

The Reiki News

Autumn 2001



Reiki and the Shadow Self

by William Lee Rand

We create our own reality. This phrase is frequently repeated in the healing community, and many accept it as true. And it is easy for us to accept that when we make plans and carry them out, that we are creating our own reality. Or when positive things happen, it can be a boost to our self-esteem to accept credit for causing them, even when they seem like nothing more than good fortune.

But when calamity strikes, how many of us take credit for our misfortune. Frequently, when something negative happens to us, resentment, anger and fear begin to take over making it difficult to avoid blaming others or to blame circumstances that are seemingly beyond our control. By following this path, we sometimes gain sympathy from others, and validate our feelings of self-pity, which is a reward of sorts. And when confronted with the possibility that we have created our problems, our response is to state that we would never choose to create something so negative for ourselves. In this way, people often try to rationalize the idea that there must be some exceptions to the concept that we create our own reality, but as many have found, this is simply a way of giving up our power and remaining stuck in the illusion of helplessness.

It is possible to take personal responsibility for our unwanted experiences in such a way that we take back the power to create our lives in a healthier and more fulfilling way. The mystery of personal responsibility for all our experience begins to clear up when we begin to understand that who we are is much more than what

happens in our conscious mind. We have a deeper side to our identity that most know very little about and for the most part are completely unaware. This deeper side is often called the unconscious mind. Many psychological processes take place within the unconscious that have a powerful effect on our lives. By gaining a better understanding of it, we will be better able to deal with our experiences of powerlessness and transform them into a life of greater freedom and accomplishment and in so doing, become the person we are meant to be.

As stated above, it is not just the conscious mind that is creating our reality, but our unconscious mind as well. The unconscious mind has a powerful influence on our decisions, our communication with others and especially on our body language. It also expresses directly through our energy field and by working in combination with the previously mentioned influences has a major effect on our total life experience. The unconscious mind can have both healthy and unhealthy aspects and it is the unhealthy aspects that are often called the Shadow Self. By working through the power of the unconscious mind, the Shadow Self is responsible for creating our unwanted experiences. Therefore, the only meaningful way to prevent unwanted experiences from taking place is by getting to know the Shadow Self and then to help it heal.

(continued on page 5)



Published by The International Center for Reiki Training and Vision Publications
Toll-free 1-800-332-8112 or 248-948-8112





About the Center

Our Philosophy

- Honesty and clarity in one's thinking.
- The willingness to recognize prejudice in oneself and replace it with truth and love.
- Compassion for those who have decided not to do this.
- Speaking the truth without judgment or blame.
- Respect for the right of others to form their own values and beliefs.
- Placing greater value on learning from experience and inner guidance than on the teachings of an authority.
- Basing the value of a theory or technique on the verifiable results it helps one achieve.
- Being open to results rather than attached to them.
- Taking personal responsibility for one's situation in life.
- Assuming that one has the resources or the ability to develop them in order to solve any problem encountered.
- Using negative *and* positive experiences to heal & grow.
- Trusting completely in the Higher Power regardless of the name one chooses to call it.
- The complete expression of Love as the highest goal.

Our Location

The Center is located on two peaceful acres with many trees. We have a large classroom with a fireplace, a treatment room, a hot tub, and an office. We are located one half hour from the Detroit Metro airport in Southfield, Michigan. Our offices are at a different location.



Reiki News is published quarterly by *Vision Publications* and *The International Center for Reiki Training*

21421 Hilltop #28, Southfield, Michigan 48034

Phone (800) 332-8112 or (248) 948-8112

Fax (248) 948-9534

E-mail: center@reiki.org • Web page: www.reiki.org

Editor In Chief: *William Lee Rand* • Editor: *Laurelle Shanti Gaia*

Circulation 60,000 • © Copyright 2001, Vision Publications



We use soy-based inks and print on recycled paper because we love our Earth!



Our Purpose

- To establish and maintain standards for teaching Reiki.
- To certify students and teachers.
- To create instruction manuals for use in Reiki classes.
- To encourage the establishment of Reiki support groups where people can give and receive Reiki treatments.
- To encourage students to become successful Reiki teachers if they are guided to do so.
- To research new information about Reiki and to develop new techniques to improve its use.
- To openly acknowledge the value provided by all Reiki practitioners and teachers regardless of their lineage or affiliation.
- To promote the friendly cooperation between all Reiki practitioners and teachers toward the goal of healing ourselves and planet Earth through the use of Reiki.

William Lee Rand

William Lee Rand, founder of the International Center for Reiki Training, and author of *Reiki, The Healing Touch*, *Reiki for a New Millennium*, and *The Spirit of Reiki* (along with Arjava Petter, and Walter Lübeck) is a Reiki Master of the Usui lineage and developer of *Karuna Reiki*®. He has 25 years experience in metaphysics, healing work and was initiated into Reiki on the Big Island of Hawaii in 1981. He is the author of over forty articles on Reiki, is editor of the *Reiki News*, and teaches Reiki classes worldwide.



Our Center

Licensed Teachers

Our Center Licensed Teachers are an important ingredient in the success of the International Center for Reiki Training. Each of our teachers has completed an advanced course of study designed especially for Reiki Masters who wish to dedicate themselves to teaching and practicing Reiki on a professional level. Some of our teachers operate healing centers, all maintain an active Reiki practice, and are committed to empowering others through Reiki. For more about our licensing program requirements see page 35.

About This Free Issue

Thanks for downloading this FREE copy of the Reiki News!

I am glad you were able to get a copy instantly and I hope you enjoy my article, ***Working With Japanese and Western Reiki***. Also, I want you to know that this FREE download is actually the small issue of the Reiki News. The BIG 40 page hardcopy has many more articles in it. Here is a list of the articles it contains that are missing from this issue.

Additional Articles in the 40 Page Hardcopy Issue

What I Believe About Reiki
Reiki and Meditation
Reiki Jesus & Eleanor's Healing
New Reiki Video
Karuna Reiki®
Comments from Students about Karuna Reiki

Subscribe Now!

To Subscribe to the 40 page Hardcopy Issue of the Reiki News

Just Click Here

You many have to click Yes on the pop up window also

Also, if you liked the article ***Reiki and the Shadow Self***, there are lots of other articles on our website that you might find interesting. To go directly to the web page where these article are located on our web site,

Just Click Here

You many have to click Yes on the pop up window also



About the Center

Table of Contents

Reiki and the Shadow Self	1
About the Center	2
William Lee Rand	2
Our Center Licensed Teachers	2
Visit our Website	4
ICRT Ethical Standards	6
Prerequisites for Training	6
ICRT Licensed Teachers	8
Reiki Conference	9
Reiki Heals After Suicide	9
Reiki Retreats & Special Classes	11
Reiki Calligraphy Artwork	
<i>SPECIAL SALE</i>	15
Continuing Education CEs and CEUs	12
What is Reiki, Who can Learn It?	19
Questions to ask a Reiki Master	19
Understanding the Levels of	
Reiki Training	20
Directory of Licensed Teachers	21
Class Schedule.....	22-25
NEW BOOKS!	
The Spirit of Reiki	21
Spiritual Healing	22
The Book on Karuna Reiki	25

- **Reiki I & II Classes with JRTs
- What I Believe About Reiki
- Reiki and Meditation
- Reiki Jesus & Eleanor's Healing
- New Reiki Video
- Karuna Reiki®
- Comments from Students about Karuna Reiki

**The articles without page numbers are in our 40 page copy of Reiki News. To obtain a copy, please call 800-332-8112 or visit www.reiki.org

Visit our Website

We have recently upgraded and redesigned our web site. It now has streaming audio, a bulletin board and contains 300 pages with over 100 Reiki articles! We have an electronic newsletter and you can also fill out a Reiki Healing Request form and our staff will send you Reiki five days a week! **SAVE MONEY! Save 5% on all product orders completed on our website**

www.reiki.org

* Karuna Reiki® is the registered trademark of The International Center for Reiki Training

Get the 40 page issue of Reiki News!

This is the free, small version of Reiki News. Our BIG issue has 40 pages and many informative articles. Call us today to subscribe...don't miss any of our exciting issues.

Subscription Prices are:
USA \$10.00 Canada \$13.00 Foreign \$17.00



Spiral Tiger at Mt. Kurama Temple

Your Purchases Are Helping Others!

We love the earth and all the people who live here. Because of this, we donate 10% of our pre-tax profit to environmentally and socially responsible organizations. We are happy to be able to help the world be a better place and to do our part to diminish suffering. Our goal is to create the world as a place where love is the guiding principle. We would like to thank you for your orders and the classes you are taking through us. In addition to the value you receive from the use of our products and classes, you make these donations possible.

Your purchases are supporting 12 disadvantaged children in this country and other countries around the world by donations to "Save the Children". You are also supporting a shelter for abused women and children called "My Sisters' Place". Through "The National Arbor Day Foundation", you are helping preserve 41 acres of rain forest in Central America, and through the "Tibetan Lama Fund", you are supporting 35 Tibetan Buddhist monks at Ling Khangtsen monastery in Southern India.

Thank you for your support.

Sincerely,

(continued from page 1)

One important insight is that the Shadow Self is actually created by the way we deal with our unwanted feelings and thoughts.

In our society and especially when we are growing up, if we express feelings such as anger or jealousy, or other socially unacceptable behavior, we are often told by our parents to “stop it” or “don’t do that” which is a message to take our feelings and shove them inside. At first we may not do this well, but with repeated commands from our parents each time we experience these feelings, soon we develop skill at shoving our unwanted feelings inside. Eventually, we learn to do this automatically and the process becomes unconscious. We don’t even know we are doing it.

These unwanted feelings don’t simply go away, but accumulate in the unconscious mind, still very much alive and often even more angry and resentful for having been rejected in such an uncaring way. These Shadow Self feelings take on an identity of their own, retain a great deal of energy and are intent on expressing themselves. Because the Shadow Self is in the unconscious mind, we are unaware of it and the influence it is having on our lives. It is through this process that the Shadow Self is empowered and motivated to create difficulties in our lives.

