

# Antahkarana Healing Symbol

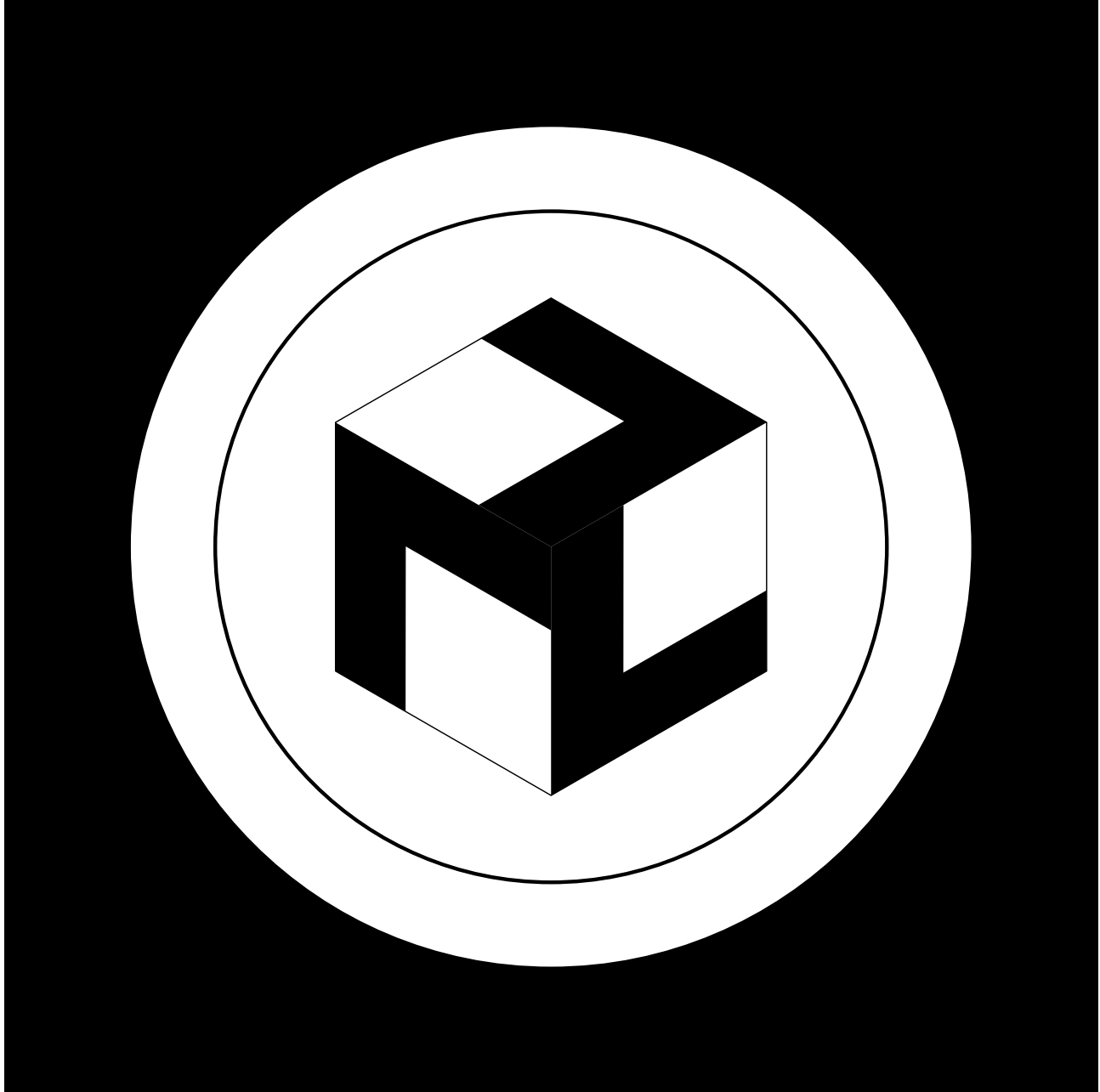
This healing symbol does not require an attunement. It is usually used in its printed form although some people do sign it out with the hand. Just by having it in your presence, it will enhance the healing power of any healing method. It will also improve meditation or any exercise designed to improve health, well-being or connection to the higher power. It is not a secret symbol. You can hang it on the wall in your healing room, place it image up under your healing table etc. It does not need to be seen by the healee in order for it to work. Some have laminated them to make them more durable. The small one can be laminated and placed in your shoes, or taped over a chakra or other body area to improve healing, or can be carried in the pocket, purse or wallet etc. A more complete description is in the [Reiki Master manual](#) offer by the Center and it is taught in the [Center Reiki master training](#).

