

# Holy Fire® III Karuna Reiki® Master Class

## Online World Peace

### Day 1

1. Registration.
2. Smudging or another form of energy clearing (page 34).
3. Send Reiki to four directions—sky and ground and all around the classroom.
4. Get a hug from each person and welcome each to the class.
5. Introductions—name, where you are from, why you decided to take this class and something you like about yourself.
6. Explain that the Reiki energy in this class is based on the Usui/Holy Fire® III system.
7. Explain the unique way that Holy Fire® III Experiences, Placements and Ignitions are done. Explain that in this class four Ignitions are given. The four Ignitions activate the nine symbols of this class and give the student the ability to give Ignitions. Also explain that after this class, when teaching Reiki I&II and when activating the Usui Master symbol in Reiki Master, Placements will be given instead of attunements. Placements and Ignitions are easier to do and provide a stronger and more effective experience than attunements. Also explain the concepts of the Authentic Self, the Culturally Created Self and the Dormant Self.
8. Explain that when teaching Online classes, the class outlines in the Online section are used.
9. Empowered by the River of Peace introduction. Explain how it works; is a healing experience and sets up the ability to give Placements for use when teaching Usui/Holy Fire® Reiki for I and II and Usui/Holy Fire® Master.
10. Empowered by the River of Peace Experience, have students write experiences and share.
11. Break.
12. Brief history of Reiki including the idea that Reiki has evolved with Usui, Hayashi and Takata and there is no limit to the quantity and quality of Reiki that is possible for us to channel.
13. Explain Holy Fire® III Karuna Reiki® including origin. Explain Holy Fire® III Reiki and spiritual guidance.
14. Lunch.
15. Explain that the class is both a practitioner and master class and that the master Ignitions both initiate the student as a Karuna Master with the ability to teach and give Ignitions and attunes the student to each of the practitioner symbols for use in sessions. Because of this, only Ignitions are given to the student by the teacher in this class and that there are four.
16. Explain how they will be able to teach all their classes as Holy Fire® classes including I and II, Usui/Holy Fire® Master and Karuna and that the Holy Fire® Placements for Usui/Holy Fire® I and II and Master will be explained in class.

17. Explain how Ignitions work and that they do the same thing as attunements. Explain that you will give a brief guided meditation and then stop talking while the energy guides the student directly. Explain that some students may have inner experiences, and some may simply feel relaxed and that the most important effects take place below the students' level of awareness. Explain that the four Ignitions work holistically to empower all nine Karuna symbols and this process works in a unique way for each student.
18. Do first Ignition with integration time and sharing.
19. Break.
20. Tell students about the Holy Fire® symbol and energy.
21. Show them how to draw the symbol. Have them practice drawing it if they haven't already memorized it.
22. Talk about each of the Karuna I symbols, how to draw them and what they are used for and go over them thoroughly.
23. Test on the Holy Fire® symbol and the Karuna I symbols.
24. Break.
25. Talk about the Karuna II symbols, how to draw them and what they are used for and go over them thoroughly.
26. Test on the Karuna II symbols. An alternate method is to teach all nine symbols at the same time and give one test for all of them.
27. Ending prayer or affirmation. Hugs.

## Day 2

1. Smudging or other energy clearing process, energy sent around the room, hugs.
2. Ask students to share how they are experiencing the class and if they have any questions or comments.
3. Second Ignition.
4. Break.
5. Talk about the trademark for Holy Fire® III Karuna Reiki® and why it was developed.
6. Lunch.
7. Do the third Ignition. Write experiences and share.
8. Break.
9. Practice using the Holy Fire® and Karuna I symbols starting with the Holy Fire® symbol and using each of the four Karuna I practitioner symbols, three to four students at each table. Practice each symbol for approximately 5-7 minutes or so. After each student finishes, have the client share the feeling of each symbol with their group. Also, ask each person in the group to share what it was like to use the energy.
10. Experiences, Placements and Ignitions, explain how these are done and go over the scripts. Practice is usually not needed.
11. Explain Holy Fire® III Meditation and practice if you have time.
12. End class with prayer, affirmation or hugs.

### Day 3

1. Smudging or other energy clearing process, energy sent around the room, hugs.
2. Ask students to share how they are experiencing the class and if they have any questions or comments.
3. Do the fourth Ignition. Write experiences and share.
4. Go over all the class outlines for all levels. Talk about how the teacher needs to keep his or her energy out of the Experiences, Placements and Ignitions and how these are done without the teacher physically interacting with the students. Furthermore, the teacher does not hold space or intend, but instead, focuses on keeping his or her energy back from the students and held close to the teacher's body. Explain that this allows the energies to go directly to the student without being slowed or affected by the teacher and that this keeps the energy pure and allows it to be more powerful and effective. However, the teacher can pray directly to God, Source, Creator etc. praying for the benefit of the students and asking that God's will for each student be fully manifest.
5. Additional topics can be covered such as the World Peace Reiki Grid project or the benefits of the RMA, or the Center for Reiki Research.
6. Lunch.
7. Practice Holy Fire® and the Karuna II symbols same as step #9 from the previous day. Decide on the time used for each symbol based on the remaining class time. You could also combine this step with Chanting done as the last part with each client on the table rather than presenting it separately in #9. If you do this, use step #10 to explain the difference between Chanting and Toning.
8. Break.
9. Chanting and toning. Practice chanting unless you practiced it in step #7. If you have time, you can practice toning or demonstrate it. An alternative method to practice chanting is to have students write the name of a person on a piece of paper and place it on the altar in the center of the circle. Then have the students draw one or more Karuna symbols on their hands and hold them facing the altar as the group chants the name of the Karuna symbol(s) together using one symbol at a time.
10. Explain the importance of releasing negative spirits and explain the Healing Spirit Attachment process. Conduct this exercise for the whole class if you have time.
11. Cover anything remaining to be covered and ask for final questions.
12. Pass out class review.
13. Graduation—pass out certificates.
14. Final prayer or affirmation.
15. Hugs.

