of the Student Teacher.

Minimum Students: The class must have an four-student minimum, and guarantee students fees for four students. Or eight students if mentor has to travel.

Payment Deadline: Any fees due must be paid to the Mentor Teacher within three months of the class.

Licensing: The LRMT is considered licensed for Reiki Master when the fees are paid.

2 Option 2 • Mentor Teacher's Class

The second option is to be decided between the Mentor Teacher and the Student Teacher. The Student Teacher can co-teach with his or her Mentor Teacher by traveling to the Mentor Teacher's class for an in-person class or attend online for an online class.

Fees: No fee is paid to the Student Teacher, as he or she is not establishing the class.

Tuition: The Student Teacher must also pay the standard class tuition to the Mentor Teacher if this option is chosen.

Co-Teach Split: In the advanced level classes, the actual co-teaching must be on a shared basis, with each teacher presenting about 50% of the course material.

FINAL STEP: Completion Submission



Submit the Mentor Student Tracking Form for Reiki Level Master

Upon completion of all requirements, submit the Mentor Student Tracking Form for Lv Master to your Mentor and the Directors of the Licensed Reiki Master Teacher Training Program so they may verify your completion and have a record for your files.

STAGE 3: Reiki Master Finished - Licensed to Teach Reiki Master

I STAGE 4: Karuna Reiki® Requirements

to Teach Usui/Holy Fire® III Reiki Master Level as A Licensed Teacher

Administrative Requirements Monthly, Ongoing



Pay Monthly Administrative Fee

Individual \$100/month • Partners \$200/month

Pay a monthly tuition/administrative fee of \$100 to the ICRT Licensing Program as an LRMT for Usui/Holy Fire® III Reiki Master licensing moving toward Holy Fire® III Karuna Reiki®. For partners, the fee is \$200.



Meet with Mentor Teacher Monthly

1 hour/month • by phone or online

You will discuss your progress in the program as well as one or more of the following: business comprehension and organization, technology, marketing, practitioner skills, teaching skills, healing issues that arise, or success consciousness. If more mentoring time is desired and agreed upon by the mentor and student teacher, the student teacher will pay the mentor directly at the ICRT rate for mentoring, prorated by time.



Complete the Mentor Student Tracking Form for Karuna® Reiki Master

Send to Mentor Teacher monthly • Program Directors quarterly • by 10th of the month

Complete the Mentor Student Tracking Form for Karuna® Reiki Master and send it to your Mentor Teacher monthly and the Program Directors quarterly by the 10th of the month. Before your co-teach, complete the report and send it to your Mentor and the Program Directors so they may verify you have completed all requirements.



Submit Progress Report

Quarterly • by 10th of month • to Mentor Teacher and Program Directors

Complete the Progress Report quarterly and send it to your Mentor Teacher and Program Director by the 10th of the month.

Teaching Requirements Complete All Requirements Within 4 Years from Entry



Teach 6 Reiki I & II Classes

6 classes • minimum 18 students total (average 3 per class)

Teach 6 Reiki I & II classes, for a total of 18 or more students during the first year after acceptance into the program. Partners can teach separately or together; each must teach 6 classes with 18 students. In co-taught classes, each teacher will count the class and the students.

If teaching ICRT Animal Reiki, you may count up to 2 classes and 6 students from Animal Reiki I & II classes.



Teach 3 Reiki Master Classes

3 classes • minimum 9 students total (average 3 per class)

Teach a minimum of 3 Reiki Master classes, for a total of 9 or more as an independent teacher. Partners can teach separately or together, and each must teach 3 classes with 9 students. In co-taught classes, each teacher will count the class and the students.

If teaching ICRT Animal Reiki, you may count 1 class and up to 3 students.



Teach 3 Holy Fire® III Karuna Reiki® Master classes

3 classes • minimum 9 students total (average 3 per class)

The LRMT must teach 3 Holy Fire® III Karuna Reiki® Master classes with a minimum average of 3 students for a total of nine Holy Fire® III Karuna Reiki® Master students or more as an independent teacher. Partners can teach separately or together and each must teach 3 classes with 9 students. In co-taught classes, each teacher will count the class and the students.

Review a Class Complete before co-teach

Before teaching Holy Fire® III Karuna Reiki® as a licensed teacher, the LRMT must review Karuna Reiki® class with his or her mentor. When reviewing, it is necessary to do so from a future teaching perspective. Observing the Mentor Teacher's presentation will be helpful in this process. The LRMT pays full class tuition to the Mentor Teacher.



