

Holy Fire II Karuna Reiki® Master Class Outline

Day One

1. Registration.
2. Smudging or another form of energy clearing.
3. Send Reiki to 4 directions sky and ground and all around the class room.
4. Get a hug from each person and welcome each to the class.
5. Introductions.
6. Explain our definition of Soul and Spirit, the Three Heavens and Letting Go of Guides.
7. Explain the unique way that Holy Fire II Experiences, Placements and Ignitions are done. Explain that after this class students will no longer give attunements but will give Placements instead. Placement are for Reiki I&II and ART and provide a stronger more effective healing energy for the student and also open students to higher consciousness and also activate the symbols.
8. Healing in the River of Life intro. Explain how it works; removes attunement energies and replaces them with the Placement energies so teachers can give Placements for I&II and ART.
9. Healing in the River of Life Experience, have students write experiences and share.
10. Break.
11. Brief history of Reiki including the idea that Reiki has evolved with Usui, Hayashi and Takata and there is no limit to the quantity and quality of Reiki that is possible for us to channel.
12. Explain Holy Fire II Karuna Reiki® including origin. Explain Holy Fire II Reiki and spiritual guidance.
13. Explain about how the Pre-Ignition releases the Tibetan symbols and violet breath so they can be replaced with the Holy Fire symbol/energy.
14. Lunch.
15. Explain that the class is both a practitioner and master class and that the master ignitions both initiate the student as a Karuna Master with the ability to teach and give Ignitions and attunes the student to each of the practitioner symbols for use in sessions. Because of this, only Ignitions are given to the student by the teacher in this class.
16. Explain how they will need to begin teaching all their classes as Holy Fire classes including I&II, ART/Master and Karuna and that the Holy Fire Placements for Usui/Holy Fire I&II & ART will be explained in class.
17. Explain how the Placements work and that students will no longer be able to give attunements.
18. Do the Pre-Ignition with integration time, sharing etc.
19. Break.
20. Tell students about the Holy Fire symbol and energy.
21. Show them now to draw the symbol. Have them practice drawing it if they haven't already memorized it.
22. Talk about each of the Karuna I symbols, how to draw them and what they are used for and go over them thoroughly.
23. Test on the Holy Fire symbol and the Karuna I symbols.
24. Break.
25. Talk about the Karuna II symbols, how to draw them and what they are used for and go over them thoroughly.
26. Test on the Karuna II symbols.
27. Ending prayer or affirmation. Hugs.

Day Two

1. Smudging or other energy clearing process, energy sent around the room, hugs.
2. Ask students to share how they are experiencing the class and if they have any questions or comments.
3. Ocean of Holy Love Experience.
4. Break.
5. Talk about the trademark for Holy Fire II Karuna Reiki® and why it was developed. Go over registration process and how it works including the certificates.
6. Lunch.
7. Holy Fire II Karuna I master Ignition. Write experiences and share.
8. Break.
9. Practice using the Holy Fire and Karuna I symbols starting with the Holy Fire symbol and using each of the 4 Karuna I practitioner symbols. 3-4 students at each table. Practice each symbol for 7 minutes. After each student is done, have the client share with their group what each symbol felt like. Have each person in the group share what it was like to use the energy.
10. Experiences, Placements and Ignitions – go over the outlines, discuss, explain how to do them. Practice is usually not needed.
11. Explain Holy Fire II Meditation and practice if you have time.
12. End class with prayer, affirmation or hugs.

Day Three

1. Smudging or other energy clearing process, energy sent around the room, hugs.
2. Ask students to share how they are experiencing the class and if they have any questions or comments.
3. Holy Fire Karuna II Master Ignition, write experiences, share.
4. Lunch.
5. Holy Fire II Karuna Healing Fire Ignition, write experiences, share.
6. Break.
7. Practice Holy Fire and Karuna II symbols same as step #9 from previous day. Decide on the time used for each symbol based on the remaining class time. You could also combine this step with Chanting done as the last part with each client on the table rather than present it separately in #9. If you do this, use step #9 to explain the difference between Chanting and Toning.
8. Break.
9. Chanting and toning. You can practice chanting and simply demo toning.
10. Explain religious trauma and how Holy Fire Reiki can heal it.
11. Go over class outlines for all classes. Talk about teaching. How the energy more strongly guides the class and does the Experiences, Placements, and Ignitions without the teacher having to physically interact with the students.
12. Explain the importance of releasing negative spirits and explain the Healing Spirit Attachment process. Conduct this exercise for the whole class if you have time.
13. Cover anything remaining to be covered and ask for final questions.
14. Pass out class review/CE forms.
15. Graduation, pass out certificates.
16. Final prayer/affirmation.
17. Hugs.