So, if we want to get to know our Shadow Self, all we need to do is look at the condition of our life. Unwanted experiences are actually a reflection of our own Shadow Self. This means that if there is someone in your personal life that you have strong negative feelings about and wish would go away, it is your Shadow Self that has attracted them to you and caused you to feel the way you do toward them. And in fact, it is likely that the characteristics of this unwanted person that you dislike the most are characteristics of your Shadow Self. In other words, you have these same or similar traits within you. This is sometimes a difficult thing to accept at first, but if you can, it becomes possible to stop yourself from directing your negative feelings toward the outer person, and turn your attention inwardly to consider your inner state and search for any aspects within that may have the same feelings or characteristics you dislike so much in the other person. This about face in your behavior requires humility, but the effort is worth it. It is a step in the direction of healing and of changing not just your inner world, but your outer world as well.

Once you begin to do this, a process of inner discovery and healing becomes possible. The Shadow Self exists because, rather than heal the feelings that have created it, for one reason or another, you chose to ignore and deny them. If you are to heal, it is necessary to reverse the process by paying attention to the Shadow Self and

accept it as part of yourself. When you begin to do this, only then is it possible to heal. Once the Shadow Self begins to be accepted and the healing process begins, you will find it much easier to accept the outer person as well, making it easier to find solutions and resolve issues. Or it may result in the person going away with little direct contact needed, or in you simply not being affected by them as you have in the past.

Reiki can be used to help this process. As an example, if there is someone in your life that is causing you grief, and you would like to use this experience to get to know your Shadow Self better and to heal, meditate on the feelings you have toward the person. Then ask yourself, “Is there a part within myself that is similar to this person?” As you do this, locate where in your body or energy field these feelings and/or the part resides. Direct Reiki energy there with your hands. Use the mental/emotional symbol along with the power symbol or the master or other Reiki symbols you feel would be helpful if you have them. As you do this, speak to the Reiki energy with your mind and ask it to show you the part of yourself that has attracted this experience into your life. This can bring up hidden aspects of yourself that you have been unaware of, but need attention. When you begin to feel the part, let it know that you are sorry for ignoring it for such a long time. Tell it you would like to get to know it better and to help it heal. This process may feel uncomfortable at first, but continue sending Reiki and it will help you work with your emerging Shadow Self.

Allow yourself to have compassion toward the part(s) that come into your awareness. Continue to send Reiki and also, if you are open to it, say a prayer and ask for help from the Higher Power using whatever name feels comfortable to you. Continue sending Reiki, feeling compassion and looking into this part of yourself with the intent of understanding it and helping it to let go and heal. As you do this continue to thank the Reiki energy and/or the Higher Power for its help. You may also include an affirmation such as, “I release all negative feelings into the Reiki energy to heal now” or similar words or other affirmations you feel are right. Continue to do this until the session feels complete for now and end the session with the intension that the healing will continue as long as is needed. Repeated sessions may be necessary until you have let go of all the negative feelings and you feel at peace.

As you use this technique or variations of it, hidden parts of your personality that had been intent on creating problems for you will become allies that you can consciously direct to achieve goals and create a healthier more satisfying life. This is because the Shadow Self has what can be called a Radiant Self counterpart that

continued on page 8

Reiki Articles & Insights

ICRT Ethical Standards

1. Agree with and work to fully express the Usui Ideals, the Center Philosophy and the Center Purpose.
2. Respect and value all Reiki practitioners and masters regardless of lineage or organizational affiliation. To refrain from making negative statements about other Reiki practitioners or masters.
3. Actively work to create harmony and friendly cooperation between all Reiki practitioners and masters regardless of lineage or organizational affiliation.
4. Encourage all students to use their own inner guidance in deciding who to receive Reiki treatments from or who to study Reiki with, including the possibility of studying with more than one teacher.
5. Openly encourage all your clients and students to do the best job possible with the Reiki program they are guided to use.
6. Always work to empower your clients and students to heal themselves. Encourage and assist them in their personal growth as well as in the development of their Reiki practice.
7. Always treat your students and clients with the greatest respect. Never engage in any illegal or immoral activity with your clients or students. Never touch their genital area or breasts, never ask them to disrobe, or never make sexual comments or references.
8. Abstain from the use of drugs or alcohol during all professional activities.
9. Practice Truth in Advertising: be willing to openly discuss the subjects covered in your Reiki classes, the fee that is charged, and the amount of time spent in class with any prospective students. Ads should state what the student will be able to do upon completion of the class.
10. Never use another person's copyrighted material in your classes without permission and giving credit.
11. Be open to the continuing process of enhancing your professional qualifications, training, experience and skills.
13. Actively work on your own healing, to embody and fully express the essence of Reiki in everything you do.
14. Educate the client regarding the value of Reiki and explain that it does not guarantee a cure, and is not a substitute for medical or psychological treatment
15. Acknowledge that Reiki works in conjunction with other forms of medical or psychological care. If a client has a medical or psychological condition, suggest that, in addition to giving them Reiki treatments, they see a health care practitioner, if they are not already seeing one.
16. Never diagnose medical or psychological conditions or prescribe medications. Never suggest that a client change or end dosages of substances prescribed by other licensed health care providers or suggest the client change prescribed treatment or interfere with the treatment of a licensed health care provider.

Prerequisites for Reiki Training

The following represent the prerequisites for training with an ICRT Licensed Reiki Master/Teacher. Our Licensed Teachers participate in an advanced training program after their Reiki Master training. Their training includes a minimum of 105 hours of in class training and 100 hours of documented Reiki treatments, a written test, and supervised teaching practice.

Each ICRT Licensed Teacher is bound by our Code of Ethics and agrees to teach the standardized curriculum in all their classes. ICRT Licensed Teachers are required to maintain an active Reiki practice.

USUI REIKI TRAINING

- Reiki I (prereq. none)
- Reiki II (prereq. Reiki I)
- Reiki I & II (prereq. none)

USUI/TIBETAN REIKI TRAINING

- Advanced Reiki Training (prereq. Reiki I & II)
- Reiki Master Training (prereq. Advanced Reiki Training)
- Advanced Reiki with Master Training (prereq. Reiki I & II)

KARUNA REIKI® TRAINING

- Karuna Reiki® Practitioner I & II (prereq. Center's Advanced Reiki Training or Reiki 3A equivalent from other schools)
- Karuna Reiki® Master (prereq. experience as an Usui Reiki Master)

Reiki Calligraphy

This beautiful Reiki kanji makes a great gift! It is created in the Tensyo style, which is the same as that used by Dr. Usui. This original work of art is a wonderful, sacred addition to any healing or meditation room.

Japanese calligraphy is a an art that takes years of practice. We are pleased to make available original Japanese calligraphy artwork of the Reiki kanji created by a Japanese calligraphy master.

Syunyu Chikai is a Shingon monk, who chose calligraphy as his devotional practice and spent nine years in the temple perfecting his skill. He is also a Reiki master and meditates one hour before beginning his artwork.

His original calligraphy often sells for \$1,000.00 or more, but because of his love of Reiki, he is willing to make these original works of art available at a much lower price.



This Tensyo style Reiki kanji is hand painted on rice paper, and the 9 1/2" by 12" size is perfect for framing and displaying on the wall or placing on an altar.

This is not a print or a reproduction, but an original work of art. Each one is individually painted and includes the artist's Japanese hanko stamp.

HTRC HALF PRICE SALE! Was \$150 NOW \$75 (Price reduced for a LIMITED TIME only)

Note that in purchasing this work of art, you are purchasing the right to display it only and not to reproduce it.

If you wish to make copies or use it in your advertising, please contact the Center to get permission.

© Copyright, 2000 Syunyu Chikai and Vision Publications

**Click Here To
Go To Our Webstore**

SAVE MONEY! Save 5% on all products ordered from our website www.reiki.org

"Helping you accomplish your divine purpose on Earth"

Reiki Articles & Insights

continued from page 4

becomes available when the Shadow Self begins to heal. The Radiant Self has the same abilities as the Shadow Self, but uses them to create benefits for you and to attract positive situations and experiences.

I invite you to think about these ideas and to apply them using your Reiki energy. I am sure you will find it to be an exciting, empowering experience that will bring benefit to your life as well as the lives of those around you.

William Lee Rand is the founder and president of The International Center for Reiki Training, author of *Reiki, The Healing Touch, Reiki for a New Millennium*, and with Arjava Petter and Walter Lübeck, *The Spirit of Reiki*, editor in chief of *The Reiki News*, and developer of Karuna Reiki®. He has taught Reiki classes internationally for the past 12 years



Healing the Shadow Self

by William Lee Rand

Side 1: Healing the Shadow Self - The reason we have unwanted experiences in our lives is because we have unhealed parts of ourselves we are not aware of. Even though we are not aware of them, they are still powerful and can attract unhealthy experiences, conditions and people. These unconscious parts are created when we refuse to accept our feelings and tendencies that have been classified as unacceptable. We push them down into the subconscious mind where they become what is called the Shadow Self. Because we are unaware of the Shadow Self, we think it is gone, yet it is still present. The Shadow Self can create problems we blame on others when, in fact, we are creating them ourselves. This tape guides you into a deep state of relaxation and helps you get to know your Shadow Self and heal it, thus bringing healthy change to your outer life. The cause of specific problems is accessed and healed.

Side 2: NLP Exercises - The state of mind you are in has a direct affect on your ability to deal with life and to solve problems. We all have the ability to enter a resourceful, positive, successful state of mind at will. The Resume for Life exercise helps you develop this ability.

The universe is always in a state of balance. A problem can't exist unless the solution exists at the same time. The cause of our problems and their solutions exist within us. We have all the resources within us to solve our problems and live a happy, successful life. All we need to do is bring the solution into contact with the problem and it will be solved. The Zoom exercise is a powerful process that assists this.

CT107
\$13.00

Our Center Licensed Teachers

Our Center Licensed Teachers have taken an advanced curriculum of study that takes at least one year to complete after they are a Reiki Master.

