

The Reiki News

Spring 2001

Free



Kuan Yin and Karuna Reiki®

by William Lee Rand

Karuna Reiki® evolved out of Usui and Tibetan Reiki from a desire and a knowingness that there is always something greater waiting to be uncovered. The love of the Creator is unbounded and because of this, there is no limit to the good that can come to those who seek. No matter how wonderful something is there can always be more. And so it was out of this understanding that Karuna Reiki® began to manifest here on Earth. I say it in this way because everything that could exist, exists now. It is just a matter of wanting something better and being willing to actively follow your inner guidance in order to ground it into your life.

I did not channel any of the symbols used in Karuna Reiki®, but simply began to experiment with symbols others had recently channeled. Working with some of my most sensitive students, we allowed ourselves to be guided as to which symbols would be best for us and prayed that the Creator would direct our process. We did not know we were creating a new system of Reiki until later in the experience when the healing energies began to increase in frequency and strength. At first I wondered if this was possible, but after other sensitive healers confirmed it, I slowly came to accept that a new system of Reiki was developing. I thanked the Creator and asked what to do next. I was directed to give it a name and the name that came was Karuna. I had not heard of this name before, but found it in a spiritual book and knew it was the right name.

It was found that in order for one to gain the full benefit of Karuna Reiki® one must be ready. This can happen only if one's energy system has first been conditioned through the use of the Reiki master energies. Once this conditioning has taken place, one's energy system can more easily adjust to the higher potentials available. In addition, the experience one gains as a Reiki master allows one to make better use of the new healing tools Karuna Reiki® provides. This is why it is taught only to those who are already Reiki masters.

When taking the Karuna Reiki® master training, one becomes both a practitioner, able to use the energies for healing as well as a master, able to teach others. Karuna Reiki® has two levels and eight symbols. Each of the eight symbols brings with it a different frequency and a different way of helping the healing process. There is a symbol to reduce pain and prepare for deep healing, one to heal deeply, one to fill the client with love, one to ground, one to bring peace and so on. Having more symbols can be likened to a repair person who at first has only three or four tools to work with but then with increasing skill learns to work with a much larger number of tools and therefore is able to repair a wider range of problems and do it more quickly.

Karuna Reiki® brings in healing energies that are noticeably stronger and able to more quickly heal a wider range of difficulties. Many experience the energy flowing

(continued on page 4)



Published by The International Center for Reiki Training and Vision Publications
Toll-free 1-800-332-8112 or 248-948-8112





About the Center

Our Philosophy

- Honesty and clarity in one's thinking.
- The willingness to recognize prejudice in oneself and replace it with truth and love.
- Compassion for those who have decided not to do this.
- Speaking the truth without judgment or blame.
- Respect for the right of others to form their own values and beliefs.
- Placing greater value on learning from experience and inner guidance than on the teachings of an authority.
- Basing the value of a theory or technique on the verifiable results it helps one achieve.
- Being open to results rather than attached to them.
- Taking personal responsibility for one's situation in life.
- Assuming that one has the resources or the ability to develop them in order to solve any problem encountered.
- Using negative *and* positive experiences to heal & grow.
- Trusting completely in the Higher Power regardless of the name one chooses to call it.
- The complete expression of Love as the highest goal.

Our Location

The Center is located on two peaceful acres with many trees. We have a large classroom with a fireplace, a treatment room, a hot tub, and an office. We are located one half hour from the Detroit Metro airport in Southfield, Michigan. Our offices are at a different location.



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We use soy-based inks and print on recycled paper because we love our Earth!



Our Purpose

- To establish and maintain standards for teaching Reiki.
- To certify students and teachers.
- To create instruction manuals for use in Reiki classes.
- To encourage the establishment of Reiki support groups where people can give and receive Reiki treatments.
- To encourage students to become successful Reiki teachers if they are guided to do so.
- To research new information about Reiki and to develop new techniques to improve its use.
- To openly acknowledge the value provided by all Reiki practitioners and teachers regardless of their lineage or affiliation.
- To promote the friendly cooperation between all Reiki practitioners and teachers toward the goal of healing ourselves and planet Earth through the use of Reiki.

William Lee Rand

William Lee Rand, founder of the International Center for Reiki Training, and author of *Reiki, The Healing Touch*, *Reiki for a New Millennium*, and *The Spirit of Reiki* (along with Arjava Petter, and Walter Lübeck) is a Reiki Master of the Usui lineage and developer of Karuna Reiki®. He has 25 years experience in metaphysics, healing work and was initiated into Reiki on the Big Island of Hawaii in 1981. He is the author of over forty articles on Reiki, is editor of the *Reiki News*, and teaches Reiki classes worldwide.



Our Center

Licensed Teachers

Our Center Licensed Teachers are an important ingredient in the success of the International Center for Reiki Training. Each of our teachers has completed an advanced course of study designed especially for Reiki Masters who wish to dedicate themselves to teaching and practicing Reiki on a professional level. Some of our teachers operate healing centers, all maintain an active Reiki practice, and are committed to empowering others through Reiki. For more about our certification program requirements see page 35.

About This Free Issue

Thanks for downloading this FREE copy of the Reiki News!

I am glad you were able to get a copy instantly and I hope you enjoy my article, ***Kuan Yin and Karuna Reiki®***. Also, I want you to know that this FREE download is actually the small issue of the Reiki News. The BIG 40 page hardcopy has many more articles in it. Here is a list of the articles it contains that are missing from this issue.

Additional Articles in the 40 Page Hardcopy Issue

Reiki in an Indian Prison
Why is a Reiki Attunement Necessary?
The Spiritual Origins of Karuna Reiki®
A Healing Space in a Hospital
The Distant Healing Symbol
ICRT Ethical Standards
Prerequisites for Training

Subscribe Now!

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Also, if you liked the article ***Kuan Yin and Karuna Reiki®***, there are lots of other articles on our website about Karuna Reiki® that you might find interesting. To go directly to the web page where these article are located on our web site,

Just Click Here

Table of Contents

Kuan Yin & Karuna Reiki®	1
About the Center	2
William Lee Rand	2
Our Center Licensed Teachers	2
Visit our Website	3
Reiki in an Indian Prison	
Why is a Reiki Attunement Necessary?..	
The Spiritual Origins of Karuna Reiki® ...	
A Healing Space in a Hospital	
The Distant Healing Symbol	
What is Reiki, Who can Learn It?	14
Questions to ask a Reiki Master	14
ICRT Ethical Standards	
Prerequisites for Training	
Reiki in Hospitals Support Group	11
Karuna Reiki	17
Understanding the Levels of Reiki Training	18
CONFERENCE	
Reiki Personal/Professional Development	
“Live Your Dreams Now	12-13
Reiki Healing Retreats	11-12
Healing Circles, Reiki Exchanges	11
CEU Information.....	20
Center Licensed Teachers	20
Directory of Licensed Teachers	20
Class Schedule.....	21-25
NEW!	
Book - The Spirit of Reiki	7

Visit our Website

We have recently upgraded and redesigned our web site. It now has streaming audio, a bulletin board and contains 300 pages with over 100 Reiki articles! We have an electronic newsletter and you can also fill out a Reiki Healing Request form and our staff will send you Reiki five days a week! **SAVE MONEY! Save 5% on all products ordered from our website www.reiki.org**

Get the 40 Page Issue of Reiki News

This is the small issue of Reiki News. Our BIG issue has 40 pages and many informative articles. All the articles with missing page numbers in the table of contents are included in the 40 page issue! Order on line to subscribe...don't miss any of our exciting issues.

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USA \$10.00 Canada \$13.00 Foreign \$17.00
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Spiral Tiger at Mt. Kurama Temple

Your Purchases Are Helping Others!

We love the earth and all the people who live here. Because of this, we donate 10% of our pre-tax profit to environmentally and socially responsible organizations. We are happy to be able to help the world be a better place and to do our part to diminish suffering. Our goal is to create the world as a place where love is the guiding principle. We would like to thank you for your orders and the classes you are taking through us. In addition to the value you receive from the use of our products and classes, you make these donations possible.

Your purchases are supporting 12 disadvantaged children in this country and other countries around the world by donations to "Save the Children". You are also supporting a shelter for abused women and children called "My Sisters' Place". Through "The National Arbor Day Foundation", you are helping preserve 41 acres of rain forest in Central America, and through the "Tibetan Lama Fund", you are supporting 35 Tibetan Buddhist monks at Ling Khangtsen monastery in Southern India.

Thank you for your support.

Sincerely,

(continued from page 1)

not just through the body and arms, but all around the outside as well so that it completely surrounds the practitioner on its way to the client. This can be a very moving experience and many who have been Reiki masters for years begin channeling healing results that are more powerful than previously experienced. This often inspires one to consider why it is so strong and where the energies come from. The name of this healing practice can help us understand its source.

Karuna is a Sanskrit word that means compassionate action and this is not an ordinary kind of compassion, but one that comes from an unbounded sea of love. This is the kind of compassion that when combined with wisdom can take one to enlightenment. And once enlightened, all those who have followed this path are compelled by the great love that has grown in their hearts to turn their attention toward reducing suffering and helping others to become enlightened also. The beings who have followed this path and reside in this unbounded sea of love have unlimited power and at the same time unlimited kindness. They have mastered Karuna and because of this are its emissaries. They act like beacons sending unlimited healing potential into every part of the Universe.

Kuan Yin is one such being. She is one of four great Bodhisattvas or enlightened beings that watch over the earth. She is also called Avalokiteshvara and in Japan she is called Kannon. The embodiment of Mahakaruna, or great compassion, she is highly venerated in Buddhism and is ready to help all those who pray to her or attune to her healing energies, which continually emanate from her. While she has been depicted as male, in more recent times and especially by Taoist and Tantric sources she has been seen as female. In this form she represents the Goddess or female aspect of the deity. Portrayed as standing on a lotus blossom and floating in the sky, her purity remains unstained by the ignorance and confusion of the world, even as she reaches out to help. Filled with the greatest beauty and grace, her reality is that all beings are one and deserve to be free. Because of this she is ready without reservation to extend peace, joy, love and every divinely good thing to anyone who contacts to her.