The single Antahkaranas - male or female are used for focus, and becoming centered in the Higher Power. Use the male if you need more assertive energy. Use the female if you need more compassionate energy. The cross is also for this purpose and has a greater feeling of sacredness. It can also be used to heal the heart chakra. The multiple is used to clear blocks and congestion. After using the multiple, use the single as use of the multiple can sometimes cause disorientation and using the single will refocus ones energy. However, no harm can come from their use. You can use the paper form or you can have the image silk screened onto cotton, wool or silk. Black or dark purple or any dark color works best as the power of the symbol seems to come from the contrast. Place the image facing the person or area to be healed. Then place your hands on top and do Reiki. This will reduce the time one needs to heal and allow deeper issues to be healed.

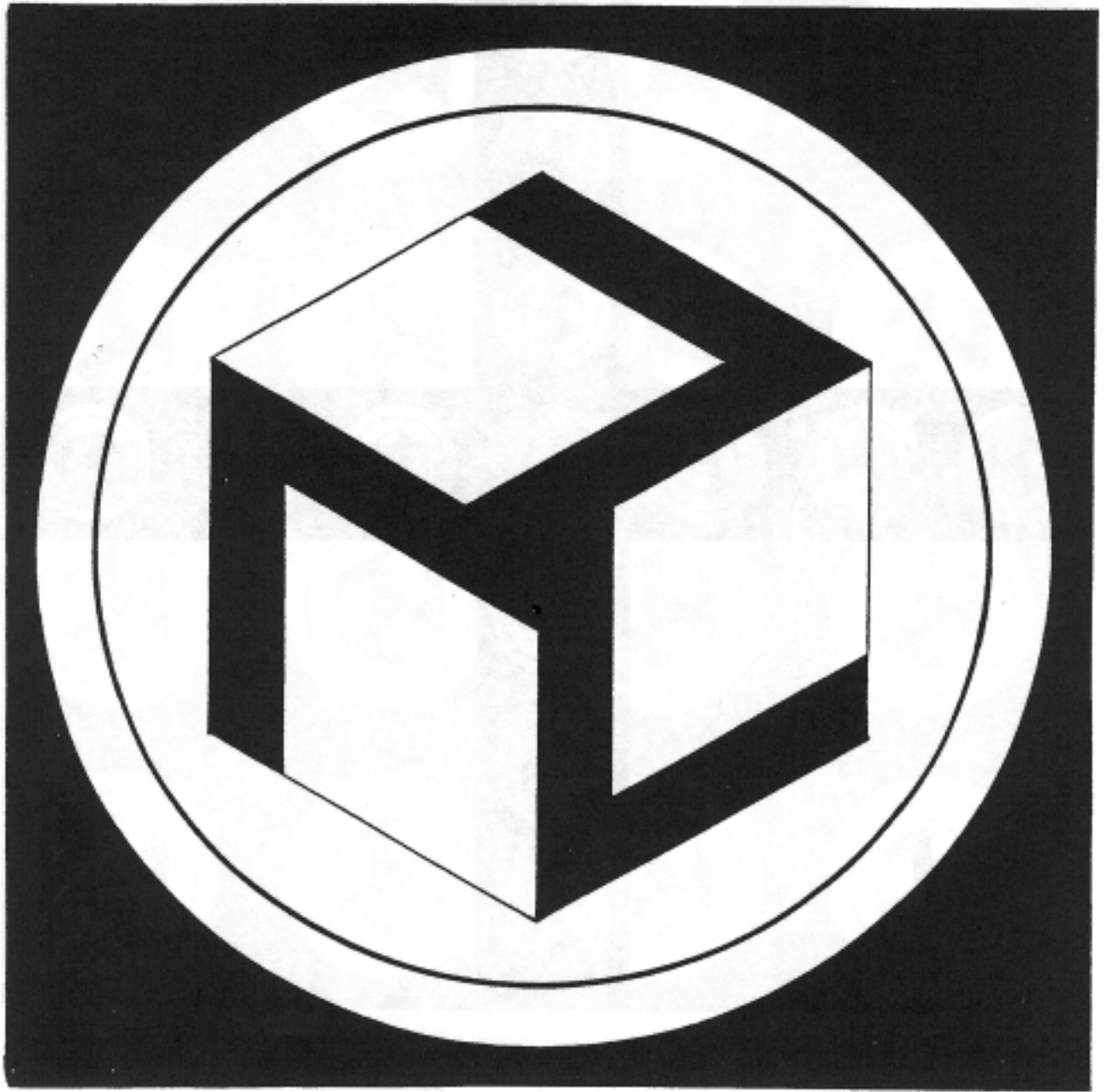
I drew the single versions out by hand in 1990. They were then scanned into the computer.