This includes taking all our classes, reviewing all our classes, taking a written examination, writing a paper and doing a minimum of 100 complete Reiki treatments, then co-teaching each class before teaching on their own. Licensed teachers are licensed to use our logo (as depicted on the back of this issue).

To maintain their license, each teacher must review classes at least once a year and turn in class reviews from each student in classes they teach. They agree to support the Center Philosophy and Purpose and the Reiki Ideals and to be working on their own personal healing. They also agree to abide by a code of ethics and minimum teaching standards.

These high standards allow our Licensed Teachers to provide quality Reiki training that is consistent and verifiable. Our Teachers have also helped us become qualified to offer CEs for nursing, and CEUs for massage therapy and athletic trainers to students who take our classes. In addition, our high standards provide the basis for our plans to interface with the medical community including working in hospitals and doctors offices.

Due to the level of interest in our program We can no longer accept questions about the Teacher Licensing program by telephone. If you are interested in participating in our Center Licensing program, please **download a free copy of the program guidelines from www.reiki.org**

Teach Only Love

Reiki Heals After Suicide

by Tari Sarin

This is a story of Reiki's ability to heal beyond the earth plane. I recently heard that a woman I casually knew, Sally, committed suicide. Sally was the wife of my son's football coach. I occasionally saw Sally and Coach Lou at a mutual friend's social events.

When I heard of the suicide I was upset and greatly disturbed by the fact that the woman's teenage daughter had discovered the body and was deeply affected.

I immediately sent her daughter Reiki intending that it be sent to her higher self at the moment she discovered the body, thus easing the trauma and of the shock of her mother's passing.

I realized that her son and husband also needed Reiki to help them deal with the tragedy and I also began to send Reiki to them as well. Finally, I realized that the person who most needed Reiki was Sally herself. I continued to send Reiki daily to the whole family surrounding them with healing light and angels.

About two weeks later I attended a Psychic Medium's forum where a popular medium gives "readings", or messages, between anyone who has crossed over to spirit and to a member of the audience. I went with a friend out of curiosity not really looking for any particular connection to be made with my deceased loved ones. To my amazement Sally came through to me. The Medium told me, via Sally, of the exact circumstances of her death (setting, time, names of her children, etc) as well as personal information which were all later confirmed by her husband.

Sally even explained why she took her own life. As could be imagined Sally had many important messages for her family. This information was the beginning of healing that the husband, daughter, son and family needed in order to have understanding and closure of this tragic occurrence.

This experience yielded many powerful and profound messages for the family and for myself.

I was touched by Sally's message to me at the end of the reading. She thanked me and showed the Medium a psychic bouquet of flowers that she presented to me for "what I had done for her". I had sent Reiki with the intention that Divine Light would help this family with their grief.

The fact that Sally acknowledged Reiki made me realize the amazing transformative power that Reiki has in the darkest of circumstances.

I pass on the message to all Reiki practitioners to send Reiki to the higher self of those who have crossed-over to the other side.

Southwest Reiki Conference

CO-CREATING AND MANIFESTING YOUR LIFE WITH REIKI!

April 19-21, 2002

Facilitated by: Melinda DeBoer and Jessica Miller
(Special Guest Speaker to be Announced)
Sunrise Ranch
Loveland, Colorado

Here is a preview of some of the conference topics:

Dr. Usui's Japan, Reiki in Japan, Connecting With
Core Power for Greater Manifestation, Stretch &
Laugh Yoga, Developing, Guided Meditations,
GROUP Healing Sessions and more!

Register EARLY and SAVE \$\$\$! The fee for those who pre-register is \$425 which covers the conference, lodging and food. A \$200 non-refundable deposit is required to reserve your space, with balance due February 1. The fee for registrations received after February 1 is \$475. Special Commuter Rate \$225 email Registration @reikifire.com or call 520-526-8385.

Pre-conference class:

Reiki I/II April 16-17 (Melinda DeBoer)

Post-conference classes:

ART/Master April 22-24 (Melinda DeBoer)
Karuna Reiki® Practitioner and Master April 22-24 (Jess Miller)

continued from right column on this page

Sally's death was horrific and tragic. There is yet another healing dimension of Reiki that transforms and heals in profound ways in the realm of Spirit. For me this experience was confirmation that we continue on, that our loved ones in spirit are connected to us on this earth plane, that Reiki reaches out into other dimensions and worlds and continues to spread its joy, peace, harmony and love to all there is.

*Tari Sarin, M.S.Ed, Reiki Master/Teacher, Karuna Reiki
Master/Teacher and Infinite Light worker.*

**The names of the people in this
article were changed in order to preserve their rights to privacy*

continued in the left column of this page

Reiki, The Healing Touch

by William Lee Rand

ABOUT THE BOOK

This book was recently updated to include the latest discoveries about the history of Reiki as well as the Japanese Reiki Techniques and the Hayashi Healing Guide. The this new information is based on verifiable facts and includes techniques from the Reiki manuals of Dr. Usui and Dr. Hayashi as well as information from the Usui memorial stone in Tokyo and Mt. Kurama where Reiki was rediscovered. The myths about Reiki are dispelled and a clear understanding about the practice of Reiki is established. This book is a must for anyone wanting the latest information on Reiki. It is fully illustrated with more than 50 drawings and 18 photos. It also contains a comprehensive, easily understood explanation of Reiki, how it works and how to practice it. Written with inspiration, clarity and vitality, it captures the essence of Reiki and provides a remarkable depth of understanding. The chapters on *Developing your Reiki Practice*, *Becoming a Reiki Master* and *Reiki in Hospitals* inspire and instruct one on how to integrate Reiki into the everyday world. It is an excellent introduction to the subject as well as a user-friendly manual for the experienced practitioner. Extensively revised and expanded, this book is over 60% larger than previous versions. It is available in two sizes; a workshop manual for use in Reiki classes and a bookshelf version. Both versions have exactly the same information.



NEW sections !!!

Japanese Reiki Techniques

Hayashi Healing Guide

ABOUT THE AUTHOR

William Lee Rand is founder of The International Center for Reiki Training in Southfield, Michigan. He has written over forty articles on Reiki and recorded seven audio tapes. He is publisher of the *Reiki News* and a 300-page Reiki web site. He has practiced Reiki since 1981, and taught full time since 1989. He has received training from seven Reiki masters and teaches classes worldwide.



[Click Here To
Go To Our Webstore](#)

REVISED EDITION

This revised and expanded edition features sections on:

- Reiki Past and Present
- How Does Reiki Heal
- How To Use Reiki
- The Reiki Symbols and How to Use Them
- Becoming a Reiki Master
- Developing Your Reiki Practice
- Reiki in Hospitals
- Discovering the Roots of Reiki
- Reiki Training and Licensing
- Photo's of the Usui Memorial and Mt. Kurama
- Japanese Reiki Techniques
- Hayashi Healing Guide
- Extensive footnotes and an index

NEW SECTIONS!

JAPANESE REIKI TECHNIQUES

Included are the nine Reiki techniques Dr. Usui taught to his students, but have only recently become available in the West. Illustrated instruction.

HAYASHI HEALING GUIDE

This is a hand position guide for over 100 illnesses and conditions that was developed in Japan by Dr. Hayashi.

CLASS WORKBOOK STYLE

The Class Workbook is based on William's original teaching manual and is a great compliment to any Reiki I/II class. It is also revised and expanded and contains exactly the same information as the 6 x 9" book. Students and teachers will really enjoy this easy to use 8½" x 11" spiral bound manual that lays flat, when open.

CP451TM

\$18.95

**Used by over 4000 Reiki Masters
as their class workbook!**

TEACHER DISCOUNT

Reiki Teachers — order five or more copies of either version and receive a 30% discount on each manual — that is only \$13.27 each.

AVAILABLE IN BOOKSHELF STYLE

This book is also available in the bookshelf 6" x 9" reading format and has 254 pages. This version is a perfect addition to your library as well as a compact reference book for practicing Reiki. Both versions contain exactly the same information.

CP451

\$18.95

Reiki for Professionals

SPECIAL CLASSES & RETREATS IN 2001

REIKI HAWAII RETREAT

With Helen Sonobe

Oct. 19-22 **Usui Reiki I & II Intensive Training Retreat**

Space Limited. Call toll free 866-228-7299, local 808-485-0026 or visit www.reikiclasses.bigstep.com

For details on the classes listed below call Michael or Laurelle at 1-800-359-3424, 1-719-836-9385, or visit their website at www.ReikiClasses.com

AUTUMN ON REIKI MOUNTAIN IN COLORADO

Oct. 19-22 With Laurelle Shanti Gaia & Michael Arthur Baird

ART/Reiki Master Training Retreat-4 Days

Autumn in the Colorado Mountains is magnificent. Join us for a Reiki Master Training Retreat. \$975, lunches included. \$375 deposit

KARUNA REIKI RETREAT DELRAY BEACH, FLORIDA

Nov. 16-19 With Laurelle Shanti Gaia & Michael Arthur Baird

Karuna Reiki® Master Training (4 days)

in a beautiful, serene wooded setting. Includes training, lodging, lunches, additional practice and Reiki Drumming.

All inclusive fee \$1200/single room, \$1100 shared room, \$1000 commuter. Less than 1 hour from West Palm Beach or Ft. Lauderdale airports. Deposit \$300.

Ask about EARLY registration discount!

CEU'S AVAILABLE FOR MASSAGE THERAPISTS, BODY WORKERS AND CE'S FOR NURSES

We hold CEU provider status for massage therapists and bodyworkers through The National Certification Board of Therapeutic Massage and Bodywork (NCBTMB). All members of NCBTMB can receive CEU's by taking our classes as indicated below.

CEs are available for nurses through the AHNA, American Holistic Nurse Association.

CEs and CEUs are available for Reiki levels I, II, ART and Usui Master.

PLEASE NOTE: Class deposits are non-refundable but may be transferred to future classes. Retreat deposits are used to secure your space at the retreat location and are non-refundable, but a portion may be transferred to future events.