Many who have taken Karuna Reiki® have had visions of Kuan Yin and other enlightened beings. This has occurred during the attunements, or while giving or receiving treatments or while meditating. These experiences can be inspirational as well as healing. Because this happens frequently and the healing energies are so strong, many feel that Karuna Reiki® comes from Kuan Yin and the other Bodhisattvas.

We live in a wonderful time when ancient wisdom is combining with modern methods to spread spiritual practices all over the world. Millions of people practice Reiki now and the numbers continue to grow. This is

having a powerful effect on our spiritual lives and helping to heal the planet. As the pace quickens, world peace becomes possible. Let us use the healing power that comes to us now to heal ourselves and help others. May you always walk in peace.

William Lee Rand is the founder of the International Center for Reiki Training; author of "Reiki, The Healing Touch", "Reiki for a New Millenium", editor in chief of the "Reiki News" and the developer of Karuna Reiki®. He has taught Reiki internationally for the past 10 years.

** Karuna Reiki® is the registered trademark of The International Center for Reiki Training*

Reiki Hand Positions Poster

Our Reiki hand positions poster shows the standard hand positions for treating both others and yourself. Large enough to see from across the room. Great for your Reiki room.

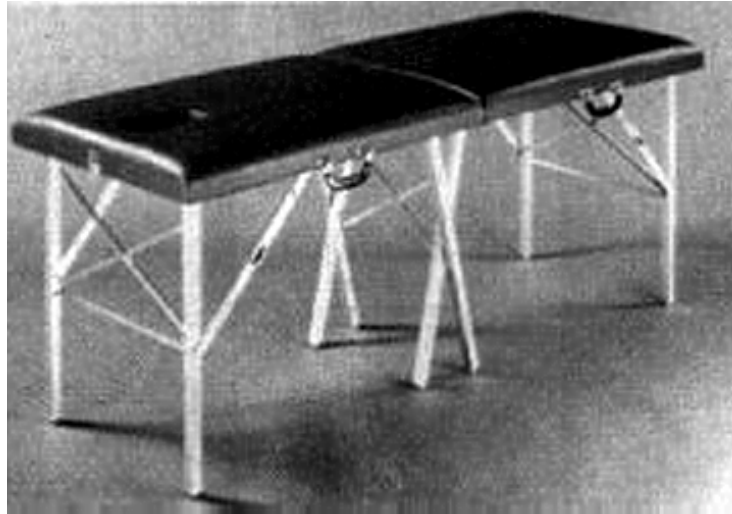


HT702 Size 25" x 38"

\$13.00

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Reiki Tables



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Guaranteed: *If you are not happy with your Reiki table, return it in its original condition and packaging, within 30 days, for a complete refund of the purchase price. The Reiki tables are also guaranteed for workmanship and materials. Just return it within 90 days for replacement.*

Please contact us before making a return for a Return Merchandise Authorization number.

Standard Reiki Table

We looked all over for a table that would work well for Reiki. This table is strong, yet light and well made. With no cables around the bottom, there is plenty of room for your legs to fit under the table when seated. It is a very comfortable table for Reiki.

Its wooden top retains Reiki energy and the metal legs keep the table grounded so that negative energies released during a treatment flow away.

This is a great table for Reiki and for massage!

Size: 24" wide, 28" high, 6 feet long
Folds up to 24" x 36" x 6"

Weight: 26 pounds

Colors: Blue Spruce, Wild Plum, Desert Rose,
Aspen Tan, Lake Blue, Ginger Bark

Price includes UPS Ground shipping within the continental U.S. Allow 2-4 weeks for delivery. Be sure to indicate color when ordering.

RT200 Reiki Table **\$357.00**

Deluxe Reiki Table

The Deluxe Reiki Table features an extra 1/2" of long-life foam padding, brass corner guards to protect upholstery from wear and tear, extra width for added comfort, and a detachable crescent shaped headrest instead of a facehole. The Deluxe Reiki Table is 2" longer than the standard table, is 6" wider, and comes in your choice of 2 variable heights. The same colors, guarantee and shipping regulations apply as the standard table.

Size: 30" wide, 26-31" or 28-33" adjustable height,
6' 2" long
Folds up to 30" x 37" x 6"

Weight: 34 pounds

Colors: Blue Spruce, Wild Plum, Desert Rose,
Aspen Tan, Lake Blue, Ginger Bark

Price includes UPS Ground shipping within the continental U.S. Allow 4-6 weeks for delivery. Be sure to indicate height and color when ordering.

RT199 Deluxe Table **\$570.00**

We also have tables with wooden legs listed in the BIG, 40 page issue of Reiki News. Call or email us to receive a copy. 248-948-8112 or 800-332-8112 email center@reiki.org

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Reiki Books and Tapes

New Reiki Book The Spirit of Reiki

by Walter Lübeck, Frank Arjava Petter,
and
William Lee Rand

The Spirit of Reiki was written by three world-renowned Reiki masters which makes this book a first. Never before have three Reiki masters from different lineages and with such extensive backgrounds come together to write a book and share their experience.

To quote the authors:

“We decided to write this book together to share our love and knowledge of Reiki with each other and with the Reiki community. It is our hope that with this book, the love that we have for each other and for Reiki will spread throughout the Reiki community around the world.”

This book contains a wealth of information on Reiki never before brought together in one place. The broad spectrum of topics range from the search for a scientific explanation of Reiki energy to Reiki as a spiritual path. It includes the latest understanding of Dr. Usui’s original healing methods, how Reiki is currently practiced in Japan, an analysis of the Western evolution of Reiki, and a discussion about the direction Reiki is likely to take in the future. The fact that harmony is developing between Reiki groups is discussed and the author’s own collaboration in writing this book is offered as an example. Each shares his own personal experiences about what led them to the Reiki path and how they were guided to a deeper understanding of its principles.

All of Reiki’s meaningful aspects are clearly explained in this book. The latest knowledge and developments, as well as the original traditions are presented. Never before has a Reiki book of this depth and comprehensiveness been available.

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THIS REVOLUTIONARY BOOK INCLUDES:

- Understanding Japanese and Western Reiki
- The nature of Reiki energy including a scientific explanation.
- An in-depth analysis of the Reiki symbols
- A discussion of the teacher/student relationship
- Reiki as a spiritual path
- An additional 20 Usui treatment positions which have not been previously published
- The Hayashi Healing Guide
- The Future of Reiki

These features make this book an important document of contemporary Reiki history!

Pages: 304 Size: 5 3/8" x 8 7/16"

120 photographs and 40 illustrations

Available March or April

CP406

\$19.95

Reiki Meditation Tape

by William Lee Rand

This is a tape of the Reiki meditations given in the ART/ III/Master classes. It’s true that doing a Reiki self treatment is a form of meditation, and it’s possible to meditate with Reiki in a much more powerful way.

This meditation system combines all the values of other types of meditation plus the healing power of Reiki. It can bring physical relaxation, mental clarity including improved ability to visualize, clairvoyance, enhanced healing skills and expansion of consciousness.

Use it to realize goals, evenly distribute healing energies throughout your system, and release and/or transmute negative energy.

*If used on a regular basis, this tape
can transform your life!*

*Side 1: Bringing in the Light
Side 2: Creating Balance & Harmony*

CT106

\$13.00

Reiki Books and Tapes

Chanting Reiki Masters Audio Tape

by William Lee Rand

INCREASES THE STRENGTH OF YOUR HEALING ENERGY!

This tape was created at a Reiki Master training in the Rocky mountains. While hawks and eagles soared outside and herds of elk roamed the valley, eighteen Reiki Masters chanted the names of the four sacred healing symbols. While chanting the sacred symbols, they beamed Reiki with the intention that all who hear these sacred sounds be healed. A microphone at the center of the circle captured the sound and energy of the experience on tape. The tape was mixed at a recording studio. The four sacred sounds were recorded over each other so that all four chants are being done at the same time. This blending of the four chants increases the intensity of the vibration and prevents one from actually being able to hear the names of the individual symbols thus maintaining their secrecy.

Metaphysically, the tape captured the energy and intention of the moment. Whenever the tape is played, the same energy of the chanting Reiki Masters is reproduced! Playing this tape will increase the vibration of any healing or meditation work you are doing. It has been tested by Reiki practitioners and found to increase the strength and depth of their Reiki energies. Both practitioners and clients notice the benefit. It has also been used during other types of healing work and always increases its value. Even though the names of the symbols cannot be understood, the healing effect is very clearly present. This tape is 90 minutes.

Side 1: Chanting only. Side 2: Chanting with drum & Tibetan tingshas. Money back guarantee if not satisfied.

CT105

\$15.00

COMMENTS FROM CUSTOMERS ABOUT THE CHANTING REIKI MASTERS TAPE:

"The Chanting Reiki Masters tape has a sacred feeling to it. The moment it started, I felt myself shift into an altered state. My Reiki got stronger, and felt more concentrated and whole. I felt more connected to the Reiki source."

Pat Pecorella, Teaching Reiki Master

"The power of the chanting seems to envelop and surround you. I opened more to the Reiki source and my Reiki became stronger. While receiving, it seemed more Reiki hands were placed on me and the healing I received was intensified. This tape works!"

Dale Bernelle, Teaching Reiki Master

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Healing the Shadow Self

by William Lee Rand

Side 1: Healing the Shadow Self - The reason we have unwanted experiences in our lives is because we have unhealed parts of ourselves we are not aware of. Even though we are not aware of them, they are still powerful and can attract unhealthy experiences, conditions and people. These unconscious parts are created when we refuse to accept our feelings and tendencies that have been classified as unacceptable. We push them down into the subconscious mind where they become what is called the Shadow Self. Because we are unaware of the Shadow Self, we think it is gone, yet it is still present. The Shadow Self can create problems we blame on others when, in fact, we are creating them ourselves. This tape guides you into a deep state of relaxation and helps you get to know your Shadow Self and heal it, thus bringing healthy change to your outer life. The cause of specific problems is accessed and healed.

