

Holy Fire II Karuna Reiki® Master Class Outline

Day One

1. Registration.
2. Smudging or another form of energy clearing.
3. Send Reiki to 4 directions sky and ground and all around the class room.
4. Get a hug from each person and welcome each to the class.
5. Introductions.
6. Explain our definition of Soul and Spirit, the Three Heavens and Letting Go of Guides.
7. Explain the unique way that Holy Fire II Experiences, Placements and Ignitions are done. Explain that after this class students will no longer give attunements but will give Placements instead. Placement are for Reiki I&II and ART and provide a stronger more effective healing energy for the student and also open students to higher consciousness and also activate the symbols.
8. Healing in the River of Life Intro. Explain how it works; modifies attunement energies to work in harmony with Holy Fire Reiki energies and sets up Placements for use when teaching Holy Fire Reiki for I&II and ART.
9. Healing in the River of Life Experience, have students write experiences and share.
10. Break.
11. Brief history of Reiki including the idea that Reiki has evolved with Usui, Hayashi and Takata and there is no limit to the quantity and quality of Reiki that is possible for us to channel.
12. Explain Holy Fire II Karuna Reiki® including origin. Explain Holy Fire II Reiki and spiritual guidance.
13. Explain about how the Pre-Ignition releases the Tibetan symbols and violet breath so they can be replaced with the Holy Fire symbol/energy.
14. Lunch.
15. Explain that the class is both a practitioner and master class and that the master Ignitions both initiate the student as a Karuna Master with the ability to teach and give Ignitions and attunes the student to each of the practitioner symbols for use in sessions. Because of this, only Ignitions are given to the student by the teacher in this class.
16. Explain how they will be able to teach all their classes as Holy Fire classes including I&II, ART/Master and Karuna and that the Holy Fire Placements for Usui/Holy Fire I&II & ART will be explained be in class
17. Explain how Placements work and that the do the same thing as attunements.
18. Do the Pre-Ignition with integration time, sharing etc.
19. Break.
20. Tell students about the Holy Fire symbol and energy.
21. Show them now to draw the symbol. Have them practice drawing it if they haven't already memorized it.

22. Talk about each of the Karuna I symbols, how to draw them and what they are used for and go over them thoroughly.
23. Test on the Holy Fire symbol and the Karuna I symbols.
24. Break.
25. Talk about the Karuna II symbols, how to draw them and what they are used for and go over them thoroughly.
26. Test on the Karuna II symbols. An alternate method is to teach all nine symbols at the same time and give one test for all of them.
27. Ending prayer or affirmation. Hugs.

Day Two

1. Smudging or other energy clearing process, energy sent around the room, hugs.
2. Ask students to share how they are experiencing the class and if they have any questions or comments.
3. Ocean of Holy Love Experience.
4. Break.
5. Talk about the trademark for Holy Fire II Karuna Reiki® and why it was developed. Go over registration process and how it works including the certificates.
6. Lunch.
7. Holy Fire II Karuna I master Ignition. Write experiences and share.
8. Break.
9. Practice using the Holy Fire and Karuna I symbols starting with the Holy Fire symbol and using each of the 4 Karuna I practitioner symbols. 3-4 students at each table. Practice each symbol for 5-7 minutes or so. After each student is done, have the client share with their group what each symbol felt like. Have each person in the group share what it was like to use the energy.
10. Experiences, Placements and Ignitions, explain how these are done and go over the scripts. Practice is usually not needed.
11. Explain Holy Fire II Meditation and practice if you have time.
12. End class with prayer, affirmation or hugs.

Day Three

1. Smudging or other energy clearing process, energy sent around the room, hugs.
2. Ask students to share how they are experiencing the class and if they have any questions or comments.
3. Holy Fire Karuna II Master Ignition, write experiences, share.
4. Go over all the class outlines for all levels. Talk about teaching. How the teacher needs to keep his or her energy out of the Experiences, Placements and Ignitions and how these are done without the teacher physically interacting with the students. Explain that this allows the energies involved to go directly to the student without being slowed or affected by the teacher and that this keeps them pure and allows them to be more powerful and effective.