SPECIAL CLASSES & RETREATS IN 2002

For details on the classes listed below call Michael or Laurelle at 1-800-359-3424, 1-719-836-9385, or visit their website at www.ReikiClasses.com

REIKI IN SEDONA, ARIZONA

Reiki Master & Reiki Drumming Retreat - Sedona

With Laurelle Shanti Gaia & Michael Arthur Baird

Jan 26-29 **Usui Reiki® Master & Reiki Drumming Retreat**

Imagine Reiki Master attunements as you overlook the magnificent red rocks of the Sedona area. Escape dreary winter days and enJOY sunny Arizona. Class fee including Reiki drumming instruction is \$1100 (\$300 deposit reserves your space). Save \$100 when you register by Nov. 15.

REIKI IN THE ISLANDS - TRINIDAD, WEST INDIES

With Laurelle Shanti Gaia

Mar 7-17 **Usui Reiki® I & II, Master & Karuna Reiki**

REIKI AT THE BEACH - Pawleys Island, South Carolina Reiki Master & Reiki Drumming Retreat

With Laurelle Shanti Gaia & Michael Arthur Baird

May 4-10 **Usui Reiki® Master Training (7 days)**

Receive your Reiki Master attunements overlooking a magnificent private beach and experience the power of the Atlantic Ocean. Program includes ART/Reiki Master training, Reiki drumming, a frame drum, lodging and food. \$500 deposit reserves space and is applied to total retreat fee. Retreat fee \$1,575 when registered by Nov. 30, \$1,700 when registered by Feb. 15.

REIKI MOUNTAIN, COLORADO-SUMMER RETREATS

With Laurelle Shanti Gaia & Michael Arthur Baird

Jun 22-29 **Karuna Reiki® Master Retreat -SOLSTICE**

Jul 13-20 **ART/Reiki Master Training Retreat**

Summer in the peaceful mountains of Colorado is magnificent. Crisp clean air, cool summer breezes. Join us for Reiki training, drumming & healing.

Teach Only Love

Reiki Training, Retreats & Fun Continuing Education Information

CE'S AVAILABLE FOR NURSES!

Due to the quality and consistency of our training and our high teaching standards, our Reiki I & II and ART / Master classes are approved by the American Holistic Nurses Association (AHNA) for Continuing Education or Contact Hours (CE's) for nurses (formerly called CEUs). This means that all nurses in every state are eligible to receive CE's for attending these classes taught by any of our Center Licensed Teachers. Credit hours are awarded as indicated below.

CEU'S AVAILABLE FOR MASSAGE THERAPISTS, BODY WORKERS AND ATHLETIC TRAINERS TOO!

We also hold CEU provider status for massage therapists and bodyworkers through The National Certification Board of Therapeutic Massage and Bodywork (NCBTMB). Our provider number is 051711-00 Category A. All members of NCBTMB can receive CEU's by taking our classes as indicated below.

BOTH ORGANIZATIONS AWARD CE'S/CEU'S AS FOLLOWS:

Reiki I	7 credit hours
Reiki II	7 credit hours
Reiki I/II	14 credit hours
Advanced Reiki Training	7 credit hours
Reiki III/Master	14 credit hours
ART/III/Master	21 credit hours

Note that we do not have CE's/CEUs for Karuna Reiki® training yet, but we should be able to offer this soon. Check with your state licensing boards to insure that AHNA and NCBTMB credits are accepted.

HOW TO GET CREDIT

To receive CE credit, please inform your Center Licensed Teacher when registering for class, and the necessary forms and paperwork will be prepared for you.



Reiki in Hospitals Support Group

by William Lee Rand

After my article "Reiki In Hospitals" came out several years ago, there has been increasing interest in this subject and today Reiki is being practiced in an ever increasing number of hospitals all over the country. In talking to those currently doing Reiki in hospitals, it is apparent that it is much easier now to offer Reiki treatments in hospitals than ever before. Although I don't have an accurate count, my initial survey indicates that it is likely that Reiki is now being practiced in hundreds of hospitals across the country! This is wonderful news for hospital patients who are in great need of healing. As Reiki becomes more available in hospitals, it increases interest in those who may have never heard of Reiki before and also improves Reiki's image!

Because of this, I have been inspired to start a Reiki in hospitals support group. This group is for anyone who is currently doing Reiki in a hospital or clinical setting or who would like to start. The purpose is to create the opportunity for people to network and exchange ideas and to encourage and support each other. Those already doing Reiki in hospitals can help each other do a better job and those wanting to start can ask for help and receive guidance from others who have been successful. I will also be interviewing many of those on the list and writing a new article titled, "Getting Reiki into Hospitals," which will discuss what has worked for others and include a list of resources. We will also be setting up a special web page that will include a list of everyone who is doing Reiki in hospitals and also plan to have a list of hospitals where Reiki is practiced including addresses, phone numbers and details about how Reiki is offered. This list could be used by anyone needing hospital care so they can choose one where Reiki is practiced.

I will also be interviewing hospital administrators and ask them to commit to being available to talk to other hospital administrators who may have questions. We will list Reiki research that is complete or is currently in progress and help people who want to start a Reiki research project. We will also be looking into liability insurance for practitioners to learn more about insurance reimbursements for Reiki treatments.

If you are currently doing Reiki in a hospital or clinic or are interested in starting and would like to be part of this support group, please go to our new web site at www.srpt.org to register. Thanks for your participation.

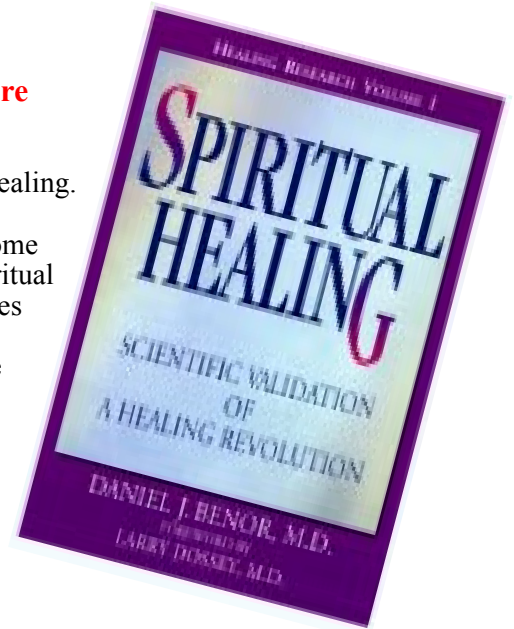
Spiritual Healing

Scientific Validation of a Healing Revolution

by Daniel J. Benor, M.D., Foreword by Larry Dossey, M.D.

This book breaks new ground in presenting research evidence for spiritual healing. Over 200 scientific studies in the area of spiritual healing are reviewed and summarized, and 124 demonstrate positive results! The double blind studies, some of which have been replicated indicate that the positive results provided by spiritual healing come from more than just the placebo effect. This book presents studies on a wide spectrum of spiritual healing techniques and raises many questions about how healing might work in therapeutic settings. This landmark reference book is a must for anyone interested in the field of complementary medicine! This book was previously titled "Spiritual Healing - Does It Work? Research Says Yes!" See the book review on page 11.

[Click Here To
Go To Our Webstore](#)



The scientific proof for non-ordinary forms of healing is one of the best-kept secrets of our time. Dr. Daniel Benor has taken the wraps off this immense data base. As physicians and laypersons learn of this evidence, healing may never again be the same. The ultimate value in this information extends beyond healing, however; to touch on the Great Questions: who we are, what our essential nature is, and how we may fit into the cosmos. A majestic contribution in the best traditions of science!
Larry Dossey, M.D.

An outstanding collection of information on healing written by a physician and scientist. Self healing, spirituality, psyche and other modalities are explored. This excellent collection is sure to open minds and help us see all healing is scientific.
Bernie Siegel, M.D.

Dr. Benor's manuscript goes well beyond anything that I have seen in documenting the abundance of work in the psychic-healing field. I am personally delighted to have had an opportunity to review the manuscript prior to its publication. Work such as this needs wide dissemination.
C. Norman Shealy, M.D. Ph.D.

Therapeutic Touch and other healing methods -Science Validates Spiritual Healing is a comprehensive overview of scientific investigations on spiritual healing. In this volume, Dr. Benor has assembled data from all over the world. His explanatory theories provide a solid base for badly needed research on these controversial phenomena. The material is clearly presented, masterfully organized and discussed in a manner that is fascinating without being sensationalized.
Stanley Krippner, Ph.D.

I find the book to be an excellent resource on research in healing. Some of the studies quoted in his book I can find nowhere else. I refer to his books often. The book is well written and contains much valuable information.
Richard Gerber, M.D., Author of Vibrational Medicine

ABOUT THE AUTHOR



Daniel J. Benor, M.D. is a practicing wholistic psychiatrist. His practice involves a wide range of conventional and complementary therapies including transactional analysis, gestalt therapy, hypnotherapy, Eye Movement Desensitization, Reprocessing, Tapas Accupressure Technique, meditation, imagery, relaxation and spiritual healing.

He is founder of the Doctor-Healer Network in England and editor of its newsletter. He also provides consultation to hospitals and clinics in developing the integration of conventional and complementary care. He has been published in more than 35 journals and magazines, has presented 27 professional papers, 91 lectures and has made multiple media appearances, all in the area of spiritual healing

Healing Research is truly a remarkable effort. This book makes available the literature not only on psi healing but also on other diagnostic and therapeutic modalities. By adopting an energy paradigm, Dr. Benor Brings a coherence to what would otherwise be a confusing picture.

Bernard Grad, Ph.D..

NOW AVAILABLE

Order your copy of **Spiritual Healing** today for **IMMEDIATE DELIVERY.**

Size 6" x 9" 620 pages

CP400

\$28.00

Reiki Books

New Reiki Book The Spirit of Reiki

by Walter Lübeck, Frank Arjava Petter, and William Lee Rand

The Spirit of Reiki was written by three world-renowned Reiki masters which makes this book a first. Never before have three Reiki masters from different lineages and with such extensive backgrounds come together to write a book and share their experience.