Side 2: NLP Exercises - The state of mind you are in has a direct affect on your ability to deal with life and to solve problems. We all have the ability to enter a resourceful, positive, successful state of mind at will. The Resume for Life exercise helps you develop this ability.

The universe is always in a state of balance. A problem can't exist unless the solution exists at the same time. The cause of our problems and their solutions exist within us. We have all the resources within us to solve our problems and live a happy, successful life. All we need to do is bring the solution into contact with the problem and it will be solved. The Zoom exercise is a powerful process that assists this.

CT107

\$13.00

Meet Your Reiki Guides

by William Lee Rand

There are spiritual beings who are also Reiki masters. They can guide you within a Reiki treatment as well as on your path through life. They add their Reiki energy to yours increasing the effectiveness of a treatment. They send you love, protection and healing throughout the day. The more you are aware of them, the more they can help. This audio cassette tape is a guided meditation that gradually increases your level of consciousness so you can communicate with your Reiki guides. You can ask questions and receive guidance and healing.

CONNECTING WITH THE EARTH AND THE UNIVERSE

Side two contains the meditation William uses at the beginning of his classes that causes you to become grounded in the healing energies of the Earth and receptive to the healing energies of the Universe.

CT102

\$13.00

Reiki Symposium - New York City '98

AUDIO CASSETTE - THREE TAPE SET

This four hour set includes some of the best information on Reiki from top authorities in the field. Never before has a group like this come together to discuss Reiki on topics so appropriate for the Reiki community. The caring, knowledge and clarity of the speakers are an inspiration to all of us.

TAPE ONE

- Reiki - An Overview
by Louisiana Zimm
- Reiki - In Continuing Education
by Diane Alther, RN, R-CSW
- Reiki - For a Strong Economy and Healthy Planet
by Lisa Berkley
- Reiki and Medicine
by Kathleen Tracey Kardaras, C.R.N.A.

TAPE TWO

- Reiki - A New Direction
by William Lee Rand
- Creating Harmony in Your Reiki Community
by Laurelle Gaia (Laura Ellen Gifford)

TAPE THREE

- A Reiki Panel Discussion
with William Lee Rand, Laurelle Gaia (Laura Ellen Gifford), Diane Alther, Lisa Berkley, Kathleen Tracey Kardaras and Louisiana Zimm

Don't miss this opportunity to hear Reiki Leaders discussing Reiki in Medicine, Continuing Education, the Economy and the new direction Reiki is now taking!

CT100 **\$21.95/set**

Mrs. Takata Talks About Reiki

This is an audio tape of Mrs. Takata talking about the history of Reiki. This 75 minute inspirational tape was made in 1979 when Mrs. Takata was 78 years old, just a year and a half before her transition. While we now know that many of the ideas on this tape are not accurate, many still find it interesting. The original tape was poorly recorded and we have remastered it to improve the quality. You will still need a good quality tape player to hear what is said. Because of this, we have included a booklet with a word for word transcription.

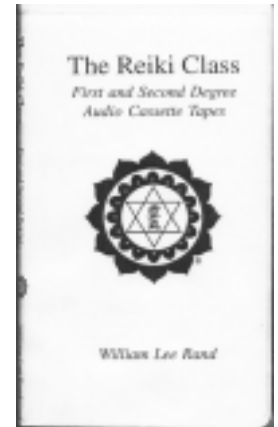
CT101 **\$11.00**

The Reiki Class Tapes- 1st & 2nd Degree Training

by William Lee Rand

This tape set includes most of the information from "Reiki; The Healing Touch," plus answers to the most frequently asked questions, and includes one full hour on the Usui symbols.

These tapes were made during actual Reiki classes taught by William Lee Rand. If you feel you may not have received the complete Reiki training, or if you have questions that have gone unanswered about Reiki, this is the tape set for you. Also great for teachers! **Contains three 60 minute cassettes** of Reiki instruction in an attractive vinyl album.



Great for students or teachers!

William gives in-depth answers to the most frequently asked questions about Reiki and includes all the information from his Reiki I & II intensive. William was trained by seven Reiki Masters, has 16 years experience with Reiki and has taught over 250 Reiki classes around the world. Rather than simply accepting the "traditional" information about Reiki, William has done extensive research to bring you a clear understanding of what Reiki is and how to get the best results with it.

Newly revised to contain new information about the history of Reiki!

This tape set has been recently updated to include the latest discoveries about the history of Reiki including research from William's trip to Japan. The revised history is based on verifiable facts and includes information from Dr. Usui's memorial stone in Tokyo as well as information from Mt. Kurama where Reiki was rediscovered. The myths about Reiki are dispelled and a clear understanding about the practice of Reiki is established.

CT230 **Was \$29.95, Now Only \$21.95!**

The True History of Reiki

If you have already purchased the Reiki Class Tapes but wish to have the latest information on the history of Reiki you can purchase The True History of Reiki tape separately. This tape contains the latest discoveries about the history of Reiki.

CT231 **\$11.00**

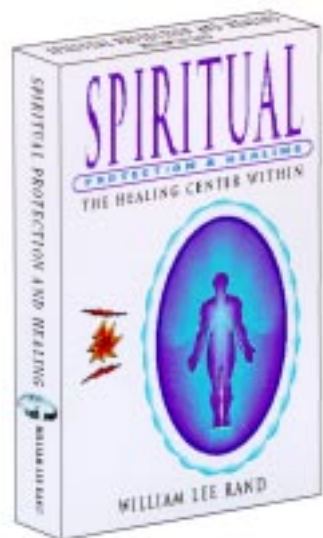
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"Helping you accomplish your divine purpose on Earth"

Reiki Tapes

“Spiritual Protection & Healing”

by William Lee Rand



Negative psychic energy from ourself or others can cause stress, nervousness, lack of confidence, weakness, sleeplessness, poor health, aches and pains in your body and energy depletion. Whether negative energy is directed to us consciously or unconsciously, it still affects us.

It is no longer necessary to be affected by this negative energy. The Spiritual Protection and Healing Tape uses deep spiritual hypnosis to assist you in healing negative energies. In addition, it prevents others from taking

your energy, breaks all psychic cords connected to negative sources of influence, places a cloud of healing energy around you, and attunes you to your guides and Higher-Self.

This tape is a breakthrough in spiritual protection and healing. It combines the knowledge and techniques of white magic, neuro-linguistic programming and self-hypnosis. This powerful tape helps the user be more centered, healthy and in touch with their inner wisdom and personal power. The effects are post-hypnotic; if listened to regularly, the effects will be continuous.

This deep level self-hypnosis tape was developed by William Lee Rand over a period of twenty years. William is a hypnotherapist specializing in spiritual development. He has a background as a past life therapist, astrologer, rebirther, TM meditator, Rosicrucian, and fire walker. He has worked with a Kahuna in Hawaii, is certified in Neuro-Linguistic Programming, and is a Reiki Master and founder of The International Center for Reiki Training.

THE HEALING CENTER WITHIN

Major problems or challenges in life contain lessons we need to learn to progress on our spiritual path and become fulfilled. Side two of this tape forms a powerful connection between your Higher-Self and your subconscious mind and establishes The Healing Center Within. Making use of the great wisdom, love and healing power of the Higher-Self, The Healing Center Within knows everything you have ever done, in this life and all your past lives. It knows all about your problems and exactly what you need to do to solve them. It will start a process to completely heal and guide you on your path of spiritual development as it empowers you to balance your karma and learn your life lessons.

New CD format!

"This tape helps create a positive, loving, cocoon of healing energy around me. It cooperates with the Universal Law of Attraction, and helps attract more light into my life. When less than light energy is sent to me by others, or parts of my own being, it touches in with this special cocoon of light where it receives healing, is transformed and returned to its source."

Laurelle Gaia, Reiki Master-Teacher/Certified Healer

BENEFITS OF THIS TAPE:

- Prevents negative energy from reaching you by transforming and healing it
- Attunes you to your guides and Higher-Self
- Clears & heals negative energies or spells attached to you
- Activates The Healing Center Within
- Helps balance karma, learn life lessons and advance spiritually

Contains 60 minute hypnosis cassette tape and booklet.

Audio Tape CT104 \$17.95

New CD format CT104CD \$17.95

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our website www.reiki.org**

Heal the Cause, Past Life Regression Tape

by William Lee Rand

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You have lived many times before and your subconscious mind has a perfect memory of all your past lives. Often the original cause of a problem is in a past life. By going back to the cause, it is possible to understand the lesson this problem has to offer and to release it for good. This tape is based on twenty years experience in guiding people back into past lives for healing and personal growth. It allows you to choose the problem whose cause you would like to explore. It guides you in a safe and healthy way to understand and heal the problem. When using the tape, you always have control and can awaken at any time.

CT103 \$11.00

Tape Kit

Kit includes Meet Your Reiki Guides, Heal the Cause, Spiritual Protection and Healing, Chanting Reiki Masters, Reiki Meditation One and Two, and Healing Your Shadow Self. Save \$12.95!

KCT1 \$70.00

Reiki Conference, Groups & Fun

June, 2001

SUNRISE RANCH... LOVELAND, COLORADO

Reiki Personal and Professional Development Conference . . . "LIVE YOUR DREAMS NOW!"

June 7-10 **SPECIAL GUEST: Author, Reiki Master Mari Hall**
Retreat Facilitators: Melinda DeBoer, Jessica Miller, Laurelle Gaia and Michael Baird
Register EARLY and SAVE MONEY!

See pg 29 for details or call 800-359-3424 719-836-9385

ANNUAL LABOR DAY REIKI RETREAT Camp Ronora



Labor Day 2001 **Annual Reiki Retreat at Camp Ronora**

The annual Reiki Retreat at Camp Ronora, Michigan will be held over Labor Day weekend again this year. The camp has wonderful energy and we will be the only group there. Camp Ronora has several lodges and bunkhouses. Camping is available and encouraged. We also have a small number of private and semi-private rooms, for an additional charge. Wheel chair accessible.