I hope you enjoy the use of these healing symbols. May they fill you with joy and peace.

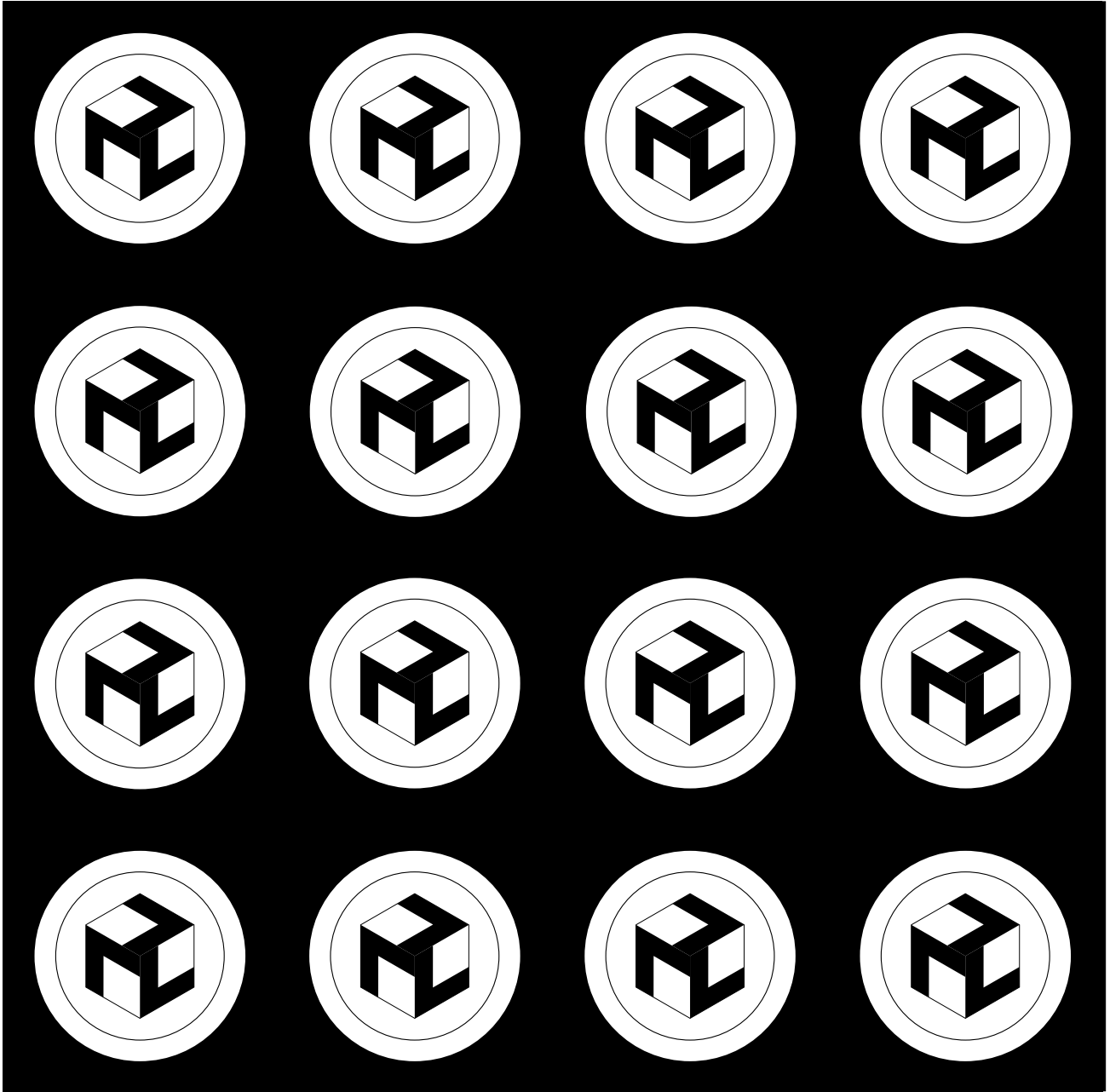