To quote the authors:

“We decided to write this book together to share our love and knowledge of Reiki with each other and with the Reiki community. It is our hope that with this book, the love that we have for each other and for Reiki will spread throughout the Reiki community around the world.”

This book contains a wealth of information on Reiki never before brought together in one place. The broad spectrum of topics range from the search for a scientific explanation of Reiki energy to Reiki as a spiritual path. It includes the latest understanding of Dr. Usui’s original healing methods, how Reiki is currently practiced in Japan, an analysis of the Western evolution of Reiki, and a discussion about the direction Reiki is likely to take in the future. The fact that harmony is developing between Reiki groups is discussed and the author’s own collaboration in writing this book is offered as an example. Each shares his own personal experiences about what led them to the Reiki path and how they were guided to a deeper understanding of its principles.

All of Reiki’s meaningful aspects are clearly explained in this book. The latest knowledge and developments, as well as the original traditions are presented. Never before has a Reiki book of this depth and comprehensiveness been available. See the book review on page 11.

**Click Here To
Go To Our
Webstore**



THIS
REVOLUTIONARY BOOK INCLUDES:

- Understanding Japanese and Western Reiki
- The nature of Reiki energy including a scientific explanation.
- An in-depth analysis of the Reiki symbols
- A discussion of the teacher/student relationship
- Reiki as a spiritual path
- An additional 20 Usui treatment positions which have not been previously published
- The Hayashi Healing Guide
- The Future of Reiki

These features make this book an important document of contemporary Reiki history!

Pages: 304 Size: 5 3/8" x 8 7/16"

120 photographs and 40 illustrations

NOW AVAILABLE

CP406

\$19.95

SAVE MONEY! Save 5% on all products orders completed on our website www.reiki.org

14 To register for classes or order products call 800-332-8112 or 248-948-8112

Reiki Table-Wooden Legs



[Click Here To Go To Our Webstore](#)

Reiki Table with Wooden Legs

For those who prefer a Reiki table with wooden legs ... we have found a **GREAT** one! This table is comfortable, adjustable, sturdy, affordable and light-weight. Precision craftsmanship is evident, this table has the appearance of fine furniture.

The wooden construction helps to retain Reiki energy. The thick foam padding provides comfort for your clients.

This is a great table for Reiki and for massage!

Adjustable height 23"-33"h. Op. ht. range 20" - 30"
Width 28" or 30"- let us know which width you want.
Weight: 30 lbs. Dimensions 28"/30" x 73"

Lifetime factory warranty. Cradle lock cable system.
Colors: agate blue, buff, black, burgundy, dutch blue, hazy grey, jade, lilac, magenta, teal, raspberry, roman tan, purple, bright teal, bright yellow, hunter green, sedona red, white

RT200W Reiki Table \$357.00

RT200WP DELUXE PACKAGE includes:

table, face cradle, carrying case **\$462.00**

rt200wa optional reiki arched leg **\$27.00**

Carrying case colors:

wine, teal, navy, black, purple

Allow 1-3 weeks for delivery.

Be sure to indicate color when ordering.

Price includes shipping within the continental U.S.



Short sleeve purple T-Shirts with white letters
Kanji - CL801 or Logo - CL802

Reiki T-Shirts

Our Reiki T-Shirts are available in sizes small, medium, large, extra large and XX-large. Add \$2.00 for XX-large sizes. See order form for exact prices and product numbers.

CL801, CL802

Our shirts are available in both the Kanji style and the Logo style. The Kanji symbol means "Reiki" in Japanese. The Logo is the Center logo and represents "Reiki uniting God and Humanity through the Communication of Love." Both the Kanji and Logo are printed with white ink. T-Shirts are available in purple with short sleeves.



The Logo



Kanji

Note: We have discontinued our sweat shirts, and long sleeved shirts, however, there are a few in stock - so please call us if you are interested.

SAVE MONEY! Save 5% on all products ordered from our website www.reiki.org

Vision Publications: Product Order Form Autumn 2001

Order Date _____ Phone _____

Name _____

Address _____

City _____ State _____ Zip _____

Country _____

PAYMENT: (please circle one)

Check Credit Card
Money Order

FOR CREDIT CARD ORDERS: (please circle one)

Visa MC AE Disc Diners Club CBlanche
Card # _____

Exp. Date _____ Total \$ _____

Signature (required for credit card orders):

Email address: _____

SAVE MONEY! Save 5% on all orders completed on our website www.reiki.org

REIKI AND MEDITATION TAPES

Product Description	Pg #	Item #	Price	Qty	Total
Spiritual Protection and Healing	22	CT104	17.95		
Spiritual Protection and Healing	22	CT104CD	17.95		
Meet Your Reiki Guides	15	CT102	13.00		
Heal the Cause	22	CT103	11.00		
Chanting Reiki Masters	15	CT105	15.00		
Reiki Meditation 1 & 2	13	CT106	13.00		
Healing Your Shadow Self, Zoom Meditation, Resume for Life	15	CT107	13.00		
The Reiki Class Tapes (3 tape set)	18	CT230	21.95		
The True History of Reiki	18	CT231	11.00		
Reiki NYC Symposium Tapes	18	CT100	21.95		
Mrs. Takata Talks About Reiki	18	CT101	11.00		
Reiki Healing Yourself (2 tape set)		OT220	24.50		
Japanese Reiki Techniques Video		JRTV	60.00		
Sacred Reiki Sites of Japan Video		SRSV	30.00		

REIKI CLOTHING

Product Description	Pg #	Item #	Price	Qty	Total
T-Shirt Kanji (Size: S M L XL)	9	CL801	17.00		
T-Shirt Kanji (Size: XXL)	9	801XX	19.00		
T-Shirt Logo (Size: S M L XL)	9	CL802	17.00		
T-Shirt Logo (Size: XXL)	9	802XX	19.00		

PRODUCT KITS

Product Description	Item #	Price	Qty.	Total
Tapes (CT102, 103, 104, 105, 106, 107)	KCT1	70.00		
Instructional (CT230, CP451, HT702)	KIS2	45.95		
Pics (HT701, 703, CP511, CPNP, CPSP)	KPS3	7.50		
Posters (CP500, HT702, CP510, OP7004)	KPR4	55.00		
Japanese Reiki Video KIT-JRTV+SRSV	KVI5	\$80.00		SAVE \$10

REIKI NEWS SUBSCRIPTION

Product Description	Item #	Price	Qty	Total
Reiki News Subscription 1 year	CP610	10.00		
Canada \$13US: Foreign \$17 US (SHIPPING INCLUDED)				

PUBLICATIONS ON REIKI TRAINING

Product Description	Pg #	Item #	Price	Qty	Total
Reiki the Healing Touch I/II	20	CP451	18.95		
Reiki the Healing Touch I/II spiral	20	451TM	18.95		
Usui/Tibetan Master Manual*	5	CP411	13.00		
ART Manual**	5	CP410	11.00		
Karuna Master Manual*	5	RKRM	20.00		
Karuna Practitioner I*	5	RKRM1	14.00		
Karuna Practitioner II*	5	RKRM2	14.00		
Karuna Practitioner I&II*	5	RKRM1&2	18.00		
Spiritual Dev. in the New Age		CP402	11.00		
Reiki for a New Millennium	19	CP405	11.95		ON SALE
Spirit of Reiki	22	CP406	19.95		NEW!
Spiritual Healing by Dr. Benor	21	CP400	28.00		NEW!
The Book on Karuna Reiki	25	OP600	22.95		NEW!
Reiki-Hawayo Takata's Story	31	OP603	13.00		
Reiki Fire	31	OP620	13.95		
Reiki, The Legacy of Dr. Usui	31	OP621	13.95		
Original Reiki Handb. of Dr. Usui	31	OP622	14.95		

*Master manuals for Reiki Masters only - please mail or fax a copy of your Master Certificate. ** ART manuals for those who have taken the class, fax or mail a copy of your certificate. ***Karuna manuals sold only to those registered. (30% discount on teaching manuals if you buy 5 or more.)

**Click Here To
Go To Our Webstore**

INTERESTED IN REIKI TRAINING?

NEED HELP WITH TUITION?

Learn Reiki, help other people and earn tuition credits, or even FREE tuition! Help bring a Reiki class to your area.

FOR MORE INFORMATION ABOUT OUR CLASS SPONSORSHIP PROGRAM EMAIL CENTER@REIKI.ORG

Have you moved? Don't miss an issue of Reiki News. Send us your new address.

HEALING TOOLS & GIFT ITEMS

Product Description	Pg#	Item #	Price	Qty.	Total
Nag Champa Incense		HT315	2.50		
Smudge Stick - Medium	5	HT302	6.00		
Smudge Stick - Large	5	HT300	8.00		
White Mountain Sage 4 oz. bag	5	HT303	8.00		
Other:					
Other:					
Other:					

REIKI TABLES

Product Description	Item #	Price	Qty.	Total
Reiki Table - Color: _____	RT200	357.00		
Deluxe Reiki Table Color: _____ Height: _____	RT199	570.00		
Reiki Table Wooden, Color: _____	RT200W	357.00		
Reiki Table Wooden Deluxe, Color: _____	RT200WP	462.00		
Carrying Case Color: _____ Reiki End Plates	RT200WA	\$27.00		

All items shipped UPS or US priority mail for P.O. boxes. **Expedited shipping is extra.** International orders are sent UPS Worldwide Express Air with 4 day service to most countries. (additional surcharge may apply)

All orders are shipped within two business days, except for special orders and back orders.

Returns must be made within 30 days of purchase and must be accompanied by a Return Merchandise Authorization number. An RMA number is mandatory and is obtained by calling the Center and serves as permission for the return.

REIKI CLASS REGISTRATION FOR WILLIAM RAND'S CLASSES

Note: For classes with other Center Licensed teachers, contact the teacher directly. Their phone numbers and email addresses are listed in the class schedule and on www.reiki.org

Date/Location	Total	Deposit
Reiki I/II _____	350.00	100.00
Reiki ART _____	225.00	75.00
Reiki III/Master _____	650.00	200.00
Karuna Reiki® _____	875.00	275.00
Reiki Retreat Camp Ronora, MI	230.00-360.00	50.00

Please Note: Class prices may be higher outside the U.S. Deposits on classes and retreats are non refundable but transferable to future classes..