AND back by popular demand

Chef Laura Ziembra and her healthy gourmet creations!

Join Reiki friends from around the world at the annual Reiki Retreat for Reiki sharing, mini-workshops and LOTS and LOTS of FUN!!!

Details are available from the Center at 800-332-8112 and on our website www.reiki.org.

Cost of the retreat starts at only

\$260 with a \$50 deposit. and includes the retreat, meals, reiki hawaii retreat lodging and all activities. Mark your calendar now and **Register EARLY!!!**



July/August, 2001

RETREAT TO "REIKI MOUNTAIN" IN COLORADO

With Laurelle Shanti Gaia & Michael Arthur Baird

All Year

Private and semi-private Reiki Retreats

Retreat to the magnificent Colorado Mountains. Let us help you customize your personal retreat. With or without training (all levels available). Choose from a menu of services; Reiki, body work, Reiki drumming, spa treatments, etc. Available all year.

Jul 14-21

Karuna Reiki Master 7 day retreat Twin Lakes, CO

To arrange your personal retreat or to register call Michael or Laurelle at 800-359-3424 or 719-836-9385

October, 2001

REIKI HAWAII RETREAT

With Helen Sonobe

Oct. 19-22

Usui Reiki I & II Intensive Training Retreat

Come to Hawaii and let me share the natural beauty and Aloha spirit of my home state with you. Experience the wonders of Reiki and the Big Island at Kalani Oceanside Retreat. Kalani meaning "heaven on earth" is a unique tropical getaway. Retreat includes Reiki training, practice, manual, 4 nights lodging and vegetarian meals for \$650 (\$300 deposit) price based on shared room. Email ReikiHawaii@hawaii.rr.com or call toll Free 866-228-7299 local 808-485-0026 www.reikiclasses.bigstep.com

November, 2001

KARUNA REIKI RETREAT DELRAY BEACH, FLORIDA

With Laurelle Shanti Gaia & Michael Arthur Baird

Nov. 16-19

Karuna Reiki® Master Training (4 days)

in a beautiful, serene wooded setting. Includes training, lodging, food, additional practice and Reiki Drumming. Call Michael or Laurelle 800-359-3424 or 719-836-9385 or visit www.ReikiClasses.com

REIKI EXCHANGES AND HEALING EVENTS

Flagstaff, AZ with Melinda DeBoer

emailgoddess@reikifire.com or call 520-522-0326

Pasadena, CA (Sierra Madre) with Jessica Miller

emailjess@spirit-games.com or call 626-963-3533

Hartsel, CO with Laurelle Shanti Gaia

emailLaurelle@ReikiClasses.com or call 719-836-9385

Glen Head, Long Island NY with Kathie Lipinski

emailKBLip@aol.com or call 516-882-0169

Cookeville, TN with Beth Simmons Stapor

emailreiki@infoave.net . 931-528-8955 or 931-979-4178

Reiki, The Healing Touch

by William Lee Rand

ABOUT THE BOOK

This book was recently updated to include the latest discoveries about the history of Reiki as well as the Japanese Reiki Techniques and the Hayashi Healing Guide. The this new information is based on verifiable facts and includes techniques from the Reiki manuals of Dr. Usui and Dr. Hayashi as well as information from the Usui memorial stone in Tokyo and Mt. Kurama where Reiki was rediscovered. The myths about Reiki are dispelled and a clear understanding about the practice of Reiki is established. This book is a must for anyone wanting the latest information on Reiki. It is fully illustrated with more than 50 drawings and 18 photos. It also contains a comprehensive, easily understood explanation of Reiki, how it works and how to practice it. Written with inspiration, clarity and vitality, it captures the essence of Reiki and provides a remarkable depth of understanding. The chapters on *Developing your Reiki Practice*, *Becoming a Reiki Master* and *Reiki in Hospitals* inspire and instruct one on how to integrate Reiki into the everyday world. It is an excellent introduction to the subject as well as a user-friendly manual for the experienced practitioner. Extensively revised and expanded, this book is over 60% larger than previous versions. It is available in two sizes; a workshop manual for use in Reiki classes and a bookshelf version. Both versions have exactly the same information.



ABOUT THE AUTHOR

William Lee Rand is founder of The International Center for Reiki Training in Southfield, Michigan. He has written over forty articles on Reiki and recorded seven audio tapes. He is publisher of the *Reiki News* and a 300-page Reiki web site. He has practiced Reiki since 1981, and taught full time since 1989. He has received training from seven Reiki masters and teaches classes worldwide.



REVISED EDITION

This revised and expanded edition features sections on:

- Reiki Past and Present
- How Does Reiki Heal
- How To Use Reiki
- The Reiki Symbols and How to Use Them
- Becoming a Reiki Master
- Developing Your Reiki Practice
- Reiki in Hospitals
- Discovering the Roots of Reiki
- Reiki Training and Licensing
- Photo's of the Usui Memorial and Mt. Kurama
- Japanese Reiki Techniques
- Hayashi Healing Guide
- Extensive footnotes and an index

**Click Here To Go To
Teacher Supplies
At Our Webstore**

NEW sections !!!

Japanese Reiki Techniques

Hayashi Healing Guide

NEW SECTIONS!

JAPANESE REIKI TECHNIQUES

Included are the nine Reiki techniques Dr. Usui taught to his students, but have only recently become available in the West. Illustrated instruction.

HAYASHI HEALING GUIDE

This is a hand position guide for over 100 illnesses and conditions that was developed in Japan by Dr. Hayashi.

CLASS WORKBOOK STYLE

The Class Workbook is based on William's original teaching manual and is a great compliment to any Reiki I/II class. It is also revised and expanded and contains exactly the same information as the 6 x 9" book. Students and teachers will really enjoy this easy to use 8½" x 11" spiral bound manual that lays flat, when open.

CP451TM

\$18.95

**Used by over 3000 Reiki Masters
as their class workbook!**

TEACHER DISCOUNT

Reiki Teachers — order five or more copies of either version and receive a 30% discount on each manual — that is only \$13.27 each.

AVAILABLE IN BOOKSHELF STYLE

This book is also available in the bookshelf 6" x 9" reading format and has 254 pages. This version is a perfect addition to your library as well as a compact reference book for practicing Reiki. Both versions contain exactly the same information.

CP451

\$18.95

Reiki Books

What is Reiki, Who can Learn it?

Reiki is a Japanese technique for stress reduction and relaxation that also promotes healing. It is administered by "laying on hands" and is based on the idea that an unseen "life force energy" flows through us and is what causes us to be alive. If one's "life force energy" is low, then we are more likely to get sick or feel stress, and if it is high, we are more capable of being happy and healthy.

The word Reiki is made of two Japanese words - Rei which means "God's Wisdom or the Higher Power" and Ki which is "life force energy". So Reiki is actually "spiritually guided life force energy."

A treatment feels like a wonderful glowing radiance that flows through and around you. Reiki treats the whole person including body, emotions, mind and spirit creating many beneficial effects that include relaxation and feelings of peace, security and well-being. Many have reported miraculous results.

Reiki does not depend on one's intellectual capacity or spiritual development and therefore is available to everyone.

Reiki is a simple, natural and safe method of spiritual healing and self-improvement that everyone can use. It has been effective in helping virtually every known illness and malady and always creates a beneficial effect. It also works in conjunction with all other medical or therapeutic techniques to relieve side effects and promote recovery.

An amazingly simple technique to learn, the ability to use Reiki is not taught in the usual sense, but is transferred to the student during a Reiki class. This ability is passed on during an "attunement" given by a Reiki master and allows the student to tap into an unlimited supply of "life force energy" to improve one's health and enhance the quality of life.

Its use is not dependent on one's intellectual capacity or spiritual development and therefore is available to everyone. It has been successfully taught to thousands of people of all ages and backgrounds.

Reiki classes are taught all over the country and in many parts of the world. If you are interested in learning Reiki, please check the class schedule near the end of this newsletter and contact the teacher directly.

Questions to ask a Reiki Master about Reiki Training

- How long have you been working with Reiki? What training have you had? How often do you teach? How do you personally use Reiki? What is your lineage?
- Will this training initiate me into, or progress me within the Usui lineage?
- What qualifications are required to take Reiki Training?
- What do you cover in your classes? How many hours of class time is included? How much time is instructional, and how much is hands on practice?
- What are the specific things I will be able to do after taking the training?
- What are your fees, and will I receive a certificate and a manual?
- Can I take notes and tape record the class?
- How many symbols will I learn?
- Is there a Reiki support group in my area or can you help me establish one?
- Will you openly support me in being a successful Reiki practitioner or master?
- Do you have a positive respectful attitude toward other Reiki practitioners and masters, regardless of lineage or affiliation?

Be aware of how you feel about their answers and if they are responding in a loving manner that is supportive and empowering. Listen to your heart and you will be guided to the right teacher.