Role During Review

The reviewing LRMT should be introduced as an ICRT Licensed Reiki Master teacher to the class. The LRMT is not there to co-teach, so he or she should be respectful of the Mentor Teacher, and the LRMT should at all times be in the role of a student.

However It would be appropriate for the Mentor Teacher to ask the other LRMT if he or she has anything to add during the informational parts of the class.

The LRMT must retake the symbols test and submit it as proof of review.

FINAL STEP: Co-Teach Options for ICRT Licensing Two pathways available

1 Option 1 • Student Teacher Sponsors the Class

The co-taught class can be sponsored by the Student Teacher, and the Mentor Teacher will travel to the Student Teacher's location for an in-person class or attend online for an online class.

Advertising: The mentor will advertise the class on www.reiki.org. Any additional advertising is the responsibility of the Student Teacher.

Minimum Students: The class must have an four-student minimum, and guarantee students fees for four students. Or eight students if mentor has to travel.

Payment Deadline: Any fees due must be paid to the Mentor Teacher within three months of the class.

Licensing: The LRMT is considered licensed for Reiki Master when the fees are paid.

2 Option 2 • Mentor Teacher's Class

The second option is to be decided between the Mentor Teacher and the Student Teacher. The Student Teacher can co-teach with his or her Mentor Teacher by traveling to the Mentor Teacher's class for an in-person class or attend online for an online class.

Fees: No fee is paid to the LRMT, as he or she is not establishing the class.

Tuition: The LRMT must also pay the standard class tuition to the Mentor Teacher if this option is chosen.

Co-Teach Split: In the advanced level classes, the actual co-teaching must be on a shared basis, with each teacher presenting about 50% of the course material.

FINAL STEP: Completion Submission



Submit the Mentor Student Tracking Form for Karuna Reiki® Master

Upon completion of all requirements, submit the Mentor Student Tracking Form for Karuna Reiki® Master to your Mentor and the Directors of the Licensed Reiki Master Teacher Training Program so they may verify your completion and have a record for your files.

STAGE 4: Karuna Reiki® Master Finished - Licensed to Teach Karuna Reiki® Master



INTERNATIONAL CENTER FOR REIKI TRAINING

International Program Requirements

Excluding Canada • Licensed Reiki Master Teacher Training – At a Glance

1 Attend the Retreat First

Required before you can apply

Attend the ICRT Retreat in person or online before applying.
Teachers already in the program must attend the retreat **every other year**.

Exceptions

1. Register for the next retreat & pay a deposit – but licensing is only finalized after you complete it.
2. Attend the Reiki Master or Karuna classes taught in Japan by William Rand & Colleen Benelli instead.
3. Other exceptions – ask the Directors.

2 Choose How You Co-Teach

Three ways – pick one per class

Option 1 • You Travel

You travel to the Mentor's class abroad and co-teach.

You pay:

1. Own travel & lodging
2. Own class fee to the Mentor

Option 2 • Mentor Travels

Mentor comes to your class abroad.

Mentor gets:

1. Own travel & lodging
2. 8-student fee (you pay the Mentor if **<8** sign up)
3. Reiki I&II: \$3000 or Master & Karuna: \$6000
4. 50/50 leftover split with you when **8+** sign-up

Option 3 • Online

Everyone joins by Zoom.

Reiki I & II: You organize the class

Mentor gets:

1. 8-student fee (you pay the Mentor if **<8** sign-up)
2. 50/50 leftover split with you when **8+** sign-up

Reiki Master & Karuna

Option A: Mentor organizes

You pay:

1. Own class fee to the Mentor

Option B: You organize

Mentor gets:

1. 4-student fee (you pay the Mentor if **<4** sign up)
2. 50/50 leftover split with you when **4+** sign-up

3 Other Requirements



Review Classes

Review the class for your Reiki level with your Mentor (online or in person) and pay the class fee to them.



Fees to Charge

Teaching outside the U.S.? Charge at the higher end for quality classes in your country.



Class Evaluations

Once in the program, you only need to translate the comments for evaluations rated 3 or less.



Psychological Evaluation

An hour-long interview with a counselor or psychologist. Questions are sent to you in advance.



Translator

If there's a language barrier, find a translator for paperwork, emails & mentoring. Cost is offset by a higher class price; the translator may also be a student and get a certificate.