YOUR PURCHASES ARE HELPING OTHERS! We donate 10% of our pretax profit to help other nonprofit groups who are helping others. Please see page 3 for details.

HEALING ART PRINTS & POSTERS

Product Description	Pg#	Item #	Price	Qty	Total
Temple Great Beaming Light	12	CP500	25.00		SALE!
Reiki Hand Position Poster	12	HT702	13.00		
Reiki Beaming Postcard		HT703	.75		
Reiki Ideals Poster		CP510	7.00		
Takata's Clinic w/Light Beings		CP511	1.50		
South Pole WPCG postcard size	5	CPSP	.75		
Photo - World Peace Grid 3 x 5	5	CPNP	1.50		
Photo - World Peace Grid 8 x 10	5	CPNP8	11.00		
Photo's of Usui, Hayashi, Takata	12	HT701	6.00		
Large Dr. Usui photo 8" x 10"	12	HT705	11.00		
Larger Dr. Usui photo 11" x 14"	12	HT706	22.00		
Antahkarana Symbol (male)		OP700M	6.00		
Antahkarana Symbol (female)		OP700F	6.00		
Antahkarana Symbol (cross)		OP700C	6.00		
Antahkarana Symbol (multiple)		OP700S	6.00		
Set of all 4 Antahkarana Symbols		OP700-4	17.00		
Business card size (female)		HT704	.25		
Reiki Calligraphy	14	HTRC	75.00		SALE!!

TACHYON PRODUCTS

ORDER TACHYON PRODUCTS FROM OUR WEBSITE

www.tachyon-reiki.com

PAYMENT TOTALS

Total Page 1 _____ + Total Page 2 _____ = _____ (Subtotal)
ADD 6% tax for MI residents (products only) _____
ADD per item handling fee (\$0.80 in US \$1.00 Canada) + \$5.50 shipping # of items ____ x \$.80 (or \$1) = _____ + \$5.50 = _____
Overseas -Please call for shipping fees
TOTAL = subtotals page 1 + page 2+ tax, + shipping + handling TOTAL _____
Please make all payments in U.S. funds.

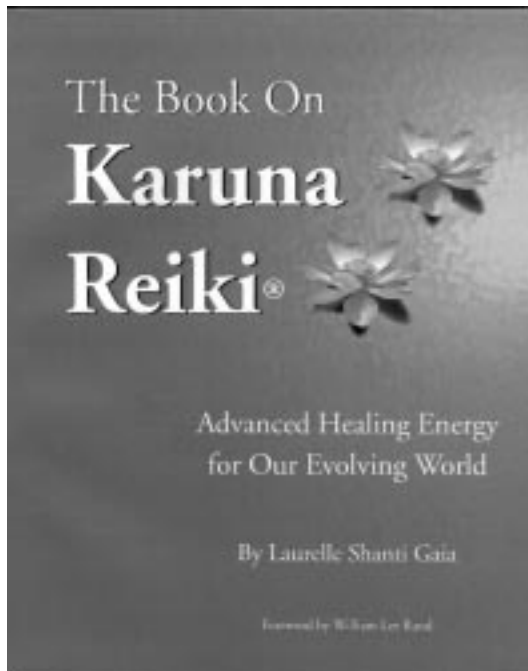
NOTE: International packages not shipped via UPS may be subject to an additional handling surcharge.

SAVE MONEY! Save 5% on all products ordered from our website www.reiki.org

The Book On Karuna Reiki® *Advanced Healing Energy for Our Evolving World*

By Laurelle Shanti Gaia

Foreword by William Lee Rand



Book Size 9 1/4 x 7 1/2 - Illustrated 160 pages

OP600 \$22.95 US

[Click Here To
Go To Our Webstore](#)

*There is a realm that blends Heaven and Earth,
where Truth and Wisdom reside.*

*In this realm we access our limitless
potential as Divine beings.*

*This sacred place offers a wealth of
spiritual knowledge, creative inspiration, blessings
and guiding energies
that assist our soul's progression.*

*Karuna Reiki® can help us experience this level of
consciousness as a very special place of blending,
co-creation and heightened spiritual awareness.*

Karuna Reiki® is a healing energy that assists us in awakening to Universal compassion and the wisdom of our soul. Compassion is a state of consciousness, which when combined with energy, has great transformational power.

Karuna Reiki® has evolved as a result of a partnering, or co-creatorship between humanity and the Divine through the worldwide practice of Usui Reiki. See the book review on page 11.

In this book you will learn about:

- The historical and spiritual origins of Karuna Reiki®
- Uses for the Karuna symbols
- Discerning spiritual guidance
- Using Karuna energy with crystals and gemstones
- Working with Archangel realms, spiritual masters, and Divine temples
- Visualization and prayer in healing; including sample prayers
- The evolving human subtle energy system
- Cellular and soul level healing
- Karuna techniques assist in healing or facilitating: Addictive Behavior, Allergies, Anxiety, Bleeding, Cellular Memory Release, Chakra Balancing, Chemotherapy, Delusion and Denial, Developing Healthy Habits, Ancestors and Future, Karmic Issues, Mental Focus and Grounding, Physical Injuries-Emergencies, Resistance to Healing, and Spiritual Growth
- How to give a Karuna session including, preparing sacred space, the healing altar, preparing the client
- Personal, physical preparations for spiritual work

About the Author:

Laurelle Shanti Gaia is dedicated to creating and sharing opportunities for spiritual growth and healing through her writing, seminars, retreats and work with clients. For over 25 years she has studied and taught spiritual disciplines such as Reiki, Karuna Reiki®, color energy, yoga, and angelic communication. She is Director of Teacher Licensing for the ICRT, and facilitates healing retreats in the mountains of Colorado and worldwide. Visit Laurelle's website www.ReikiClasses.com



Karuna Reiki® is a registered trademark of the International Center for Reiki Training

What is Reiki, Who can Learn it?

Reiki is a Japanese technique for stress reduction and relaxation that also promotes healing. It is administered by "laying on hands" and is based on the idea that an unseen "life force energy" flows through us and is what causes us to be alive. If one's "life force energy" is low, then we are more likely to get sick or feel stress, and if it is high, we are more capable of being happy and healthy.

The word Reiki is made of two Japanese words - Rei which means "God's Wisdom or the Higher Power" and Ki which is "life force energy". So Reiki is actually "spiritually guided life force energy."

A treatment feels like a wonderful glowing radiance that flows through and around you. Reiki treats the whole person including body, emotions, mind and spirit creating many beneficial effects that include relaxation and feelings of peace, security and well-being. Many have reported miraculous results.

Reiki does not depend on one's intellectual capacity or spiritual development and therefore is available to everyone.

Reiki is a simple, natural and safe method of spiritual healing and self-improvement that everyone can use. It has been effective in helping virtually every known illness and malady and always creates a beneficial effect. It also works in conjunction with all other medical or therapeutic techniques to relieve side effects and promote recovery.

An amazingly simple technique to learn, the ability to use Reiki is not taught in the usual sense, but is transferred to the student during a Reiki class. This ability is passed on during an "attunement" given by a Reiki master and allows the student to tap into an unlimited supply of "life force energy" to improve one's health and enhance the quality of life.

Its use is not dependent on one's intellectual capacity or spiritual development and therefore is available to everyone. It has been successfully taught to thousands of people of all ages and backgrounds.

Reiki classes are taught all over the country and in many parts of the world. If you are interested in learning Reiki, please check the class schedule near the end of this newsletter and contact the teacher directly.

Questions to ask a Reiki Master about Reiki Training

- How long have you been working with Reiki? What training have you had? How often do you teach? How do you personally use Reiki? What is your lineage?
- Will this training initiate me into, or progress me within the Usui lineage?
- What qualifications are required to take Reiki Training?
- What do you cover in your classes? How many hours of class time is included? How much time is instructional, and how much is hands on practice?
- What are the specific things I will be able to do after taking the training?
- What are your fees, and will I receive a certificate and a manual?
- Can I take notes and tape record the class?
- How many symbols will I learn?
- Is there a Reiki support group in my area or can you help me establish one?
- Will you openly support me in being a successful Reiki practitioner or master?
- Do you have a positive respectful attitude toward other Reiki practitioners and masters, regardless of lineage or affiliation?

Be aware of how you feel about their answers and if they are responding in a loving manner that is supportive and empowering. Listen to your heart and you will be guided to the right teacher.

*Teach Only
Love*

Reiki Training

Understanding the Levels of Reiki Training

REIKI I/II \$350

NEW!!

NOW including a review of the Hayashi Healing Guide AND Japanese Reiki Techniques; Gassho meditation, Byosen scanning, Kenyoku, Koki-ho, Jacki-Kiri-Joka-ho, Gyoshi-ho, and Enkaku chiryo

Reiki I/II are taught together during a weekend intensive. All attunements are given. All the information and techniques in the manual, Reiki the Healing Touch are covered including:

- Reiki hand positions
- Complete treatment for self and others
- Reiki II symbols and how to use them
- Using Reiki for specific conditions
- How to heal unwanted habits
- Distant healing, Scanning, and Beaming

The class is a combination of lecture, discussion and experience. Practice time is included for all the topics listed above, however, it is expected that you will practice once a week for several weeks after the class using your notes and class manual to complete your mastery. This additional practice is necessary to gain experience and the confidence you need to fully utilize the Reiki training.

A detailed class manual is included.

ADVANCED REIKI TRAINING (ART) \$225

This one-day intensive includes:

- The Usui Master attunement which strengthens your Reiki energy.
- The Usui Master symbol, which increases the effectiveness of the other symbols and can be used for healing.
- Reiki meditation to strengthen the mind & expand consciousness.
- Advanced techniques to achieve goals and resolve life lessons.
- Using Reiki to protect yourself and others
- The use of crystals & stones with Reiki, and how to make a Reiki grid to continuously send Reiki to yourself & others.
- Reiki psychic surgery to assist in removing negative psychic energy from yourself and others
- An exercise is taught for those planning to take the Reiki Master class.