*Teach Only
Love*

Vision Publications: Product Order Form Spring 2001

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Exp. Date _____ Total \$ _____

Signature (required for credit card orders): _____

SAVE MONEY! Save 5% on all products ordered from our website www.reiki.org

REIKI AND MEDITATION TAPES

Product Description	Pg#	Item #	Price	Qty	Total
Spiritual Protection and Healing	9	CT104	17.95		
Spiritual Protection and Healing	9	CT104CD	17.95		
Meet Your Reiki Guides	7	CT102	13.00		
Heal the Cause	9	CT103	11.00		
Chanting Reiki Masters	7	CT105	15.00		
Reiki Meditation 1 & 2		CT106	13.00		
Healing Your Shadow Self, Zoom Meditation, Resume for Life	7	CT107	13.00		
The Reiki Class Tapes (3 tape set)	8	CT230	21.95		
The True History of Reiki	8	CT231	11.00		
Reiki NYC Symposium Tapes	8	CT100	21.95		
Mrs. Takata Talks About Reiki	8	CT101	11.00		
Reiki Healing Yourself (2 tape set)		OT220	24.50		
Japanese Reiki Techniques Video		JRTV	60.00		
Sacred Reiki Sites of Japan Video		SRSV	30.00		

REIKI CLOTHING

Product Description	Pg#	Item #	Price	Qty	Total
T-Shirt Kanji (Size: S M L XL)		CL801	17.00		
T-Shirt Kanji (Size: XXL)		801XX	19.00		
T-Shirt Logo (Size: S M L XL)		CL802	17.00		
T-Shirt Logo (Size: XXL)		802XX	19.00		

PRODUCT KITS

Product Description	Item #	Price	Qty	Total
Tapes (CT102, 103, 104, 105, 106, 107)	KCT1	70.00		
Instructional (CT230, CP451, HT702)	KIS2	45.95		
Pics (HT701, 703, CP511, CPNP, CPSP)	KPS3	7.50		
Posters (CP500, HT702, CP510, OP7004)	KPR4	64.00		

REIKI NEWS SUBSCRIPTION

Product Description	Item #	Price	Qty	Total
Reiki News Subscription 1 year	CP610	10.00		
Canada \$13US: Foreign \$17 US (SHIPPING INCLUDED)				

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PUBLICATIONS ON REIKI TRAINING

Product Description	Pg#	Item #	Price	Qty	Total
Reiki the Healing Touch I/II	12	CP451	18.95		
Reiki the Healing Touch I/II spiral		451TM	18.95		
Usui/Tibetan Master Manual*		CP411	13.00		
ART Manual**		CP410	11.00		
Karuna Master Manual*		RKRM	20.00		
Karuna Practitioner I*		RKRM1	14.00		
Karuna Practitioner II*		RKRM2	14.00		
Karuna Practitioner I&II*		RKRM1&2	18.00		
Reiki for a New Millennium	13	CP405	15.95		
Spirit of Reiki	6	CP406	19.95		NEW!
Spiritual Healing by Dr. Benor		CP400	28.00		
Spiritual Dev. in the New Age	13	CP402	11.00		
Reiki-Hawayo Takata's Story		OP603	13.00		
Reiki Fire		OP620	13.95		
Reiki, The Legacy of Dr. Usui		OP621	13.95		
Original Reiki Handb. of Dr. Usui		OP622	14.95		

*Master manuals for Reiki Masters only - please mail or fax a copy of your Master Certificate. ** ART manuals for those who have taken the class, fax or mail a copy of your certificate. ***Karuna manuals sold only to those registered. 30% discount on teaching manuals if you buy 5 or more.

INTERESTED IN REIKI TRAINING?

NEED HELP WITH TUITION?

Learn Reiki, help other people and earn tuition credits, or even FREE tuition! Help bring a Reiki class to your area.

FOR MORE INFORMATION ABOUT OUR CLASS SPONSORSHIP PROGRAM EMAIL CENTER@REIKI.ORG

Mail orders to: Vision Publications, 21421 Hilltop Street, #28, Southfield, MI 48034 or call or fax your order to us.

Phone: 1-800-332-8112 or 1-248-948-8112 Fax: 1-248-948-9534 Office Hours 9 to 5 Eastern Time

HEALING TOOLS & GIFT ITEMS

Product Description	Pg#	Item #	Price	Qty.	Total
Nag Champa Incense		HT315	2.50		
Smudge Stick - Medium		HT302	6.00		
Smudge Stick - Large		HT300	8.00		
White Mountain Sage 4 oz. bag		HT303	8.00		
Other:					
Other:					
Other:					

REIKI TABLES

Product Description	Pg# 5	Item #	Price	Qty.	Total
Reiki Table - Color: _____		RT200	357.00		
Deluxe Reiki Table		RT199	570.00		
Color: _____ Height: _____					
Reiki Table Wooden, Color: _____		RT200W	357.00		
Reiki Table Wooden Deluxe, Color: _____		RT200WP	462.00		

All items shipped UPS or US priority mail for P.O. boxes. **Next Day shipping is extra.** International orders are sent UPS Worldwide Express Air with 4 day service to most countries.

All orders are shipped within two business days, except for special orders and back orders.

Returns must be made within 30 days of purchase and must be accompanied by a Return Merchandise Authorization number. An RMA number is mandatory and is obtained by calling the Center and serves as permission for the return.

REIKI CLASS REGISTRATION FOR WILLIAM RAND'S CLASSES

Note: For classes with other Center Licensed teachers, contact the teacher directly. Their phone numbers and email addresses are listed in the class schedule and on www.reiki.org

Date/Location	Total	Deposit
Reiki I/II _____	350.00	100.00
Reiki ART _____	225.00	75.00
Reiki III/Master _____	650.00	200.00
Karuna Reiki® _____	875.00	275.00
Reiki Retreat Camp Ronora, MI	260.00	50.00

Please Note: Class prices may be higher outside the U.S.

Deposits on classes and retreats are non refundable but transferrable to future classes.

SAVE MONEY! Save 5% on all products ordered from our website www.reiki.org

HEALING ART PRINTS & POSTERS

Product Description	Pg#	Item #	Price	Qty	Total
Temple Great Beaming Light		CP500	25.00		SALE!
Reiki Hand Position Poster	4	HT702	13.00		
Reiki Beaming Postcard		HT703	.75		
Reiki Ideals Poster		CP510	7.00		
Takata's Clinic w/Light Beings		CP511	1.50		
South Pole WPCG postcard size		CPSP	.75		
Photo - World Peace Grid 3 x 5		CPNP	1.50		
Photo - World Peace Grid 8 x 10		CPNP8	11.00		
Photo's of Usui, Hayashi, Takata		HT701	6.00		
Large Dr. Usui photo 8" x 10"		HT705	11.00		
Larger Dr. Usui photo 11" x 14"		HT706	22.00		
Antahkarana Symbol (male)		OP700M	6.00		
Antahkarana Symbol (female)		OP700F	6.00		
Antahkarana Symbol (cross)		OP700C	6.00		
Antahkarana Symbol (multiple)		OP700S	6.00		
Set of all 4 Antahkarana Symbols		OP700-4	17.00		
Business card size (female)		HT704	.25		
Reiki Calligraphy		HTRC	75.00		SALE!!

TACHYON PRODUCTS

ORDER TACHYON PRODUCTS FROM OUR WEBSITE

www.tachyon-reiki.com

PAYMENT TOTALS

Subtotal Page 1	_____
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Your Purchases Are Helping Others!

We donate 10% of our pretax profit to help other nonprofit groups who are helping others.

Please see page 3 for details.

Karuna Reiki®

Karuna is a Sanskrit word used in Hinduism, Buddhism and Zen. It translates to mean any action taken to diminish the suffering of others and could also be translated as "compassionate action." When individuals experience enlightenment, they report that all beings are known as one. Therefore, it is natural to extend compassionate action or Karuna to everyone without distinction, as we are all one. As we help others and aid them in their healing process, all beings benefit. It is understood that Karuna is not only extended to others out of love, but also because it is an entirely logical thing to do. In the same way that you would want to heal your own wounds, you would want the wounds of others to heal. It's also stated in Buddhist literature that Karuna must be accompanied by prajna or wisdom to have the right effect.

Karuna is the motivating quality of all enlightened beings working to end suffering on Earth. They continually send unlimited amounts of healing energy and guidance to us, but not all are receptive to it. As you develop Karuna in yourself, you are helping others, and you will also become more receptive to the Karuna being sent by all enlightened beings. Thus your healing is quickened as well.

Karuna Reiki® opens you to work more closely with all enlightened beings, including those who are physically present and those in spirit.

This class is for anyone who has had Reiki Master training and worked at the Master Level for one year. It is complete with two levels, two attunements, four master symbols and eight treatment symbols. Most students find this system more powerful than Usui Reiki! The energy has a more definite feeling to it. It works on the emotional and spiritual levels and helps one become more grounded. Those who receive the attunements report experiences with their guides, angels, higher self, and feel the healing presence of other enlightened beings.

A brief description of the four Karuna I symbols is given here: 1) The first symbol prepares the client for deep healing and is useful with past life issues to release karma and deeply seated issues on the cellular level; 2) The second symbol heals deeply and can break up negative patterns we unconsciously use to insulate ourselves from the truth, thus shattering delusion and denial. It heals the shadow self; 3) The third symbol fills the person with love and restores balance; 4) The fourth symbol completes the treatment by bringing the client back into the body and grounding. The Karuna II symbols are of a higher vibration and are more powerful, helping to connect directly with the Higher Self. Specific purposes will be discussed in class.

Both levels of Karuna Reiki® and both attunements will be given along with instruction and practice on the use of all twelve symbols. You will be able to teach all four levels of Karuna Reiki®, two practitioner levels and two master levels. Lots of practice time is included for giving treatments, using the symbols and learning the attunement processes. We will also do a Reiki meditation to become aware of and heal the Shadow Self and use chanting and toning with Karuna Reiki®. Come network with other Reiki Masters from all over the country and often the world! This is an exciting workshop with lots of dedicated, high energy people.

A certificate and a 53 page manual is included with in-depth descriptions of each symbol and each attunement process. You may teach all levels of Karuna Reiki® after taking this class.

USING AND TEACHING KARUNA REIKI®

The symbols can be used just like other Reiki symbols when giving Reiki treatments. When teaching, you can teach all levels in one 3-day weekend as described above as long your students are already Reiki Masters.

If you prefer, Karuna Reiki® can be divided into four levels - two practitioner levels and two Master levels. In level one, teach the first four symbols from Karuna I, give the practitioner attunement and time to practice their use. In level two, teach the second four symbols from Karuna II, give the attunement and time to practice. If the person is already a Reiki Master, you can go on to level three by giving the Master attunement for Karuna I, show how to do the attunements for Karuna I, and practice doing the attunements. In level four, give the Karuna II Master attunement, show how to do the attunements for Karuna II, and then practice doing the attunements.

