

# Holy Fire Karuna Reiki® Master Class Outline

## Day One

1. Registration.
2. Smudging or another form of energy clearing.
3. Send Reiki to 4 directions sky and ground and all around the class room.
4. Get a hug from each person and welcome each to the class.
5. Introductions.
6. Explain our definition of Soul and Spirit, the Three Heavens and Letting Go of Guides.
7. Explain the unique way in which the Holy Fire Experiences and Ignitions are done.
8. Ocean of Holy Love intro. Explain what it is and what generally can happen.
9. Ocean of Holy Love Experience. Have students write experiences and share.
10. Break.
11. Brief history of Reiki including the idea that Reiki has evolved with Usui, Hayashi and Takata and there is no limit to the quantity and quality of Reiki that is possible for us to channel.
12. Explain Holy Fire Karuna Reiki® including origin. Explain Holy Fire Reiki and spiritual guidance.
13. Explain about how the pre-ignition releases the Tibetan symbols and violet breath so they can be replaced with the Holy Fire symbol/energy.
14. Lunch.
15. Explain that the class is both a practitioner and master class and that the master ignitions both initiate the student as a Karuna Master with the ability to teach and give ignitions and attunes the student to each of the practitioner symbols for use in sessions. Because of this, only ignitions are given to the student by the teacher in this class.
16. Explain how they will need to begin teaching all their classes as Holy Fire classes including I&II, ART/Master and Karuna and that the Holy Fire attunements for Usui/Holy Fire I&II & ART will be demoed and practiced in class.
17. Do the pre-ignition with integration time, sharing etc.
18. Break.
19. Tell students about the Holy Fire symbol and energy.
20. Show them now to draw the symbol. Have them practice drawing it if they haven't already memorized it.
21. Talk about each of the Karuna I symbols, how to draw them and what they are used for and go over them thoroughly.
22. Test on the Holy Fire symbol and the Karuna I symbols.
23. Break.
24. Talk about the Karuna II symbols, how to draw them and what they are used for and go over them thoroughly.
25. Test on the Karuna II symbols.
26. Ending prayer or affirmation. Hugs.

## **Day Two**

1. Smudging or other energy clearing process, energy sent around the room, hugs.
2. Ask students to share how they are experiencing the class and if they have any questions or comments.
3. Holy Love Experience. Write down experiences and sharing.
4. Break.
5. Talk about the trademark for Karuna Reiki® and why it was developed. Go over registration process and how it works including the certificates.
6. Lunch.
7. Holy Fire Karuna I master ignition. Write experiences and share.
8. Break.
9. Practice using the Karuna I symbols starting with the Holy Fire symbol and using each of the 4 Karuna I practitioner symbols. 3-4 students at each table. Practice each symbol for 7 minutes. After each student is done, have the client share with their group what each symbol felt like. Have each person in the group share what it was like to use the energy.
10. Explain Holy Fire Meditation and practice if you have time.
11. End class with prayer, affirmation or hugs.

## **Day Three**

1. Smudging or other energy clearing process, energy sent around the room, hugs.
2. Ask students to share how they are experiencing the class and if they have any questions or comments.
3. Holy Fire Karuna II master ignition, write experiences, share.
4. Break.
5. Demo and practice Usui/Holy Fire I, II and ART attunements.
6. Lunch.
7. Holy Fire Karuna Healing Fire ignition, write experiences, share.
8. Break.
9. Practice Holy Fire and Karuna II symbols same as step #9 from previous day. Decide on the time used for each symbol based on the remaining class time.
10. Break.
11. Chanting and toning.
12. If you have time, have students break up into groups of 2 and have 1 person guide the other through the beginning guided meditation section of an ignition with only a short silent period and then bringing the person back. This process could be done with one of the Experiences also. This may not be necessary so ask the students if they feel they need to practice it.
13. Go over class outline. Talk about teaching. How the energy more strongly guides the class and does the ignitions without the teacher having to physically interact with the students.
14. Explain the importance of releasing negative spirits and the Holy Fire Spirit Release method.

15. Cover anything remaining to be covered and ask for final questions.
16. Pass out class review.
17. Graduation, pass out certificates.
18. Final prayer/affirmation.
19. Hugs.

Note: This outline has been revised from the previous one. The Holy Love experience has been moved to the second day and replaced with the Ocean of Holy Love. If you have not experienced the Ocean of Holy Love, please read the instructions carefully and meditate on it's value before presenting it to your class. The Heavenly Banquet Hall has been removed from the outline but can be done as an additional experience if you have time or presented at a Reiki talk or Share Group or used as a Reiki session as can any of the Experiences.