

Workshop directions

The address is 37 Kapia Rd., Hana, HI 96713 - phone 808-248-8562. Note - this address is not on Google maps and is not a postal address so you need to follow these directions.

1. Get a Maui road map and use it. One good guide book to get is Maui Revealed.

2. The workshop will be held at Maluhia Lani, my new Reiki Center which is a round house you can see from the Hana Hwy on the right when you're near Hamoa Rd. (It now has a new bedroom on the side so it isn't entirely round)

3. Driving from Paia, the road quickly changes into a very slow, twisty road with multiple switchbacks and speeds between 10-25 mph. This is a very slow, but very scenic road and best driven for the first time during the day. It gets dark about 5:30pm in the Winter and the drive takes about 2 hours, so it's best to leave no later than 3:00pm.

4. As you enter the Hana area, you will approach a fork in the road - but actually more like a right turn. The Hana Police station is on the corner. Turn right. Enjoy the short ride through Hana Town. The Hana Hotel and then the old Hasagawa general store is on your left and then the only gas station on your right. This marks the end of Hana Town. After Hana, the mile markers change and begin at 51 and go down. Drive about 3 miles and watch for mile marker 49 which is just before a small white bridge.

5. Go over the small white bridge and turn at Kapia Rd. which is the first dirt road on the right. Drive very slowly as this is a residential area and the road is dusty. Don't exceed 10 mph.

6. You'll see the first driveway on the left, then you'll see a slightly larger driveway on the left that goes up. This is the driveway to the Center. (If you come to the sign that says "4 wheel drive only" you've gone too far on the first dirt road, turn around or back up and then go up the 2nd drive as mentioned previously.) Continue to drive at 10 mph past a few houses on the left. You'll come to a gate which should be open - keep going. The driveway is about 1/2 mile long. Continue up the driveway and near the top the road makes a sharp 90 degree left turn. Continue through the second gate and you'll see the Center - a round 2 story house. Park in the back.

7. Note: The driveway is used by others. Please carpool if possible with other students to minimize the amount of traffic on the road. Always drive slowly on the dirt road and driveway.

8. Class starts at 8:30am on the first day and 9am on the second and third days and will go to about 6:30pm. On some days we'll be taking a long lunch of about 2 hours or so during which time we can go to the beach.

9. Remember to bring bug spray, sun tan lotion, hiking or walking shoes that can get wet, swim suit, towel, camera and so forth.

10. Student activities ourside the class room such as going to the beach, swimming in the ocean, hiking and so forth are not mandatory and done at the students own discretion and at the students own risk.