See pages 36-40 for dates and locations of upcoming classes. See page 38 for Karuna Reiki® Healing Retreat dates and information. See page 39 for information on our Karuna Reiki® registration Program.

KARUNA REIKI® TRADEMARKED

Karuna Reiki® was developed and named by The ICRT in early 1995. We chose to trademark the name of this new healing system to protect its consistency and quality. Anyone who uses this name has agreed to use the same symbols, attunements and class manual as used in our classes. If you have taken a Karuna Reiki® class and would like to use this name when teaching or practicing, please call the Center and request a registration form. There is no fee associated with obtaining a Karuna registration number and we encourage all Karuna practitioners and teachers to do so.

Reiki Training

Understanding the Levels of Reiki Training

REIKI I/II \$350

NEW!!

NOW including a review of the Hayashi Healing Guide AND Japanese Reiki Techniques; Gassho meditation, Byosen scanning, Kenyoku, Koki-ho, Jacki-Kiri-Joka-ho, Gyoshi-ho, and Enkaku chiryo

Reiki I/II are taught together during a weekend intensive. All attunements are given. All the information and techniques in the manual, Reiki the Healing Touch are covered including:

- Reiki hand positions
- Complete treatment for self and others
- Reiki II symbols and how to use them
- Using Reiki for specific conditions
- How to heal unwanted habits
- Distant healing, Scanning, and Beaming

The class is a combination of lecture, discussion and experience. Practice time is included for all the topics listed above, however, it is expected that you will practice once a week for several weeks after the class using your notes and class manual to complete your mastery. This additional practice is necessary to gain experience and the confidence you need to fully utilize the Reiki training.

A detailed class manual is included.

ADVANCED REIKI TRAINING (ART) \$225

This one-day intensive includes:

- The Usui Master attunement which strengthens your Reiki energy.
- The Usui Master symbol, which increases the effectiveness of the other symbols and can be used for healing.
- Reiki meditation to strengthen the mind & expand consciousness.
- Advanced techniques to achieve goals and resolve life lessons.
- Using Reiki to protect yourself and others
- The use of crystals & stones with Reiki, and how to make a Reiki grid to continuously send Reiki to yourself & others.
- Reiki psychic surgery to assist in removing negative psychic energy from yourself and others
- An exercise is taught for those planning to take the Reiki Master class.

A detailed 20 page class manual is included.

Note: You must take ART if you want to take Reiki III/Master. Classes are generally offered together as a three - day intensive.

REIKI MASTER \$650

This 2 day intensive includes:

- Complete Reiki III Usui/Tibetan Master attunement
- Instruction on giving all attunements, including Reiki Master.
- Complete Usui system and Usui/Tibetan system used by the Center
- The healing attunement, which heals and strengthens the effectiveness of Reiki treatments
- Two Tibetan symbols are taught, for a total of six symbols to assist in your Reiki healing work.
- Advanced Reiki Meditation that harmonizes the energy of the chakras.
- Values and spiritual orientation of a true Reiki Master.

Powerful healing experiences often take place during this class. Students practice giving attunements to each other, so each student receives many attunements. A 62 page class manual is included, which gives detailed steps for giving all attunements. While the content of this class will allow anyone to pass Reiki on to others and to teach, many take the class for their own use or to use with family and friends.

KARUNA REIKI® MASTER \$875

Karuna Reiki® is a three day intensive. It is an expression of the evolving nature of Reiki and was developed by The International Center for Reiki Training. After completing this class you will be a full Karuna Reiki® Master, able to teach all levels. This class includes:

- 4 level one symbols, 4 level two symbols, and 4 master symbols. Description of uses and discussion
- Two attunements
- Meditations for self-healing and removing blocks to our progress, utilizing the Karuna Reiki® symbols
- Instruction and practice in giving and receiving Karuna Reiki® treatments using all the symbols
- Instruction and practice in giving attunements for Karuna Reiki® Practitioner and Master levels
- Learn how to teach Karuna as a 4 level program, or a weekend intensive
- Chanting and toning with Karuna Reiki®.

A detailed 45 page class manual is included.

Note: You must have been a Reiki Master for at least 1 year to take Karuna Reiki® Master training.

ALL LEVEL KARUNA REIKI® MANUALS AND USUI REIKI MASTER MANUALS NOW AVAILABLE FOR PURCHASE TO REGISTERED MASTERS

Check the Order Form for details

Continuing Education Information

CE'S AVAILABLE FOR NURSES!

Due to the quality and consistency of our training and our high teaching standards, our Reiki I & II and ART / Master classes are approved by the American Holistic Nurses Association (AHNA) for Continuing Education or Contact Hours (CE's) for nurses (formerly called CEUs). This means that all nurses in every state are eligible to receive CE's for attending these classes taught by any of our Center Licensed Teachers. Credit hours are awarded as indicated below.

CEU'S AVAILABLE FOR MASSAGE THERAPISTS, BODY WORKERS AND ATHLETIC TRAINERS TOO!

We also hold CEU provider status for massage therapists and bodyworkers through The National Certification Board of Therapeutic Massage and Bodywork (NCBTMB). Our provider number is 051711-00 Category A. All members of NCBTMB can receive CEU's by taking our classes as indicated below.

BOTH ORGANIZATIONS AWARD CE'S/CEU'S AS FOLLOWS:

Reiki I	7 credit hours
Reiki II	7 credit hours
Reiki I/II	14 credit hours
Advanced Reiki Training	7 credit hours
Reiki III/Master	14 credit hours
ART/III/Master	21 credit hours

Note that we do not have CEs/CEUs for Karuna Reiki® training yet, but we should be able to offer this soon. Check with your state licensing boards to insure that AHNA and NCBTMB credits are accepted.

HOW TO GET CREDIT

To receive CE credit, please inform your Center Licensed Teacher when registering for class, and the necessary forms and paperwork will be prepared for you.



Our Center Licensed Teachers



Our Center Licensed Teachers have taken an advanced curriculum of study that takes at least one year to complete after they are a Reiki Master.

This includes taking all our classes, reviewing all our classes, taking a written examination, writing a paper and doing a minimum of 100 complete Reiki treatments, then co-teaching each class before teaching on their own. Licensed teachers are licensed to use our logo (as depicted on the back of this issue).

To maintain their license, each teacher must review classes at least once a year and turn in class reviews from each student in classes they teach. They agree to support the Center Philosophy and Purpose and the Reiki Ideals and to be working on their own personal healing. They also agree to abide by a code of ethics and minimum teaching standards.

These high standards allow our Licensed Teachers to provide quality Reiki training that is consistent and verifiable. Our Teachers have also helped us become qualified to offer CEs for nursing, and CEUs for massage therapy and athletic trainers to students who take our classes. In addition, our high standards provide the basis for our plans to interface with the medical community including working in hospitals and doctors offices.

If you are interested in participating in our Center Licensing program, please **email** center@reiki.org us to purchase the Center Licensing Guide Manual **or** mark it on the order form.

PLEASE NOTE:

Due to the level of interest in our program:

We can no longer accept questions about the Teacher Licensing program by telephone.

The Licensing Guidelines Manual very clearly details the program and the application process. The first step is to order a copy of these guidelines. Thank you for your understanding and cooperation.

Reiki Training

Directory of Reiki Master Teachers Licensed by the Center

Below is a listing of our Licensed Teachers. On the following pages you will find their class schedules. We have organized our classes by Reiki Level, then by State and then by date. When you find a class that you are interested in you will see the teacher's name listed also. You can then refer to this directory to obtain contact information for the teacher.

Please call the Reiki Master who is teaching the class directly to ask questions, obtain information or register for the class

A,B,C

Melford Bergland

Curacao, Netherland Antilles (Caribbean)
Phone (599-9)686333 Fax (599-9) 693275

Michelle Brennan

Email ReikiExchange@aol.com
1-831-455-0293 (PST) Facilitating classes in
CA, KY, OH, SC

Duff Cady

Email omchanter1@aol.com
1-317-786-9762 or 1-317-375-7871 (CST)
Facilitating classes in: FL, HI, IN, MO

D,E,F

Melinda DeBoer

Email goddess@reikifire.com
1-520-522-0326 (PST) Facilitating classes in:
AZ, CO, France, Italy, Australia

G,H,I

Laurelle Shanti Gaia

Email Laurelle@ReikiClasses.com
1-800-359-3424, 719-836-9385 (Mtn Time)
Facilitating classes in AZ, CA, CO, FL, HI, IA, IL, KY, MI, MO,
NC, SC, and Internationally

Ana & Carlos Gonzalez

Email center@nyreiki.com
1-516-742-4791 (EST) Facilitating classes in NY & Central
America

Mary Grace

Email maryyeshua@aol.com
1-651-415-9708 (CST) Facilitating classes in MN

Marita Greene

Email ReikiNevada@aol.com
1-702-454-1188 or 1-888-452-2250 (CST)
Facilitating classes in AZ, CA, FL, NC, TX

J,K,L

Kathie Lipinski

Email KBLip@aol.com
1-516-882-0169 (EST) Facilitating classes in KY, NJ, NY

Additional classes and locations are constantly added to our schedule, contact the teacher you would like to take a class from for up to date schedule information.