A detailed 20 page class manual is included.

Note: You must take ART if you want to take Reiki III/Master. Classes are generally offered together as a three - day intensive.

REIKI MASTER \$650

This 2 day intensive includes:

- Complete Reiki III Usui/Tibetan Master attunement
- Instruction on giving all attunements, including Reiki Master.
- Complete Usui system and Usui/Tibetan system used by the Center
- The healing attunement, which heals and strengthens the effectiveness of Reiki treatments
- Two Tibetan symbols are taught, for a total of six symbols to assist in your Reiki healing work.
- Advanced Reiki Meditation that harmonizes the energy of the chakras.
- Values and spiritual orientation of a true Reiki Master.

Powerful healing experiences often take place during this class. Students practice giving attunements to each other, so each student receives many attunements. A 62 page class manual is included, which gives detailed steps for giving all attunements. While the content of this class will allow anyone to pass Reiki on to others and to teach, many take the class for their own use or to use with family and friends.

KARUNA REIKI® MASTER \$875

Karuna Reiki® is a three day intensive. It is an expression of the evolving nature of Reiki and was developed by The International Center for Reiki Training. After completing this class you will be a full Karuna Reiki® Master, able to teach all levels. This class includes:

- 4 level one symbols, 4 level two symbols, and 4 master symbols. Description of uses and discussion
- Two attunements
- Meditations for self-healing and removing blocks to our progress, utilizing the Karuna Reiki® symbols
- Instruction and practice in giving and receiving Karuna Reiki® treatments using all the symbols
- Instruction and practice in giving attunements for Karuna Reiki® Practitioner and Master levels
- Learn how to teach Karuna as a 4 level program, or a weekend intensive
- Chanting and toning with Karuna Reiki®.

A detailed 45 page class manual is included.

Note: You must have been a Reiki Master for at least 1 year to take Karuna Reiki® Master training.

See our 40 page Reiki News for details

ALL LEVEL KARUNA REIKI® MANUALS AND
USUI REIKI MASTER MANUALS NOW AVAILABLE
FOR PURCHASE TO REGISTERED MASTERS

Check page 5 and the Order Form for details

Directory of Reiki Master Teachers Licensed by the Center

Below is a listing of our Licensed Teachers. On the following pages you will find their class schedules. We have organized our classes by Reiki Level, then by State and then by date. When you find a class that you are interested in you will see the teacher's name listed also. You can then refer to this directory to obtain contact information for the teacher.

Please call the Reiki Master who is teaching the class directly to ask questions, obtain information or register for the class

A,B,C

Marcla Backos Email marclback@yahoo.com
1-440-352-6674 Facilitating classes in OH

Melford Bergland
Curacao, Netherland Antilles (Caribbean)
Phone (599-9)686333 Fax (599-9) 693275

Michelle Brennan Email ReikiExchange@aol.com
1-831-455-0293 (PST) Facilitating classes in CA, KY, OH, SC

D,E,F

Melinda DeBoer Email goddess@reikifire.com
1-520-522-0326 (PST) Facilitating classes in: AZ, CO, France, Italy, Australia

G,H,I

Laurelle Shanti Gaia Email Laurelle@ReikiClasses.com
1-800-359-3424, 719-836-9385 (Mtn Time)
Facilitating classes in AZ, CA, CO, FL, HI, IA, IL, KY, MI, MO, NC, SC, Europe, Carribean & Others Internationally

Ana & Carlos Gonzalez Email center@nyreiki.com
1-516-742-4791 (EST) Facilitating classes in NY & Central Amer.

Mary Grace Email maryyeshua@aol.com
1-612-374-2176 (CST) Facilitating classes in MN

Marita Greene Email ReikiNevada@aol.com
1-702-454-1188 or 1-888-452-2250 (CST)
Facilitating classes in AZ, CA, FL, NC, TX

J,K,L

Kathie Lipinski Email KBLip@aol.com
1-516-882-0169 (EST) Facilitating classes in NY, NJ, CT

Additional classes and locations are constantly added to our schedule, contact the teacher you would like to take a class from for up to date schedule information.

M,N,O

Laura McGlennon Email Reikihalos@aol.com
0131 558 7879 Facilitating classes in the United Kingdom i.e. England, Ireland, Scotland, Wales, Europe, USA

Jessica Miller Email jess@spirit-games.com
1-626-963-3533 (PST) Facilitating classes in CA, NY, MA

P,Q,R

Janeice Pennington Email janeice@gte.net
1-808-325-1700
Facilitating classes in HI, WA

William Lee Rand Email center@reiki.org
1-800-332-8112 1-248-948-8112
Facilitating Classes in MI and other parts of the U.S., UK, Europe, S. America, India, and other parts of the world

S,T,U

Helen Sonobe ReikiHawaii@hawaii.rr.com
808-485-0026 or 866-228-7299
Facilitating classes in HI

Beth Simmons Stapor Email reiki@infoave.net
1-931-979-4178 or 1-931-528-8955 (CST)
Facilitating classes in CO, FL, GA, NC, SC, TN, VA, United Kingdom, Europe, Carribean

V,W,X,Y,Z

Marv Witbeck Email MewToo@aol.com
1-540-562-4075
Facilitating classes in NC and VA

CLASS TUITION

Reiki I & II 2-day	\$350 with \$100 deposit
Advanced Reiki Training 1 day	\$225 with \$75 deposit
Reiki Master 2-day	\$650 with \$200 deposit
Advanced/Reiki Master 3 day	\$875 with \$275 deposit
Karuna Reiki Practitioner 2 day	\$500 with \$150 deposit
Karuna Reiki Practitioner/ Master 3 day	\$875 with \$275 deposit

NOTE: *Intensives, training retreats and international classes for all levels are offered from time to time. Because the locations and accommodations vary the prices for these events vary as well. Please contact the teacher of each retreat to confirm any special pricing.*

Deposits are non-refundable, but are transferrable to future classes

Reiki Training

Reiki Class Schedules

We have organized our classes by Reiki Level, then by state and then by date. When you find a class that you are interested in you will see the teacher's name listed also. You can then refer to this directory to obtain contact information for the teacher.

REIKI I & II CLASSES-2001-02

ARIZONA

Nov 7-8	Mary Grace	Sedona
Dec 1-2	Melinda DeBoer	Phoenix
Jan 26-28	Melinda DeBoer	Sedona

CALIFORNIA

Oct 13-14	Michelle Brennan	Sacramento
Nov 17-18	Michelle Brennan	Monterey
Nov 17-18	Jessica Miller	Pasadena
Dec 15-16	Jessica Miller	Pasadena
Jan 12-13	Jessica Miller	Pasadena
Jan 26-27,	Michelle Brennan	Monterey
Jan 26-27	Jessica Miller	Santa Monica
Feb 2-3	Jessica Miller	San Diego
Feb 9-10	Jessica Miller	Pasadena

COLORADO

Oct 27-28	Laurelle Gaia	Reiki Mountain
Apr 16-17	Melinda DeBoer	Loveland

FLORIDA

Oct 20-21	Beth Simmons Stapor	Pensacola
Jan 26-27	Beth Simmons Stapor	Tampa

HAWAII

Nov 10-11	Janeice Pennington	Kailua-Kona
Nov 17-18	Helen Sonobe	Honolulu
Dec 8-9	Helen Sonobe	Honolulu
Jan 19-20	Helen Sonobe	Honolulu
Feb 16-17	Helen Sonobe	Honolulu
Mar 16-17	Helen Sonobe	Hilo
Apr 20-21	Helen Sonobe	Honolulu
May 25-26	Helen Sonobe	Honolulu

MASSACHUSETTS

Nov 24-25	Jessica Miller	Cape Cod
-----------	----------------	----------

MICHIGAN

Nov 3-4	William Lee Rand	Southfield
Feb 16-17	William Lee Rand	Southfield
May 4-5	William Lee Rand	Southfield

MINNESOTA

Oct 27-28	Mary Grace	Minneapolis
Dec 15-16	Mary Grace	Minneapolis

NEVADA

Call for Dates	Marita Greene	Las Vegas
----------------	---------------	-----------

NEW JERSEY

Nov 10-11	Kathie Lipinski	Milburn
-----------	-----------------	---------

NEW YORK

Sept 29-30	Kathie Lipinski	Albany
Oct 20-21	Ana & Carlos Gonzalez	New York
Oct 27-28	Kathie Lipinski	Manhattan
Nov 3-4	Ana & Carlos Gonzalez	New York
Dec 1-2	Ana & Carlos Gonzalez	New York

OHIO

Oct 6-7	Marcia Backos	Cleveland
Feb 16-17	Marcia Backos	Cleveland

SOUTH CAROLINA

Dec 8-9	Michelle Brennan	Hilton Head
---------	------------------	-------------

TENNESSEE

Oct 27-28	Beth Simmons Stapor	Dale Hollow Lake Cookeville
-----------	---------------------	-----------------------------

TEXAS

Dec 27-28	Mary Grace	San Antonio
-----------	------------	-------------

VIRGINIA

Oct 20-21	Marv Witbeck	Roanoke
-----------	--------------	---------

INTERNATIONAL

Oct 5-7	Laura McGlennon	Edinburgh, Scotland
Oct 6-7	Jessica Miller	Kyoto, Japan
Nov 9-11	Laura McGlennon	Edinburgh, Scotland
Nov 10-11	Beth Simmons Stapor	London, England

See page 10 for listings of special classes and retreats

ADVANCED - MASTER CLASSES 2001-02

ARIZONA

Oct 6-8	Melinda DeBoer	Sedona
Nov 13-15	MaryGrace	Sedona
Dec 7-9	Melinda DeBoer	Phoenix
Jan 26-29	Laurelle Gaia	Sedona See ad on page 28
Feb 1-4	Melinda DeBoer	Sedona

CALIFORNIA

Sep 28-30	Michelle Brennan	Carmel
Dec 29-31	Jessica Miller	Pasadena
Jan 11-13	Michelle Brennan	Sacramento