## Holy Fire® III Upgrade Class

Those who are Holy Fire® III Reiki Masters can teach this class. Only those who already are Holy Fire® or Holy Fire® II Reiki Masters can take it. It requires approximately 3-4 hours to teach and will upgrade qualified students to the Holy Fire® III level for either Usui/Holy Fire® Reiki or Holy Fire® Karuna Reiki®. Please note that the reason William could teach this class as a webinar is that he received many sessions with Jesus to upgrade his energy field to be able to do it and therefore had the permission and participation of Jesus when doing the webinars. Because of this, it is important that you present this webinar in person to your students.

### Topics

1. Review the history of Holy Fire® Reiki.
2. Review the philosophy and the central ideas of Holy Fire® Reiki.
3. Briefly review the history of Usui Reiki focusing on how Usui Sensei's instruction specified that the most important activity for a Reiki practitioner is to continually seek to develop one's ability to channel ever higher frequencies of Reiki energy.
4. Explain Placements and how they replace the attunements for Reiki I and II and ART. Also, explain how to conduct them.
5. Explain the Upgrade Ignition and how it will upgrade one's Holy Fire® energy to Holy Fire® III.
6. Conduct the Upgrade Ignition.
7. Practice giving Holy Fire® III Reiki to each other with several students giving Reiki to one student and then switching, so each student receives a session. Session time could be between 15-20 minutes each or longer if time allows. Ask students to share among their group about their experiences after each person receives Reiki.
8. Go over the class outlines for Holy Fire® III Reiki classes.
9. Review how to present the Experiences and the Ignitions.
10. Have a question-and-answer session answering questions students may have about teaching Holy Fire® III classes or giving sessions or any other questions students may have about Reiki.
11. Close with prayers or affirmations, giving thanks for the gift of Holy Fire® Reiki and asking the Source of Reiki to guide and bless the students and their clients.

## **Giving a Holy Fire® Reiki Talk**

*This outline can also be used at a Reiki share group or a Reiki session.*

A Holy Fire® Reiki Talk as outlined here is more than just a talk as it includes a Holy Fire® Experience. Hosted by a Holy Fire® Reiki Master, it is an easy and enjoyable way for people to be introduced to Holy Fire® Reiki and to actually experience its healing energy.

### **Promotion**

Hard copy flyers can be created and posted on bulletin boards, announcements can be made on Facebook, on your web site, and sent by email directing people back to your web site announcement, and also by word of mouth.

### **Location**

It could be held at a home, an auditorium, or a conference room.

### **Fee**

It could be free or a small fee could be charged to cover expenses.

### **Outline**

1. Could be a similar set up as for a Reiki circle or share group.
2. Arrive at the meeting room early and say prayers and become receptive to the Holy Fire® energy asking it to clear the room of any energies not compatible with Holy Fire® and to bless the room.
3. Registration could be done with hard copy forms or with a computer form set up for people to fill out. Minimum information would be the person's name and email address.
4. When people arrive, allow them to mill and talk.
5. Then ask them to sit. If it's a smaller group, do introductions – name, where are you from, if they have Reiki or not. Then ask them to stand and with permission share hugs. If it's a larger group in an auditorium, have them stand and introduce themselves to 3 people, then get 3 hugs and sit down.
6. Brief talk on what is Reiki.
7. Explain the evolution of Reiki and how it developed from Usui Reiki into Holy Fire® Reiki.
8. Describe the qualities of Holy Fire® Reiki.
9. If there are people present who have Holy Fire® Reiki, ask if any of them would like to describe their experience of Holy Fire® Reiki.
10. Questions and Answers.
11. Break
12. Talk about the Holy Fire® Reiki Experience and how it works. That you'll be conducting a brief guided meditation and then stop talking for about 20 min. during which time the Holy Fire® energy will be working directly with each person, providing a unique healing experience that contains what is needed by each person. Also explain that some will experience inner experiences such as

seeing colors or feeling waves of healing energy flowing through them or visions of spiritual beings and so forth, and that others will simply feel relaxed, but that everyone will receive something important that will continue to produce benefits even after the event.

13. Conduct the Holy Love Experience or the Ocean of Holy Love Experience, the Heavenly Banquet Hall Experience, or the Holy Fire® Healing Experience. Play Julie True, Music to Journal by Vol 1 or other similar music.
14. After bringing people back, ask them to write down their experiences, then share if they choose to do so.
15. Close with a prayer or positive affirmation.