M,N,O

Laura McGlennon

Email Reikihalos@aol.com
0131 558 7879 Facilitating classes in the United Kingdom
i.e. England, Ireland, Scotland, Wales

Lee McGroty

Email reikix@flash.net
1-512-891-6430 or 512-301-0791 (CST)
Facilitating Classes in CA, HI, TX,

Jessica Miller

Email jess@spirit-games.com
1-626-963-3533 (PST) Facilitating classes in CA, NY, MA

P,Q,R

Janeice Pennington

Email janeice@gte.net
1-877-481-0881 1-360-403-0221
Facilitating classes in HI, WA

William Lee Rand

Email center@reiki.org
1-800-332-8112 1-248-948-8112
Facilitating Classes in MI and other parts of the U.S., UK,
Europe, S. America, India, and other parts of the world

S,T,U

Helen Sonobe

ReikiHawaii@hawaii.rr.com
808-485-0026 or 866-228-7299
Facilitating classes in HI

Beth Simmons Stapor

Email reiki@infoave.net
1-931-979-4178 or 1-931-528-8955 (CST)
Facilitating classes in CO, FL, GA, SC, TN, VA, UK,
Caribbean

V,W,X,Y,Z

Marv Witbeck

Email MewToo@aol.com
1-540-562-4075
Facilitating classes in NC and VA

CLASS TUITION

Reiki I & II 2-day	\$350 with \$100 deposit
Advanced Reiki Training 1 day	\$225 with \$75 deposit
Reiki Master 2-day	\$650 with \$200 deposit
Advanced/Reiki Master 3 day	\$875 with \$275 deposit
Karuna Reiki Practitioner 2 day	\$500 with \$150 deposit
Karuna Reiki Practitioner/ Master 3 day	\$875 with \$275 deposit

NOTE: *Intensives, training retreats and international classes for all levels are offered from time to time. Because the locations and accommodations vary the prices for these events vary as well. Please contact the teacher of each retreat to confirm any special pricing.*

Deposits are non-refundable, but are transferrable to future classes.

Reiki Class Schedules

We have organized our classes by Reiki Level, then by state and then by date. When you find a class that you are interested in you will see the teacher's name listed also. You can then refer to this directory to obtain contact information for the teacher.

REIKI I & II CLASSES

ALABAMA

Apr 28-29	Kathie Lipinski	Birmingham, AL
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ARIZONA

Aug 4-6	Melinda DeBoer	Sedona, AZ
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CALIFORNIA

Apr 7-8	Michelle Brennan	Sacramento, CA
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Apr 7-8	Jessica Miller	Pasadena, CA
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May 12-13	Laurelle Gaia	Lancaster, CA
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May 19-20	Michelle Brennan	Carmel, CA
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Jun 2-3	Jessica Miller	Pasadena, CA
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July 14-15	Jessica Miller	San Diego, CA
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COLORADO

Apr 7-8	Laurelle Gaia	Ft. Collins, CO
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Apr 21-22	Melinda Deboer	Boulder, CO
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Sept 15-16	Beth Simmons Stapor	Colorado Springs, CO
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FLORIDA

Contact Duff	Duff Cady	St. Petersburg, FL
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Jul 28-29	Laurelle Gaia	Naples, FL
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Aug 11-12	Beth Simmons Stapor	Tampa, FL
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HAWAII

Apr 6-7	Helen Sonobe	Hilo, HI
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Apr 28-29	Helen Sonobe	Honolulu, HI
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May 19-20	Helen Sonobe	Kauai, HI
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Jun 2-3	Lee McGroty	Kona, HI
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Jun 9-10	Helen Sonobe	Honolulu, HI
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Jun 30-Jul 1	Lee McGroty	Mauui, HI
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Jul 7-8	Helen Sonobe	Honolulu, HI
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Jul 14-15	Lee McGroty	Kona, HI
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Aug 18-19	Helen Sonobe	Mauui, HI
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INDIANA

Contact Duff	Duff Cady	Indianapolis, IN
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MASSACHUSETTS

Apr 28-29	Jessica Miller	Cape Cod, MA
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MICHIGAN

Aug 4-5	William Rand	Southfield, MI
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Nov 3-4	William Rand	Southfield, MI
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MINNESOTA

Apr 21-22	Mary Grace	St. Paul, MN
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Jun 2-3	Mary Grace	St. Paul, MN
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NORTH CAROLINA

May 19-20	Marv Witbeck	Asheville, NC
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NEVADA

May 5-6	Marita Greene	Las Vegas, NV
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NEW YORK

Aug 11-12	Ana & Carlos Gonzalez	New York, NY
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Apr 21-22	Ana & Carlos Gonzalez	New York, NY
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May 5-6	Ana & Carlos Gonzalez	New York, NY
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Jun 23-24	Ana & Carlos Gonzalez	New York, NY
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Jul 7-8	Ana & Carlos Gonzalez	New York, NY
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Sept 22-23	Kathie Lipinski	Glen Head, NY
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Sept 29-30	Kathie Lipinski	Albany, NY
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OHIO

Jun 2-3	Michelle Brennan	Cincinnati, OH
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SOUTH CAROLINA

Apr 28-29	Laurelle Gaia	Myrtle Beach, SC
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May 5-6	Michelle Brennan	Hilton Head, SC
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TENNESSEE

May 5-6	Beth Simmons Stapor	Cookeville, TN
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TEXAS

Apr 7-8	Lee McGroty	Austin, TX
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May 5-6	Lee McGroty	Austin, TX
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VIRGINIA

Apr 28-29	Beth Simmons Stapor	Richmond, VA
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July 7-8	Marv Witbeck	Roanoke, VA
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WASHINGTON STATE

Jun 16-17	Janeice Pennington	Seattle, WA
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INTERNATIONAL

Apr 20-22	Laura McGlennon	Edinburgh, Scotland
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Jun 22-24	Laura McGlennon	Edinburgh, Scotland
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Nov 10-11	Beth Simmons Stapor	London, England
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SPECIAL CLASSES

REIKI I & II - INTENSIVE

Oct 19-22	Helen Sonobe	Big Island, HI
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Reiki Training

ADVANCED - MASTER CLASSES

ARIZONA

Apr 6-9	Melinda DeBoer	Sedona, AZ
July 6-9	Melinda De Boer	Flagstaff, AZ
Aug 10-13	Melinda DeBoer	Sedona, AZ

CALIFORNIA

May 18-20	Laurelle Gaia	Lake Elsinore, CA
Jun 23-25	Jessica Miller	Pasadena, CA
July 6-8	Michelle Brennan	Berkeley, CA

COLORADO

Jun. 11-13	Laurelle Gaia	Loveland, CO
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DISTRICT OF COLUMBIA

Apr 27-29	Marv Witbeck	Washington, DC
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FLORIDA

Aug 3-5	Laurelle Gaia	Naples, FL
Aug 17-19	Beth Stapor	Tampa, FL

INDIANA

Contact Duff	Duff Cady	Indianapolis, IN
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IOWA

Sep 21-23	Laurelle Gaia	Iowa City, IA
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GEORGIA

Apr 6-8	Beth Simmons Stapor	Atlanta, GA
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HAWAII

Jun 8-10	Lee McGroty	Kona, HI
Jul 6-8	Lee McGroty	Kauai, HI
Jul 20-22	Lee McGroty	Maui, HI
Aug 3-5	Lee McGroty	Kona, HI

MICHIGAN

Aug 10-12	William Rand	Southfield, MI
Sep 4-6	William Rand	Camp Ronora, MI
Nov 9-11	William Rand	Southfield, MI

MINNESOTA

Apr 27-29	Mary Grace	St. Paul, MN
Jun 9-11	Mary Grace	St. Paul, MN

MISSOURI

May 4-6	William Rand	Kansas City, MO
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NEVADA

Apr 20-22	Marita Greene	Las Vegas, NV
Apr 20-22	Lee McGroty	Las Vegas, NV

NEW YORK

Apr 27-29	William Rand	New York Queens, NY
Apr 27-29	Ana & Carlos Gonzalez	New York, NY
May 18-20	Ana & Carlos Gonzalez	New York, NY
Jun 29-Jul 1	Ana & Carlos Gonzalez	New York, NY
Jul 13-15	Ana & Carlos Gonzalez	New York, NY
Aug 17-19	Ana & Carlos Gonzalez	New York, NY
Sep 21-23	William Rand	Queens, NY
Nov 30-Dec 2	Kathie Lipinski	Glen Head, NY

OHIO

Aug 3-5	Kathie Lipinski	Cleveland, OH
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TEXAS

May 11-13	Lee McGroty	Austin, TX
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WASHINGTON STATE

May 11-13	Janeice Pennington	Seattle, WA
Aug 24-26	Janeice Pennington	Seattle, WA

INTERNATIONAL

May 5-7	Melinda DeBoer	Sydney, Australia
Jun 1-3	William Rand	Glastonbury/Stonehenge, UK
Nov 16-18	Beth Simmons Stapor	London, England

SPECIAL CLASSES

ART/MASTER INTENSIVE

Sep 14-17	Melinda DeBoer	Grand Canyon, AZ
Sep 28 - Oct 01	Melinda DeBoer	Loveland, CO

Class Review Fee Policy

Students who have taken all levels of their Reiki training from a Center Licensed Teacher may review classes with any Center Licensed Teacher for the following fees:

- Reiki I - \$75
- Reiki II - \$75
- Reiki I & II - \$100
- Advanced Reiki - \$100
- Advanced/Reiki Master - \$300
- Karuna Reiki Practitioner I - \$75
- Karuna Reiki Practitioner II - \$75
- Karuna Reiki® Practitioner I & II - \$150
- Karuna Reiki® Master - \$300

See page 10 for MORE special classes and retreats!!!