WilliamLeeRand



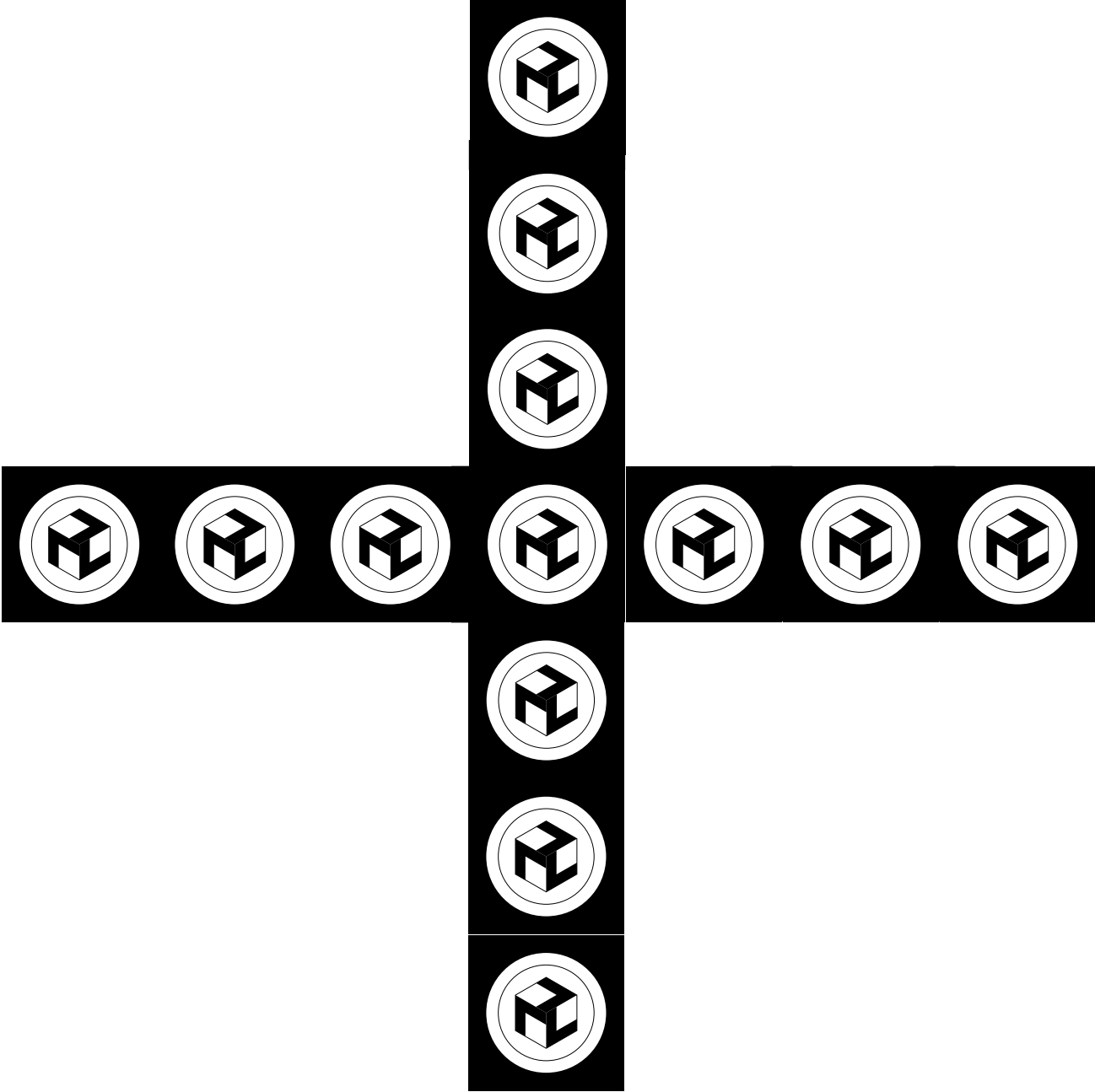
Male



Female



Multiple



Sacred Cross