COLORADO

Sep 28 - Oct 01	Melinda DeBoer	Loveland
Oct 19-22	Laurelle Gaia	Reiki Mountain See ad on pg 28
Apr 22-24	Melinda DeBoer	Loveland

FLORIDA

Feb 8-10	Beth Simmons Stapor	Tampa
----------	---------------------	-------

HAWAII

Oct 26-28	Janeice Pennington	Kailua-Kona
Dec 15-17	Janeice Pennington	Kailua-Kona

MASSACHUSETTS

Dec 1-3	Jessica Miller	Cape Cod
---------	----------------	----------

MICHIGAN

Nov 9-11	William Lee Rand	Southfield
Feb 22-24	William Lee Rand	Southfield
May 10-12	William Lee Rand	Southfield

MINNESOTA

Oct 12-14	MaryGrace	Minneapolis
-----------	-----------	-------------

NEW YORK

Oct 26-28	Ana & Carlos Gonzalez New York	
Nov 9-11	Ana & Carlos Gonzalez New York	
Dec 7-9	Ana & Carlos Gonzalez New York	
Nov 30-Dec 2	Kathie Lipinski	Manhattan
Apr 5-7	William Lee Rand	Queens

SOUTH CAROLINA

May 4-10, 2002	Laurelle Gaia	Pawleys Island See ad on pg 28
----------------	---------------	---------------------------------------

TENNESSEE

Nov 30-Dec 2	Beth Simmons Stapor	Dale Hollow Lake Cookeville
--------------	---------------------	-----------------------------

TEXAS

Dec 29-31	MaryGrace	San Antonio
-----------	-----------	-------------

INTERNATIONAL

Nov 9-11	Melinda DeBoer	Kuala Lumpur, Malaysia
Nov 16-18	Beth Simmons Stapor	London, England
Mar 5-19	Jessica Miller	Bali, Indonesia
Mar 9-11	Melinda DeBoer	Sydney, Australia
Jun 7-9	William Lee Rand	Glastonbury-Stonehenge UK

ADVANCED REIKI

NEW YORK

Dec 8	Kathie Lipinski	Glen Head L. Island, NY
-------	-----------------	-------------------------

A human being is part of the whole called by us "universe", a part limited in time and space. He experiences himself, has thoughts and feelings, as something separate from the rest . . . a kind of optical delusion of consciousness.

Our task must be to free ourselves by widening our circles of compassion to embrace all living creatures and the whole of nature in its beauty.

~ Albert Einstein ~

Class Review Fee Policy

Students who have taken all levels of their Reiki training from a Center Licensed Teacher may review classes with any Center Licensed Teacher for the following fees:

Reiki I - \$75
Reiki II - \$75
Reiki I & II - \$100
Advanced Reiki - \$100
Advanced/Reiki Master - \$300
Karuna Reiki Practitioner Level I - \$75 Level - II \$75
Karuna Reiki® Practitioner I & II - \$150
Karuna Reiki® Master - \$300

See page 10 for MORE special classes and retreats!!!

Reiki Training

KARUNA REIKI® MASTER -2001-02

ARIZONA

Oct 12-14	Melinda DeBoer	Sedona
Nov 16-18	Mary Grace	Sedona
Feb 8-11	Melinda DeBoer	Sedona
Sep 2002	Laurelle Gaia	Sedona Autumn Equinox 2002

CALIFORNIA

October	Michelle Brennan	Monterey
Feb 22-24	Michelle Brennan	Monterey
Jan 5-7 2002	Jessica Miller	Pasadena

COLORADO

Oct. 5-7	Laurelle Gaia	Reiki Mountain
Apr 22-24	Jessica Miller	Loveland

FLORIDA

Nov. 16-19	Laurelle Gaia	Delray Beach See ad on pg 28
Feb 1-3	Beth Simmons Stapor	Tampa

HAWAII

Nov 23-25	Janeice Pennington	Kailua-Kona
Jan 25-27,	Janeice Pennington	Kailua-Kona

KENTUCKY

Dec 7-9	Laurelle Gaia	Louisville
---------	---------------	------------

MICHIGAN

Nov 16-18	William Lee Rand	Southfield
Mar 1-3	William Lee Rand	Southfield
May 17-19	William Lee Rand	Southfield

MINNESOTA

Nov 30-Dec 2	Mary Grace	Minneapolis
--------------	------------	-------------

NEW YORK

Sep 28-30	William Lee Rand	Queens
Sept 28-30	Ana & Carlos Gonzalez	New York
Nov 16-18	Ana & Carlos Gonzalez	New York
Dec 8-10	Jessica Miller	Albany
Dec 14-16	Ana & Carlos Gonzalez	New York
Feb-02	Kathie Lipinski	New York City
Apr 5-7	William Lee Rand	Queens

RHODE ISLAND

Mar 15-17	William Lee Rand	Newport, RI
-----------	------------------	-------------

INTERNATIONAL

Nov 2-4	Melinda DeBoer	Sarawak, Malaysia
Mar 5-19	Jessica Miller	Bali, Indonesia
Mar 15-17	Melinda DeBoer	Sydney, Australia
Jun 14-16	William Lee Rand	Glastonbury/Stonehenge, UK

The Registered Karuna Reiki® Program

The Karuna Reiki® program allows all participants to be connected more directly to the Center as a Registered Karuna Reiki® Master or Practitioner. Once registered, your name will go into our data base. When you teach, your students' certificates will come with the manuals you purchase from the Center and your students will be able to register with the Center also. As a registered Karuna Reiki® Master or Practitioner you will be permitted to use the Center's trademarked Karuna Reiki® in association with your classes and practice.

This program is based on our minimum teaching standards and code of ethics. These standards improve the professional image of all who teach or practice Karuna Reiki® and create a more uniform level of quality for the training. Whenever you advertise Karuna Reiki® people will know they can expect a quality class or healing session.

If you took your Karuna Reiki® class prior to 1998, you may need to re-register with the Center under this new program. Please request the forms from the Center. The forms are also located on our web site at www.reiki.org. Re-registration costs \$12.00 and includes our current Karuna Reiki® manual, a new certificate and registration number. (Cost outside the US and Canada are: Europe \$20; elsewhere \$24)

If you studied Karuna Reiki® more recently, you should have received both the Center's manual and certificate at the time of class. You should complete the registration form at the back of the manual and mail or fax it to the Center. By signing this form you are agreeing to abide by the Center's Code of Ethics and to adhere to the minimum teaching standards. There is no additional fee for you to register. You will receive a seal for your certificate and your registration number in the mail.

With each manual you order you will receive a certificate for you to complete and give to your students. We now have manuals for Karuna Reiki® Practitioner One, Practitioner Two, Practitioner One and Two combined and Master. Registration is required if you intend to use the trademark Karuna Reiki® in association with your classes or practice.

Benefits of the program:

- * Direct Association with the Center as a Registered Karuna Reiki® Master or Practitioner.
- * Receive your student certificates and manuals directly from the Center.
- * Minimum standards and code of ethics creating a higher quality of training and Improving professional image.

Class Schedule

WILLIAM LEE RAND Email Center@reiki.org

1-800-332-8112 or 1-248-948-8112

Facilitating classes in: MI, and other parts of US, UK, Europe, South America, India and other parts of the world..

Reiki I & II	Nov 3-4	Southfield, MI
	Feb 16-17	Southfield, MI
	May 4-5	Southfield, MI
ART/Master	Nov 9-11	Southfield, MI
	Feb 22-24	Southfield, MI
	Apr 5-7	Queens, NY
	May 10-12	Southfield, MI
	Jun 7-9	Glastonbury-Stonehenge, UK
Karuna Reiki® Master	Nov 16-18	Southfield, MI
	Mar 1-3	Southfield, MI
	Mar 15-17	Newport, RI
	Apr 12-14	Queens, NY
	May 17-19	Southfield, MI
	June 14-16	Glastonbury-Stonehenge, UK

More Schedules Inside

QUESTIONS ABOUT CLASSES ? . . .

If you have questions about or are interested in taking a class, **PLEASE CONTACT THE TEACHER DIRECTLY** (See the directory on page 20) *Class schedules may not be complete. Additional classes and locations may have been added to our teacher's schedules. Many of our teachers accept sponsorships in other areas of the U.S. and internationally.*

Get the **BIG 40 page** version of Reiki News
SUBSCRIBE TODAY

USA \$10.00 Canada \$13.00 Foreign \$17.00

Visit our 350 page website

Tune in for Reiki information, class schedule updates, to share Reiki energy, and more! www.reiki.org

Visit our Reiki in Hospitals web site at www.srpt.org

SAVE MONEY!

Save 5% order products on our website www.reiki.org

1-800-332-8112 or 1-248-948-8112
fax 1-248-948-9534,
email center@reiki.org

Great NEW Reiki Books

Available for Immediate Delivery

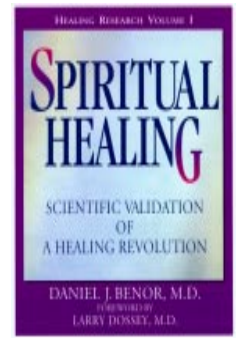
See page 23



The Spirit of Reiki

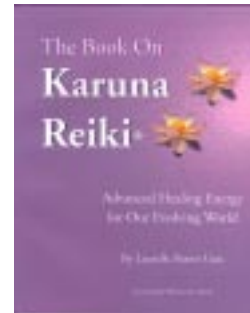
By Walter Lübeck, Frank Arjava Petter and William Lee Rand

See page 22



Spiritual Healing

Scientific Validation of a Healing Revolution
By Daniel J. Benor, M.D.



The Book On Karuna Reiki®

Advanced Healing Energy for Our Evolving World
by Laurrelle Shanti Gaia

See page 26



May all who read these words be healed.



The Center for Spiritual Development
International Center for Reiki Training
21421 Hilltop#28
Southfield, MI 48034
Change Service Requested

**To Go To Reiki Classes At
Our**

WebSite

Click Here