5. Additional topics can be covered such as the World Peace Reiki Grid project or the benefits of the RMA, or the Center for Reiki Research.
6. Lunch.
7. Holy Fire II Karuna Healing Fire Ignition, write experiences, share.
8. Break.
9. Practice Holy Fire and Karuna II symbols same as step #9 from previous day. Decide on the time used for each symbol based on the remaining class time. You could also combine this step with Chanting done as the last part with each client on the table rather than present it separately in #10. If you do this, use step #10 to explain the difference between Chanting and Toning.
10. Break.
11. Chanting and toning. Practice chanting unless you practiced it in step 8. If you have time you can practice toning or simply demo it.
12. Go over class outlines for all classes. Talk about teaching. How the energy more strongly guides the class and does the Experiences, Placements, and Ignitions without the teacher having to physically interact with the students.
13. Explain the importance of releasing negative spirits and explain the Healing Spirit Attachment process. Conduct this exercise for the whole class if you have time.
14. Cover anything remaining to be covered and ask for final questions.
15. Pass out class review.
16. Graduation, pass out certificates.
17. Final prayer/affirmation.
18. Hugs.

Giving a Holy Fire Reiki Talk

This outline can also be used at a Reiki share group or a Reiki session.

A Holy Fire Reiki talk as outlined here is more than just a talk as it includes a Holy Fire Experience. Hosted by a Holy Fire Reiki Master, it is an easy and enjoyable way for people to be introduced to Holy Fire Reiki and to actually experience its healing energy.

Promotion

Hard copy flyers can be created and posted on bulletin boards, announcements can be made on Facebook, on your web site, and sent by email directing people back to your web site announcement, and also by word of mouth.

Location

It could be held at a home, an auditorium, or a conference room.

Fee

It could be free or a small fee could be charged to cover expenses.

Outline

1. Could be a similar set up as for a Reiki circle or share group.
2. Arrive at the meeting room early and say prayers and become receptive to the Holy Fire energy asking it to clear the room of any energies not compatible with Holy Fire and to bless the room.
3. Registration could be done with hard copy forms or with a computer form set up for people to fill out. Minimum information would be the person's name and email address.
4. When people arrive, allow them to mill and talk.
5. Then ask them to sit. If it's a smaller group, do introductions – name, where are you from, if they have Reiki or not. Then ask them to stand and with permission share hugs. If it's a larger group in an auditorium, have them stand and introduce themselves to 3 people, then get 3 hugs and sit down.
6. Brief talk on what is Reiki.
7. Explain the evolution of Reiki and how it developed from Usui Reiki into Holy Fire Reiki.
8. Describe the qualities of Holy Fire Reiki.
9. If there are people present who have Holy Fire Reiki, ask if any of them would like to describe their experience of Holy Fire Reiki.
10. Questions and Answers.
11. Break
12. Talk about the Holy Fire Reiki Experience and how it works. That you'll be conducting a brief guided meditation and then stop talking for about 20 min. during which time the Holy Fire energy will be working directly with each person, providing a unique healing experience that contains what is needed by

each person. Also explain that some will experience inner experiences such as seeing colors or feeling waves of healing energy flowing through them or visions of spiritual beings and so forth, and that others will simply feel relaxed, but that everyone will receive something important that will continue to produce benefits even after the event.

13. Conduct the Holy Love Experience or the Ocean of Holy Love Experience, the Heavenly Banquet Hall Experience, or the Holy Fire Healing Experience. Play Julie True, Music to Journal by Vol 1 or other similar music.
14. After bringing people back, ask them to write down their experiences, then share if they choose to do so.
15. Close with a prayer or positive affirmation.