KARUNA REIKI® MASTER CLASSES

ARIZONA

July 13-16	Melinda DeBoer	Flagstaff, AZ
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CALIFORNIA

Apr 14-16	Jessica Miller	Pasadena, CA
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July 27-29	Michelle Brennan	Carmel, CA
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COLORADO

Jun 11-13	Melinda DeBoer	Loveland, CO
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Jun 11-13	Jessica Miller	Loveland, CO
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Jun 29-Jul 1	Laurelle Gaia	Colorado Springs, CO
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CONNECTICUT

Jun 1-3	Kathie Lipinski	New Haven, CT
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DELAWARE

Aug. 25-27	Laurelle Gaia	Bear, DE
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HAWAII

Jun 15-17	Lee McGroty	Kona, HI
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Jul 27-29	Lee McGroty	Hilo, HI
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MICHIGAN

Aug 17-19	William Rand	Southfield, MI
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Nov 16-18	William Rand	Southfield, MI
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MINNESOTA

May 18-20	Mary Grace	St. Paul, MN
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MISSOURI

Apr. 20-22	Laurelle Gaia	St. Louis, MO
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May 11-13	William Rand	Kansas City, MO
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NEW YORK

May 25-27	Ana & Carlos Gonzalez	New York, NY
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Jul 27-29	Ana & Carlos Gonzalez	New York, NY
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Sep 28-30	William Rand	Queens, NY
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Oct 26-28	Kathie Lipinski	Glen Head, NY
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TEXAS

Apr 27-29	Lee McGroty	Austin, TX
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WASHINGTON

Apr 20-22	Janeice Pennington	Seattle, WA
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Jun 29-Jul 1	Janeice Pennington	Seattle, WA
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INTERNATIONAL

Jun 8-10	William Rand	Glastonbury/Stonehenge, UK
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May 11-13	Melinda DeBoer	Sydney, Australia
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SPECIAL CLASSES

KARUNA REIKI MASTER INTENSIVE TRAINING RETREATS

Sep 21-24	Melinda DeBoer	Grand Canyon, AZ
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Celebrate Reiki at the Annual Labor Day Reiki Retreat

by Kristin Evans

This Labor Day weekend promises to be the most wonderful Reiki Retreat yet, as preparations are already underway to bring together the best of Reiki and rustic camping in Watervliet, Michigan August 31 through September 3, 2001. Join us at beautiful Camp Ronora (www.ronora.com) for three nights and four days filled with lots of informative workshops, activities and Reiki exchanges to help you connect to the legacy of Dr. Usui while enjoying some time away from the hustle and bustle of urban life- what a great way to end the summer!

No phone, no fax, no email- just Reiki relaxation in rural Michigan, where natural surroundings help ease your mind and allow you to focus on the Universal Life Force energy that unites Reiki people from all over the world during the Retreat. Look forward to spare time spent boating and swimming in pristine Lake Sherwood, hiking around Ronora's 300 acre nature conservancy, or perhaps playing a leisurely game of tennis. Grace in the Woods offers a peaceful meditation lodge overlooking a hillside forest bordering the lake, while the numerous fireplaces and campfire circles are ideal for relaxing to contemplate the power of the energy. A highlight of the Retreat is the delicious gourmet vegetarian and semi-vegetarian meals prepared by holistic chef and Karuna Reiki® Master Laura Ziemba. We'll even do the dishes!

Ronora's modest camping facilities feature several lodges and dormitories perfect for bunking with Reiki buddies old and new, who travel from all over the globe to spend time with other practitioners and teachers. The cabins' country charm will take you back to a simpler time, lacking the stress of modern day "conveniences" like crashing computers! For those wanting more modern accommodations, there are a few private and semi-private rooms available, and several hotels nearby. There's also plenty of space for camping, if you'd like to bring your tent and rough it for the weekend. No matter where you sleep, you'll enjoy the chance to commune with nature and soak up the rich energy of the Camp- from the organic help-yourself garden to the Native American Sacred Circle, there are limitless possibilities to "Just BE."

Space for the Retreat is limited, and always fills up well in advance, so reserve your space today by emailing center@reiki.org. The cost including the retreat, lodging, food, and all activities starts at only \$260 with a \$50 deposit.

Check out our Reiki Retreat Bulletin Board on www.reiki.org. You can use it to get in touch with others attending the retreat- arrange to share transportation, schedule activities or just get to know your future bunk mates!

Reiki Training

Class Schedule

WILLIAM LEE RAND Email Center@reiki.org

1-800-332-8112 or 1-248-948-8112

Facilitating classes in: MI, and other parts of US, UK, Europe, South America, India and other parts of the world..

Reiki I & II	Aug 4-5	Southfield, MI
	Nov 3-4	Southfield, MI
ART/Master	Apr 27-29	New York(Queens), NY
	May 4-6	Kansas City, MO
	Jun 1-3	Glastonbury/Stonehenge, UK
	Aug 10-12	Southfield, MI
	Sep 4-6	Camp Ronora, MI
	Sep 21-23	Queens, NY
Karuna Reiki® Master	Nov 9-11	Southfield, MI
	May 11-13	Kansas City, MO
	Jun 8-10	Glastonbury/Stonehenge, UK
	Aug 17-19	Southfield, MI
	Sep 28-30	Queens, NY
	Nov 16-18	Southfield, MI



May all who read these words be healed.

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US \$10 Canada \$13 US funds
Foreign \$17 US funds

Visit our Reiki in Hospitals web site at www.srpt.org

Save 5% on all product orders by ordering from our website www.reiki.org

1-800-332-8112 or 1-248-948-8112
fax 1-248-948-9534,
email center@reiki.org



More Schedules Inside

We have reformatted our class schedules to help you find classes that are convenient for you, as well as our special classes offered in exotic locations.

Pages 10, 11, 23 - Retreats & Special Events

Page 20 Licensed Teacher Directory

Pages 21-24 - Class Listings by State

Don't miss these exciting Reiki Events:

Western Reiki Conference - June 7-10

Sunrise Ranch - Loveland Colorado

SEE pages 10-11 for details

Annual Reiki Retreat - Aug. 31-Sep. 2

Camp Ronora, Michigan Labor Day Weekend

SEE pages 10 & 23 for details

QUESTIONS ABOUT CLASSES ? . . .

*If you have questions about or are interested in taking a class, **PLEASE CONTACT THE TEACHER DIRECTLY** (See the directory on page 20) Class schedules may not be complete. Additional classes and locations may have been added to our teacher's schedules. Many of our teachers accept sponsorships in other areas of the U.S. and internationally.*

Visit our 300 page website

Tune in for Reiki information, class schedule updates, to share Reiki energy, and more!

Click Here to go to www.reiki.org

The Center for Spiritual Development
International Center for Reiki Training
21421 Hilltop#28
Southfield, MI 48034

To Go To Reiki Classes At Our

WebSite

Click Here

Reiki for a New Millennium

by William Lee Rand

We are experiencing the changing of the ages and this has more meaning than just a number on the calendar. Great change is taking place in the world. We are in the middle of a global transformation that is affecting every aspect of life. This process is creating fear and uncertainty for some; but for others, it presents a wonderful opportunity. The world as we have known it is dying, and a new one is emerging. Those who are able to let go of the old ways will enjoy the process and will be able to contribute to the greatest experience the world has ever known -- the birth of a new age. As part of this process ancient knowledge is rising to the surface to assist us. Reiki is a technique that can foster the qualities in us necessary to make the transition easily and create the unity and love that will be the essence of the new millennium.

WILLIAM'S LATEST BOOK!

This book addresses a wide range of topics that explain Reiki and show how it can help usher in the new millennium. Much of the material in this book first appeared in the *Reiki News*.

CP405 190 pages

\$15.95

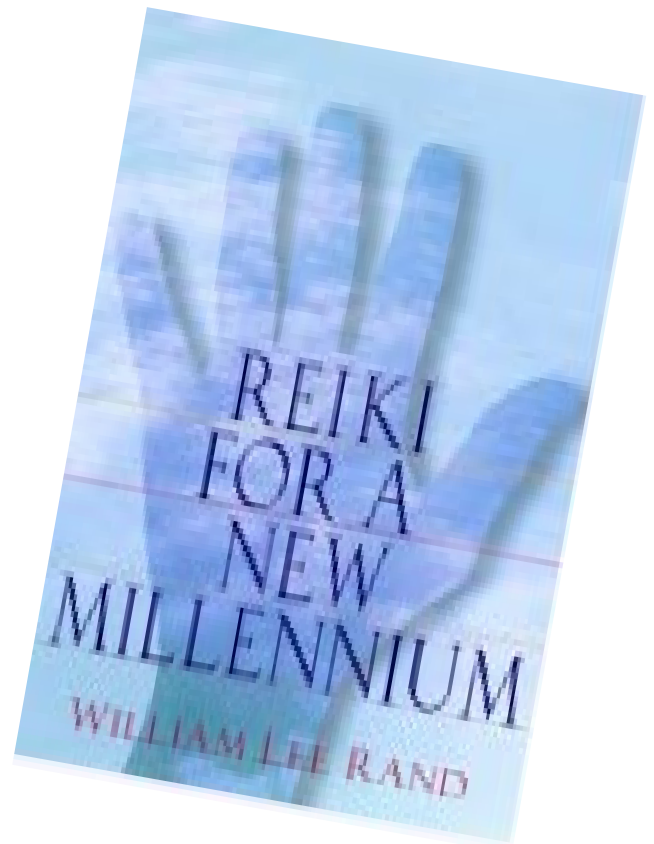
Spiritual Development in the New Age

This is an anthology of 26 metaphysical articles written by William Lee Rand. The articles focus on the many healing techniques available and the expanding awareness about spiritual and metaphysical possibilities that are presenting themselves as we enter a new millennium. Some of the titles: Four Steps to Spiritual Growth, Contacting a Guide, Wisdom from Past Lives, The Bible and Reincarnation, Spiritual Protection, The Hawaiian Kahunas, What is happening to our Prophecies of Doom?, Will California Sink into the Ocean?, Survive and Prosper into the New Age, Theory Versus Experience, Healing the Shadow Self, Discovering Your Purpose, and Conscious Eating Can Heal the Planet.

Spiritual Development in the New Age by William Lee Rand

CP402

\$11.00



Interested in Our Reiki Classes? Communicate with our Licensed Teachers Personally

We are happy to announce that we are now publishing the email addresses and phone numbers for all our Licensed Teachers in *Reiki News* and on our website! We are doing this so that students who have questions about classes, or about Reiki can speak directly with an experienced, knowledgeable Reiki Master teacher, or communicate with them via email. You will find the contact information for our teachers listed under their name in the schedules listed on pages 36-40. Please call the teachers directly with questions or to register for their classes. You will still contact the Center for information about William Rand's classes. *Please note that the teachers are constantly adding classes to their schedules, so feel free to call the teachers to receive an up to date schedule, or to discuss sponsoring a class.*

SAVE MONEY! Save 5% on all products ordered from our website www.reiki.org

“Helping you accomplish your divine purpose on Earth”